



# THE CUPOLA

The Bulletin of The Medical Alumni Association of Bassett Medical Center  
Cooperstown, New York

Spring 2023  
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## Bassett's Role and Responsibility as an Educational Institution

*By Dr. Tommy Ibrahim, President & CEO of Bassett Healthcare Network*



*Dr. Tommy Ibrahim*

Bassett Medical Center's central role as a teaching hospital reaches back to its early days. For over a century, it has been an academic institution dedicated to patient care, teaching and research. You could say it is in our genes.

All around the Bassett Healthcare Network, there is a spirit of constant improvement in everything we do. Imparting this to the practitioners and nurses of tomorrow, to always do better, is a responsibility we gladly take on.

We quote our founder, Dr. Mary Imogene Bassett, when we call this "a more excellent way".

Bassett is future-facing, and it is our responsibility to provide our students with an education that will prepare them for what the future will bring, and to excel in their careers. This is particularly important as we work towards ever better and more advanced healthcare for the communities we serve. Bassett students not only have access to tools and technologies unheard of even a few years ago, they have something of much greater importance: real world experience with our patients and our practitioners.

While much of this experience is in person, our expanding digital medicine capabilities expose students to rapidly developing modes of practice. Through our partnership with Columbia University's Vagelos College of Physicians and Surgeons (VP&S) and digital technology, Bassett patients now

have direct access to a broad array of cardiovascular specialists in Manhattan. This initiative places Bassett and Columbia at the forefront of rural healthcare and advances in digital medicine. Bassett is committed to the ongoing expansion of our digital health capabilities in cardiovascular care and beyond.

Our relationship with Columbia University's VP&S has flourished since 1947, giving students a clinical education that focuses intensely on the unique needs of rural populations. Columbia and Bassett expanded this experience by establishing the Columbia-Bassett Medical School Program, which welcomed its first class of VP&S students in 2012. This year we welcomed 10 new students comprising the class of 2025.

Nursing education is also a key component of our academic initiatives. Bassett offers a year-long nurse residency program for graduate nurses or registered nurses with minimal hospital-based nursing background. The nurse residency program offers nurses a supportive transitional path from novice to advanced beginner to competency through a variety of nursing education experiences.

Through our nationally renowned Research Institute, we are continually advancing our missions of patient care, teaching, and research, always developing to meet the evolving needs of the people and communities in the region we serve.

In keeping with the direction of healthcare today, Bassett maintains our strong commitment to population and community health improvement. Bassett Research Institute's Center

***Bassett's Role to page 3***

## Message from the President of the Medical Alumni Board of Directors

Let me begin by sharing some disappointing news from the board of the Bassett Medical Alumni Association. Due to a host of institutional changes that have placed conflicts on schedules, facilities, and resources, the alumni reunion planned for later this year will be postponed until the fall of 2024. I know this news disappoints those of you who intended to celebrate with classmates. I hope you will consider joining us next year as we gather to reflect on the training and time we experienced in Cooperstown.

In this issue of The Cupola, we have a lot of other news to share. Dr. Tommy Ibrahim opens the issue writing about Bassett's educational mission. We close with several obituaries, notably that of Dr. "Jack" Chamberlain, who died at the age of 92, and was the very first president of the Bassett Medical Alumni Association.



*Dr. James A. Murray*

Also in this issue, you will find that Bassett had another successful year of residency matches and learn where the current class of Columbia-Bassett medical students will go for their residency training.

If you watched the Super Bowl this year, you may have seen our alum (and my wife's intern classmate) Dr. Dave Prakash. At the opening ceremony, Dave was named an Honorary Captain of Super Bowl LVII. I was so busy calling my wife to see it that I missed some of coverage, but apparently Dave has excelled in the physician-test pilot-scientist-humanitarian-entrepreneur pathway. He and other alumni provide updates in the Family Album section of this issue.

In closing, I express my regret that I will not be seeing you and other alumni later this year, but I thank all of you who continue to stay in touch and support the efforts of the Medical Education Program at Bassett. ■

The Cupola is the newsletter of the Medical Alumni Association of Bassett Medical Center. The Association was founded to provide support and recommendations to Bassett's Medical Education Department; to assist in recruiting medical students, house staff and attending staff; and to provide financial support to develop and enhance medical education at Bassett.

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The Cupola is published three times a year. Please send comments and news, including change of address information to: Editor, The Cupola, Office of Medical Education, Bassett Medical Center, One Atwell Road, Cooperstown, NY 13326 or e-mail cupola@bassett.org.

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## 2023 Residency/Fellowship Results Announced

All of Bassett's residency and fellowship programs had success in the 2023 Match through the National Resident Matching Program. The following is the roster of the appointments for the 2023-24 academic year.

### GENERAL SURGERY RESIDENCY

**Blake Caldwell, M.D.**, Columbia University Vagelos College of Physicians and Surgeons

**Alexander Clem, M.D.**, University of South Dakota Sanford School of Medicine

**Hilary Giles, M.D.**, Tufts University School of Medicine

**Alexis Kohlbeck, D.O.**, Lake Erie College of Osteopathic Medicine

**Lauren McKay, M.D.**, University of Wisconsin School of Medicine and Public Health

### INTERNAL MEDICINE RESIDENCY

**Abolfazl Ahmady, M.D.**, American University of Antigua College of Medicine (Antigua)

**Pavel Bleik, M.D.**, North-Western State Medical University I.I. Mechnikov (Russia)

**Kannate Chotiphansiri, M.D.**, Prince of Songkla University Faculty of Medicine (Thailand)

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**Hashim Ejaz, M.B., B.S.**, Army Medical College (Pakistan)

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**Jasvinder Kumar, M.B., B.S.**, Khyber Medical College (Pakistan)

**Suman Paudel, M.B., B.S.**, Gandaki Medical College (Nepal)

**Rupa Pudasaini, M.D.**, Moscow State University of Medicine and Dentistry (Russia)

**Wajeeh Rehman, M.B., B.S.**, Khyber Medical College (Pakistan)

**Suprita Shrestha, M.B., B.S.**, Nepal Medical College (Nepal)

**Egor Zakharchenko, M.D.**, Altai State Medical University (Russia)

### TRANSITIONAL YEAR RESIDENCY

**Christopher Chang, D.O.**, University of New England College of Osteopathic Medicine

**Andrey Galper, M.D.**, Jacobs School of Medicine and Biomedical Sciences at the University at Buffalo

**Andrew Hess, M.D.**, American University of the Caribbean School of Medicine (St. Maarten)

**Gabriella Kaddu, M.D.**, University of Illinois College of Medicine

**Danielle Li, M.D.**, Tufts University School of Medicine

**Quinn Magiera, M.D.**, Jacobs School of Medicine and Biomedical Sciences at the University at Buffalo

**Varun Taruvai, M.D.**, Rutgers New Jersey Medical School

**Samjhana Thapaliya, M.D.**, American University of the Caribbean School of Medicine (St. Maarten)

**Jose Villena, V, M.D.**, St. George's University School of Medicine (Grenada)

### CARDIOVASCULAR DISEASE FELLOWSHIP

**Aamir Gilani, M.B., B.S.**, Sind Medicine College University of Karachi (Pakistan)

**Hardikkumar Patel, M.B., B.S.**, Medical College Baroda (India) ■

## Bassett Residents Match in Fellowships

Seven doctors completing their residency training at Bassett this year received the following fellowship appointments:

**Elizabeth Jacob, M.D.**, Minimally Invasive/Bariatric Surgery Fellowship, Valley Health Hospital, Paramus, N.J.

**Vinaya Jaikumar, M.B., B.S.**, Infectious Disease Fellowship, Dartmouth Hitchcock Medical Center, Lebanon, N.H.

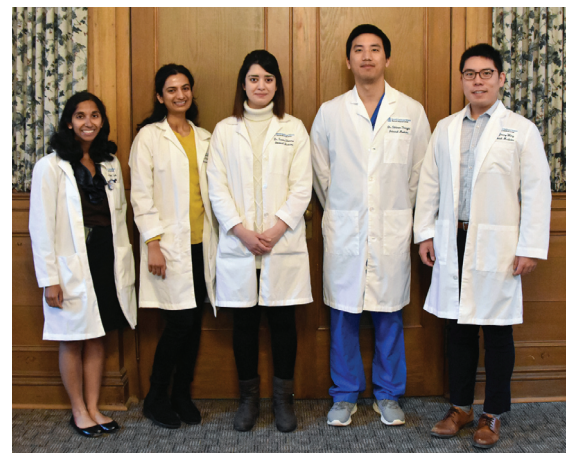
**Anshini Shah, M.D.**, Oncology Fellowship, McGill University, Montreal, Quebec, Canada

**Sarina Sharma, M.D.**, Endocrinology Fellowship, Lehigh Valley Hospital, Allentown, Penn.

**Sittinun Thangjui, M.D.**, Cardiovascular Disease Fellowship, West Virginia University, Morgantown, W.V.

**Jimmy Wang, M.D.**, Pulmonary/Critical Care, Dartmouth Hitchcock Medical Center, Lebanon, N.H.

**Anne Young, M.D.**, Minimally Invasive Surgery, Scripps Green Hospital, San Diego, Calif. ■



L-R: Elsie Jacob, M.D.; Anshini Shah, M.D.; Sarina Sharma, M.D.; Sittinun Thangjui, M.D.; and Jimmy Wang, M.D. Absent: Vinaya Jaikumar, M.B., B.S., and Anne Young, M.D.



## Resident Research Program Shared Its Results



*Drs. Ansu Karki, Jimmy Wang and Nisarg Thakker with the poster representing the project on which they collaborated.*

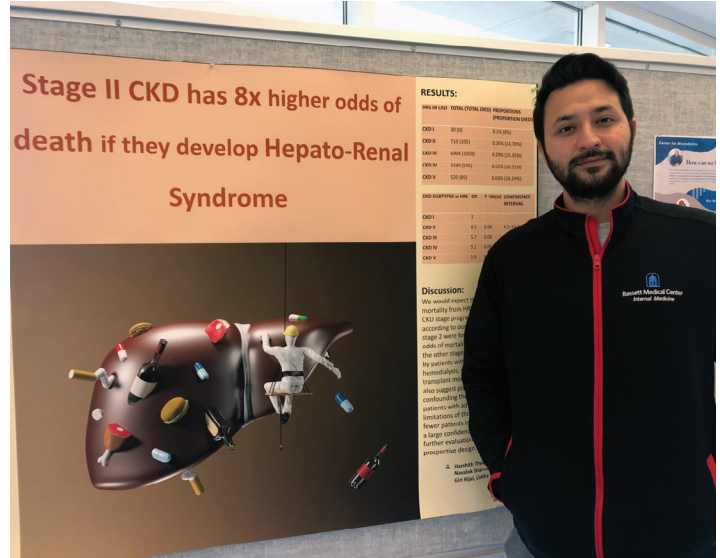
This year, for the first time since the start of the pandemic, the Bassett Research Institute (BRI) was pleased to present another research week to share their work with the Bassett community. Thursday, April 20, 2023, was Resident Research Day in the lobby of the clinic building.

For the last three years, COVID restrictions required that the BRI cancel the traditional resident research competition and selection of a recipient of the E. Donnall Thomas (EDT) Resident Research Award. The Bassett Research Institute plans to resume the EDT competition in 2024.

The goal of the Resident Research Program is to support clinician-scientists in training who are committed to research and discovery. Residents and fellows at Bassett are welcome to offer proposals that are rigorously reviewed and submitted to the Institutional Review Board. Once approved, the residents and fellows work under direct supervision of an attending physician, clinician scientist or one of Bassett's research scientists. The trainees are assisted by BRI staff in patient recruitment, study implementation, data collection and analysis, and manuscript writing. The program's results have been substantial and rewarding. From 2000-2022, this program has amassed a bibliography of 70 peer-reviewed book chapters, manuscripts, and abstracts. Many years, residents have gone on to make presentations at regional, national, and international professional meetings.

This year's Resident Research Day featured projects representing the work of more than a dozen residents and two cardiology fellows. Six of the projects were accepted for presentation at the annual meeting of the American College of Gastroenterology and two projects completed by fellows were presented at the American College of Cardiology in March.

According to Russell Moore, M.D., program director of Internal Medicine Residency program, "While research is not required to complete residency, we encourage our residents to



*Dr. Uchit Thapa with the poster showing the results of his research.*

take part in scholarly activity. It can be a very informative experience to see what it takes to write up a case report, an abstract, or a manuscript. When these are submitted and accepted for national conferences the Graduate Medical Education office will pay to send the residents to present, and we had lots of accepted abstracts this year! This research is vital for the academic mindset we want to keep here and is also important for the residents that may want to pursue further training in a fellowship."

Speaking about his research, third-year resident Dr. Uchit Thapa said, "I enjoyed working on this GI project and collaborating with other residents and staff in the process. If a resident has an interest and is willing to undertake a research project, it is a good opportunity to experience." ■

### **Bassett's Role from page 1**

for Rural Community Health and New York Center for Agricultural Medicine and Health (NYCAMH) conducts clinical research and population studies, as well as provides assessment of health services, occupational challenges, and other public health issues.

As we move forward, we are continually evaluating our facilities and capabilities to meet the challenges of today and tomorrow's growing needs in the communities we serve. Increasing demand for cardiovascular and cancer care, amongst other areas, requires expansion and modernization of our facilities and capacities. Planning is underway to achieve our goals.

Bassett has always been a leader in rural healthcare. We are unique as a rural teaching hospital linked to a pre-eminent university medical school. Together, these forces position Bassett to not only shape rural healthcare, but also American healthcare, helping to find "a more excellent way." ■



See our latest news and updates at [Bassett Medical Alumni Association](#)

# THE BASSETT FAMILY ALBUM — ALUMNI NEWS

*Please keep your notes and photos coming!*

## 1950s

### **Charles Greenblatt, M.D.**

(Rotating intern 1956-57) and his wife Jo-Anne will be celebrating their 70th wedding anniversary in June. He writes that they are both well, except for new lenses in their eyes and hearing aids. He also added, "I am still funded for research on vaccination for Alzheimer's Disease and would love to hear from any Bassett people also interested in that approach."



*Jo-Anne and Dr. Charles Greenblatt*

### **James E. Shepard, M.D.**

(Medicine resident 1959-61) wrote, "We are enjoying retirement. Fortunately, we were not damaged by the terrible storms here in Northern California."

## 1960s

### **Donald Urrea, M.D.**

(Rotating intern 1960-61, Medicine resident 1961-62) writes, "After retiring from neurology practice in Arizona, I've enjoyed spending summers in the hills between Corning and Watkins Glen. My family, including frequently visiting kids and grandkids, love the area. We've visited Cooperstown but hardly recognized the area or the hospital. Feel free to contact me at cabezadoc@msn.com."

## 1970s

**Juris Bunkis, M.D.** (Surgery resident 1974-79) After Bassett, he did plastic surgery training at the Brigham, taught at UCSF, and since 1983, has been in a private aesthetic practice. He has a bicoastal practice, based in Newport Beach, Calif., and also sees patients and operates in Massachusetts every month in the plastic surgery practice of his fiancée, Dr. Deborah Ekstrom. He adds, "We both still love what we do and have no plans to retire. I also do something unusual for more physicians. For over a dozen years, I have been the Consul for the Republic of Latvia in Southern California, and am on the Executive Committee of the Los Angeles Consular Corps. In addition to trips to Washington and Riga, my consular activities have taken us across the United States, to Turkey, Azerbaijan, and Colombia, etc. in the last few years."



*Dr. Juris Bunkis and Dr. Deborah Ekstrom. (Photo provided by the Latvian Embassy.)*

### **Russell Kelley, M.D.**

(Internal Medicine resident 1977-80) After 30+ years as a diagnostic radiologist south of Boston, he and his wife retired near Charleston, S.C. They are enjoying life near three of their four children and their families. Enjoying travel, golf, tennis and now pickleball.

### **Michael Maloney, M.D.**

(Medicine resident 1971-72, Psychiatry resident 1972-73) "I often dream that I would travel back to Cooperstown to see where I spent the early 70s forming my medical identity. I served as a medical intern and first-year psychiatry resident at MIB Hospital. Indeed, I have carried that identity throughout my professional career. Now I have cut back to four days of practice. My wife and I fly from Cincinnati to Naples, Fla. monthly to enjoy the 85 degrees and sunny weather there. No snow!"



*Michael Maloney, M.D. enjoying sunny climes.*

### **William Shuman, M.D.**

(Surgery resident 1974-75) is now retired from being the chair of Radiology at the University of Washington after 40 years (with an interlude at the University of Vermont). He shares, "I still

have a summer cottage on Lake Ontario and would welcome any Bassett visitors there. Recently I married my high school sweetheart—she is a retired orthopedic surgeon! First marriage for both of us."

## 1980s

### **Lawrence Barnowsky, M.D.**

(Attending radiologist 1982-present) After writing nine nonfiction books on magic, he's taken a turn at fiction, and the result was his first novel, "Out of Place", in which his main protagonist is a female amateur magician and math super-genius. Her colleague is a brilliant CIA agent, and a former Mossad agent. The second book in the series is currently being written and is another action-adventure called "Out of Place, Out of Control".

### **Scott Shannon, M.D.**

(Psychiatry Resident 1982-83, 1987-89) He and his wife Suze have been living in Fort Collins, Colo., since he finished training in Child Psychiatry in 1991. He wrote, "My work took me from psychiatry into acupuncture and then neurofeedback. Now, I am focused on psychedelics (again) as a

**Family to page 5**



*The Kelleys and their grandchildren*





Cooperstown-based board members of the Medical Alumni Association enjoyed a social gathering recently at The Otesaga Hotel with current medical students and residents in training at Bassett Medical Center.

### Family from page 4

PI for the Phase II and III studies of MDMA-assisted psychotherapy as well as a Phase II study with LSD and anxiety. We employ ketamine-assisted psychotherapy extensively at my clinic, The Wholeness Center. I love my work and am moving to clinically retire soon to focus more on research, training, and travel. We hope to visit Cooperstown this summer."

### Lawrence Gaul, M.D.

(Internal medicine resident 1987-90) reports that, "After one and a half years in a cardiology practice in Flagstaff, Ariz., I decided to go back to the Navajo reservation and the Indian Health Service. I feel like I'm back with "my people" even though I still can't speak Navajo and can't do much in terms of procedures." He states that his follow-up appointments save his patients about seven hours of driving for a 15-minute office visit in Flagstaff. Evidently the IHS would rather fly people to advanced care than buy equipment and commit to caring for patients nearer their homes on the reservations. He and his colleagues serve

about 50,000 native people on the Navajo reservation, which is the largest in the U.S. "All of this is in keeping with what I saw as the objective of MIBH when I trained there in the 80s."

### Thomas A. Pearson, M.D.

(Research Institute/Cardiology 1988-97) After 40 years in academic medicine, he retired as Emeritus Professor of Medicine and Epidemiology at the University of Florida. "I continue to advise Epidemiology Ph.D. students, give a few lectures, provide grant writing advice to minority investigators in a program at Morehouse School of Medicine, and have a few research and education projects with NIH. Retirement has provided more time for our Florida gardens, travel to exotic places, birdwatching, and especially our four grandchildren. We still have deep roots in the Finger Lakes of Upstate New York, with a summer home on Keuka Lake for the last 22 years, and a small farm and vineyard on Keuka Bluff."

### Kenneth Wilkins, M.D.

(Internal Medicine resident 1980-83, Chief resident 1983-84) has retired as the medical director for Coastal

Carolina Health Care in New Bern, N.C. He and Dru plan to travel and enjoy their grandchildren. Ken has a medical trip to Ukraine in June.

### 1990s

**Alan James, M.D.** (Internal Medicine-Primary Care 1994-97) left Bassett in 1997 and continues to work in a private practice in Wisconsin. He reports, "my time at Bassett has given me the confidence to do well."

### Manuel Chaknis, M.D.

(Transitional year resident 1992-93) finds it hard to believe that he's completing 30 years of seeing patients for their eye care needs. He is busy doing LASIK and other eye lasers, plus seeing clinic patients as part of a large integrated ophthalmology/optometry



Dave Prakash, M.D. at the Super Bowl

practice covering north Atlanta and north Georgia. He expressed disappointment that the planned reunion is postponed until the fall of 2024, but he's still considering coming October 5-7, 2023, especially if other classmates will please contact him ASAP (info below) to get together in Cooperstown. "I look forward to seeing colleagues who presently work at Bassett including **Mike Miller, M.D.** (Medicine resident 1992-93, attending neurologist 1999-present), **Eric Knight, M.D.** (Medicine resident 1990-95, attending nephrologist 2004-present) and **Al Tinger, M.D.** (Transitional year resident 1992-93, medical director, Bassett Cancer Institute, 2019-present). I would love to see some other classmates including **E. Mike Tarazi, M.D.** (Transitional year resident 1992-93), **Costa Andreou, M.D.** (Medicine resident 1992-95) and **Nels Carlson, M.D.** and **Hans Carlson, M.D.** (Transitional year residents 1992-93). Please feel free to contact me at mchaknis@gmail.com and/or cell# 205-240-5490."

### 2000s

### Dave Prakash, M.D.

(Transitional year resident 2003-04) was recently appointed by the governor of Virginia to serve on a newly created Council on Renal Disease. (He was a living donor for his wife in 2010). He also serves on the board of Womenheart to improve cardiovascular health of women. He adds, "I was given the opportunity to help honor Pat Tillman and his legacy at the Super Bowl Coin Toss along with the other Tillman Scholars." He was spotted on the jumbotron by Bassett alumni. ■

## Welcome Class of 2025



Earlier this year, Bassett Medical Center welcomed the 10 students comprising the Columbia-Bassett Medical School Program Class of 2025. These students completed their 18 months of pre-clinical training on Columbia's New York City campus and will now be based at Bassett Medical Center in Cooperstown for the clinical component of their education. This two-and-a-half year phase of their education consists of a required one-year experience followed by a year-and-a-half of electives and pursuit of an area of concentration utilizing the full array of opportunities at both campuses. ■

*Back Row L-R: Dr. Weil, Matthew Johnson, Dean Strup, Benjamin Lynch, Thomas Benz, Sidney Saint-Hilaire, Tiana Saak, Dr. Brennan. Front Row L-R: Lindsey Gorsch, Emma Weatherford, Carina Sirochinsky, Kishan Bhatt*

## Columbia-Bassett Class of 2023 Match

The 2023 class of the Columbia-Bassett program entered the National Resident Matching Program (NRMP) Main Residency Match this year. Please join us in congratulating these graduates on their success. The results are:

**Rebecca Allen, M.D.**, Neurology, New York Presbyterian Hospital-Columbia University Medical Center, New York, N.Y.

**Amy Block, M.D.**, Psychiatry, Dartmouth-Hitchcock Medical Center, Lebanon, N.H.

**Anna Frappaolo, M.D.**, Obstetrics-Gynecology, Brown University/Women's and Infants Hospital of Rhode Island, Providence, R.I.

**Mary Holderness, M.D.**, Preliminary Medicine/Neurology and Neurology, Yale-New Haven Hospital, New Haven, Conn.

**Yongha Kim, M.D.**, Psychiatry, Zucker School of Medicine Northwell Zucker Hillside, Glen Oaks, N.Y.

**Maxine McGredy, M.D.**, Internal Medicine, Johns Hopkins Hospital, Baltimore, Md.

**Brett Seeley-Hacker, M.D.**, Family Medicine, In His Image Family Medicine, Tulsa, Okla.

**Amanda Wang, M.D.**, Internal Medicine, New York Presbyterian Hospital-Weill Cornell Medical Center, New York, N.Y.

**Kathleen Yu, M.D.**, Anesthesiology/Research, Brigham & Women's Hospital, Boston, Mass.

Deferred: **Adam Richter, Alexander Northrop, and Nicholas Waring** ■

### Legacy from page 8

A charitable bequest in a will is the simplest way to support Friends while also providing for your family's financial needs. A charitable bequest can be used to eliminate estate and other taxes—including on retirement assets left in the estate. Planning transactions involving asset protection and insurance can be aided by a tax-free charitable bequest, offset by your family trust. With a bequest to charity combined with other transactions, a physician can create a multigenerational plan that supports their chosen charity while also supporting children and future generations of family.

The Friends of Bassett honors physicians and donors who have made a legacy commitment by recognition in the Cupola Society.

*Daniel G. Worthington, J.D., LL.M., Ed.D., recently joined the Friends of Bassett staff as its director of Development for Legacy Gifts. Dr. Worthington has helped donors and their advisors preserve charitable and intergenerational wealth throughout the US since 1985. The Friends collaborates with donors and advisors throughout North America to explore ideas that can help create a meaningful financial legacy plan. Friends' philanthropic services are always complementary.*

*You can contact him at 407-493-6142 or [Daniel.Worthington@bassett.org](mailto:Daniel.Worthington@bassett.org)* ■

### Physician Employment Opportunities in the Bassett Healthcare Network

Thinking of a career move? Do you know another physician seeking a position in an award-winning network of six hospitals and 30 regional sites? Consider these openings in Central New York and Cooperstown.

<b>Anesthesiology</b>	<b>Neurosurgery</b>
<b>Cardiology - Non-Invasive and Interventional</b>	<b>Pediatrics</b>
<b>Critical Care</b>	<b>Psychiatry - Inpatient and Outpatient</b>
<b>Family Medicine</b>	<b>Radiology - General and Interventional</b>
<b>Hematology Oncology</b>	<b>Urology</b>
<b>Internal Medicine</b>	

For more information visit:  
<https://www.bassett.org/careers/physicians-and-advanced-practice-clinicians> or call  
 Medical Staff Recruitment at 607-547-6982.



## IN MEMORIAM: BASSETT REMEMBERS

### H. Joseph (Joe) Barthold, III, M.D. (1956-2023)



*H. Joseph (Joe) Barthold, III, M.D.*

H. Joseph (Joe) Barthold, III, M.D. died suddenly on February 15, 2023. Born in Bethlehem, Penn., he went on to obtain his B.S. in 1978 at the University of Massachusetts, and his medical degree in 1982 at Hahnemann Medical College, followed by training there in radiation oncology. He served as a physician at the Portsmouth Naval Hospital. He and Joyce Wilhelms were married in 1981. They and their family moved to Cooperstown in 1987 when Barthold was appointed chief of Bassett's then new Radiation Oncology

department. He was a Fellow in the American Society for Radiation Oncology and Assistant Professor of Clinical Radiology at Columbia University.

Bassett's current Medical Director of the Cancer Treatment Center, Alfred Tinger, M.D., noted that "Dr. Barthold was the consummate radiation oncologist, continuing the long history of excellence in cancer care at Bassett's Louis Busch Hager Cancer Center while extending the size and overall scope of the program. I, personally, have been impacted by Dr. Barthold and hold him in the highest regard as an amazing mentor to me during my internship here in 1992. He was a willing teacher, able to extract the best from colleagues and coworkers alike."

Recently, he had returned to Bassett as a part-time member of the radiation oncologist faculty. He was a member of the Cooperstown Country Club, and enjoyed telling stories, playing tennis, golfing, singing in local choirs, traveling, attending church, enjoying all types of games, and telling more stories. He would often turn up at various functions in his kilt and play the bagpipes, with the gift of being able to make lifelong friends in an instant. He is survived by his wife Joyce and an extended family.

### Edward T. (Ed) Bello, M.D. (1925-2023)



*Edward T. (Ed) Bello, M.D.*

Edward T. (Ed) Bello, M.D., was born in Yonkers and died on March 27, 2023 at his home in Milford N.Y. He graduated from Harvard University and in 1949 obtained his medical degree from The College of Physicians and Surgeons of Columbia University. He then came to Bassett Hospital for a surgical internship (1949-50) and part of a residency in obstetrics/gynecology (July-October 1950) abbreviated by activation in the U.S. Navy Reserve with service in Korea.

There followed a radiology residency at the Long Island College Hospital of New York University. He became a Fellow of the American College of Radiology. He married Marie Curcio in Cooperstown, and they had seven children. He enjoyed gardening, working on his home, hunting, and fishing. Survivors include his wife Marie, many children, grandchildren, and great-grandchildren.

### Carl F. Brunjes, M.D. (1935-2022)

Orthopedic surgeon Carl F. Brunjes, M.D., died April 13, 2022 at age 86 in Spokane, Washington, at Providence Sacred Heart Medical Center, where he had been a surgeon for decades across the street from his first office practice. Brunjes received

his A.B. from Yale University in 1957, and his medical degree from Columbia University College of Physicians and Surgeons in 1961, followed by a rotating internship and assistant residency in Surgery at Bassett Hospital (1961-63) and then training in orthopedics at Harvard Medical School. In 1967 Dr. Brunjes entered the U.S. Air Force at Fairchild Air Force Base near Spokane. In 1969, he became a founding partner of what is now known as Northwest Orthopedic Specialists.

He enjoyed the Spokane Symphony, classic cars, bronze sculptures, art, and skiing. Brunjes is survived by his wife, Marilyn Northern, three daughters, two grandchildren, and four great-grandchildren.

### John L. (Jack) Chamberlain, III, M.D. (1930-2023)



*John L. (Jack) Chamberlain, III, M.D.*

John L. (Jack) Chamberlain, III, M.D., a lifelong Washingtonian and pediatrician in private practice for more than 33 years, and the first President of the Bassett Medical Alumni Association, died February 11, 2023, at age 92. Chamberlain received his A.B. from Amherst College in 1953 and his M.D. from the University of Virginia School of Medicine in 1957. He completed his rotating internship at Bassett Hospital. After this internship, he joined in the U.S. Army Medical Corps in which he served for over 30 years, becoming Colonel, M.C. stationed at Walter Reed Army Medical Center in Washington, D.C. This service was concomitant with his career as a family pediatrician.

Chamberlain was instrumental in a host of community and church activities and was an avid tennis player and small airplane pilot. As a founding and continuing member of the Bassett Medical Alumni Association, he made many visits to Cooperstown through the years. He is survived by his wife of 46 years, Marietje Chamberlain, and an extended family of children, grandchildren, and a great grandchild.

### Jane Hollingsworth, M.D. (1951-2021)



*Jane Dixon Hollingsworth M.D.*

Jane Dixon Hollingsworth M.D. died in her home, surrounded by family, on Friday, May 21, 2021. Born in Nashville, Tenn., she and her family moved to Decatur, Ga. and then to Chapel Hill, N.C. in 1960. After completing her medical degree from the University of North Carolina School of Medicine in Chapel Hill in 1981, she and husband Tom Miller, M.D. came to Cooperstown for her residency in Medicine (1981-84), while Tom served as an attending in Medicine. Afterwards, they opened a medical practice in Chapel Hill. In 2009 she was appointed

medical director of the Piedmont Health Senior Care Program for the Elderly (PACE) and worked there until her retirement in 2016. In 2015 she received a Merit Award from the N.C. PACE Association.

She was an outstanding cook, dancer, avid backpacker, world traveler and one who always put others first. She is survived by her husband and an extended family. ■

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## Legacy Begins with You

*By Daniel G. Worthington, J.D., LL.M., Ed.D.*

Retirement and multigenerational planning are an essential aspect of financial planning that helps physicians to protect their family's financial assets and well-being across generations. Charitable planning is an effective tool that can be used with other strategies to achieve this objective while also helping physicians to support causes that are important to them.

The first step in creating a retirement and multigenerational plan is to define your financial and legacy goals. This plan may evolve over time as new opportunities arise. How assets are owned for future growth is important. Asset protection is also an important part of the planning paradigm for physicians.

Retirement goals are focused on the resources needed to be set aside and invested to provide a comfortable living into retirement. Charitable goals can include focus on the causes that you care about, such as healthcare, education, or a unique project that Friends of Bassett can help you with related to a healthcare or a healthcare initiative.

Retirement entities, wills, family trusts, note transactions, and charitable trusts should be considered as part of the plan. This includes organizing assets and donating appreciated assets, setting up a deferred charitable gift annuity, charitable trusts, or leaving a charitable bequest in your will in combination with other planning strategies.



*Daniel G.  
Worthington*

For example, by creating a charitable remainder trust, physicians can support Friends and other charities, while also providing for their family's financial needs through the retained income. The physician may also choose to replace the gift with low-cost life insurance that may pass tax-free to the family in trust. Because a gift of an appreciated asset in a charitable remainder trust is sold free of tax on capital gains, this results in a larger income interest to the physician or children during their lifetime. Since the trust remainder passes to Friends and other charities, there is no estate tax. Income tax savings created by the gift can be used to fund trusts for children or even grandchildren. Thus, by giving appreciated assets to a charitable remainder trust, physicians can create a multigenerational plan that benefits both their family and charity.

In another example, a deferred charitable gift annuity can be used effectively to pay guaranteed retirement income for a physician. A 45-year-old doctor who donates appreciated assets to a deferred charitable gift annuity at Friends is guaranteed a 10.1% annuity for life beginning at age 65. The doctor also receives a 65% current income tax deduction for the gift making this strategy particularly attractive.

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