

# 2017 Parent Handy Book



## The Parent Handbook of Otsego County Community Resources

Brought to you by the  
Otsego Committee on Child Abuse and Neglect (OCCAN)



PREVENT CHILD ABUSE/NEW YORK

Otsego Committee on  
Child Abuse & Neglect  
PO BOX 1332 ONEONTA NY 13820

PRODUCED IN COOPERATION WITH



BASSETT  
HEALTHCARE

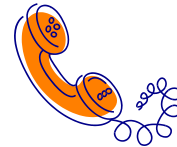
and



Otsego County  
Department of Social Services

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**EMERGENCIES**  
**Dial 9-1-1**



<b>ALCOHOLICS ANONYMOUS</b>	<b>1-888-227-6237</b>
<b>CHILD ABUSE REPORTING</b>	<b>1-800-342-3720</b>
<b>CRISIS INTERVENTION SERVICE (Psychiatric)</b>	<b>1-877-369-6699</b>
<b>DOMESTIC VIOLENCE</b>	<b>(607) 432-4855</b>
<b>FIRE EMERGENCY</b>	<b>911</b>
<b>MEDICAL EMERGENCY</b>	<b>911</b>
<b>MOBILE CRISIS ASSESSMENT TEAM (MCAT)</b>	<b>(607) 433-2343</b>
<b>MEDICAL PROBLEMS</b>	
AO FOX HOSPITAL EMERGENCY ROOM	(607) 431-5000
BASSETT MEDICAL CENTER E.R.	(607) 547-3355
<b>NYSEG EMERGENCY</b>	<b>1-800-572-1111</b>
<b>POISON CONTROL</b>	<b>1-800-222-1222</b>
<b>POLICE EMERGENCY (life-threatening)</b>	<b>911</b>
Cooperstown Village Police	(607) 547-2500
Oneonta City Police	(607) 432-1111
Otsego County Sheriff	(607) 547-4273
State Police (Oneonta)	(607) 432-3211
State Police (Richfield Springs)	(315) 858-1122
<b>CRISIS HOTLINE:</b>	<b>(607) 432-4855</b>
<b>NATIONAL HOTLINES:</b>	
<b>MISSING &amp; EXPLOITED CHILDREN</b>	<b>1-800-843-5678</b>
<b>RUNAWAY YOUTH</b>	<b>1-800-621-4000</b>
<b>SUICIDE PREVENTION</b>	<b>1-800-784-2433</b>

Otsego Committee on Child Abuse & Neglect  
PO Box 1332  
Oneonta, NY 13820  
**April 2017**

Dear Friends and Families:

We are again pleased to be able to provide the latest edition of the Parent Handy Book, a resource guide to services for parents and professionals in the Otsego County area. Copies of this book are available in print at area libraries and local agencies, in digital format by request at the above address, and online at [www.otsegocounty.com/dept/dss](http://www.otsegocounty.com/dept/dss) and [www.ofoinc.org](http://www.ofoinc.org).

The Otsego Committee on Child Abuse and Neglect (OCCAN) hopes that knowing where to turn for help will make a difference in dealing with the ordinary and extraordinary stresses of family life. OCCAN, since its origin in 1978, has focused on child abuse/neglect prevention through public awareness and professional development. This is OCCAN's 32<sup>th</sup> year of presenting local conferences. OCCAN is a local organization affiliate of Prevent Child Abuse – New York [www.preventchildabuseny.org](http://www.preventchildabuseny.org)

We are again grateful to Bassett Healthcare for underwriting the cost of printing, and to Bassett's Printing Services for production.

While we have listed many services and organizations, you must make your own judgment about whether the service will work for you and your family. We know that there may be resources we haven't listed, but which may be useful to include in future editions. Please let us know your suggestions: OCCAN, PO Box 1332, Oneonta, NY 13820

Sincerely,

Members of OCCAN

Wendy Fink – Otsego County Department of Social Services  
Cindy Drake- Catholic Charities of Delaware and Otsego Counties  
Bill Hayes – Bassett Medical Center  
Debra Ann Miller – Sanguine Family Counseling and Consultation Services  
Denise Oliver– Otsego County Child Advocacy Center  
Danica Sessions– Opportunities for Otsego, Inc. – Violence Intervention Program  
Stacey Smith – Northeast Parent & Child Society  
Stephanie Snyder – Community Maternity Services  
Treena Halstead – Opportunities for Otsego, Inc. – Building Healthy Families  
Heather Head – Schoharie County Community Action Program

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## SECTION 1 – COUNSELING, LISTENING AND/OR REFERRAL

### A. Aids Services

1. Albany – NYS Dept. of Health HIV Hotline  
1-800-962-5065  
HIV Information, Testing & Counseling  
(Anonymous, Free, Rapid HIV testing available)
2. Bassett Healthcare  
125 Main Street  
Oneonta, NY 13820  
(607) 433-1790  
Primary Care, HIV Testing
3. Catholic Charities: AIDS Services (Outreach Office)  
176 Main St.  
Oneonta, NY 13820  
(607) 432-0061  
[www.ccrda.org](http://www.ccrda.org)

Provides intensive case management for those infected and/or affected by HIV/AIDS in Delaware, Otsego, Schoharie, and part of Chenango Counties. Staff can help with arrangements for assistance with housing, transportation, nutrition, material and emergency support; an outreach site of Catholic Charities AIDS Services of Albany.

4. Catskill Rural AIDS Services  
66 Chestnut St.  
Oneonta, NY 13820  
(607) 436-9554 or 1-800-976-2727

Information, referrals, support services, free seminars (anonymity assured).

5. Family Planning of South Central NY  
37 Deitz St.  
Oneonta, NY 13820  
(607) 432-2250  
<http://fpscopy.org/>  
1-800-230-PLAN (will ring the nearest Family Planning Health Center)

HIV testing and counseling (confidential, anonymous, free); STD (Sexually Transmitted Diseases) testing for Otsego & Delaware counties Departments of Health.

6. Southern Tier AIDS Program (STAP)  
Otsego/Delaware – (607) 432-6654 or 1-888-895-7264  
STAP Regional AIDS hotline – 1-800-333-0892  
National AIDS Hotline – 1- 800-227-8922  
Hours: M-F 9AM-5PM  
[www.stapinc.org](http://www.stapinc.org)

Support services, Case Manager available week days to Delaware/Otsego counties, serves eight counties with advocacy, case management, support groups, trained volunteers, crisis information, and education to professional groups, schools, and agencies. All services are free of charge.

## **B. Alcohol/Drug/ Community Support Groups/Information**

1. LEAF Council on Addictions  
80 Water St.  
Oneonta, NY 13820  
Hours: Monday – Friday 8:30am – 4:30 pm  
(607) 432-0090 or 1-800-339-1894  
[www.leafinc.org](http://www.leafinc.org)

Information, referral, and educational services on alcoholism, drug addictions and diseases, gambling addiction, and associated problems for community, family and individuals; resources, speakers, materials available for loan and free pamphlets.

2. Addiction Recovery Services  
242 Main Street  
2<sup>nd</sup> Floor  
Oneonta, NY 13820  
Adult Services: (607) 431-1030  
Children's Services: (607) 433-2334 OR (607) 547-1610  
<http://www.otsegocounty.com/depts/cdc>

### Clinic hours

*Oneonta: Mon – Fri 8:30am -4:30pm (closed noon-1 for lunch)*

*Mon – Wed until 7pm by appointment only*

*Cooperstown: Mon-Wed; Fri 8:30am – 4:30pm (closed noon-1 for lunch)*

Confidential individual group counseling services are provided to those suffering from the disease of alcoholism, substance abuse/dependence and their significant others. Individual and group counseling. Resources and referrals are provided on an outpatient basis with referrals made to in-patient or other facilities; accepts crisis appointments and referrals from healthcare providers; Walk-ins

3. Alcoholic Anonymous (AA)  
Statewide information: 1-888-227-6237 (2 B SOBER)  
[www.ny-aa.org](http://www.ny-aa.org)

Counseling in self-help for alcoholics. Regular support group meetings. For information on AA in your geographic area, call the number above. No charge.

4. Al-Anon-Otsego 1-800-425-2666  
Elm Park Methodist Church  
401 Chestnut St.  
Oneonta, NY 13820  
Meetings: Sundays 8:00 p.m.  
[www.nynafg.com](http://www.nynafg.com)

Nar-Anon:  
First United Methodist Church  
66 Chestnut St.  
Cooperstown, NY 13820  
Sundays 7:00 p. m.  
Phone: (800) 591-6474

Strength and hope support group meetings for friends and families of those with substance use disorders.

5. Friends of Recovery of Delaware and Otsego Counties
- |  |   |
|--|---|
| The Turning Point<br>22 Elm Street<br>Oneonta, NY 13820<br>(607) 267- 4437<br>Hours: M-F 9AM- 4:30PM | The Turning Point<br>167 Main Street<br>Delhi, NY 13753<br>(607) 267-4435 |
|--|---|
- [www.friendsofrecoverydo.org/](http://www.friendsofrecoverydo.org/)

Friends of Recovery of Delaware and Otsego Counties is a grassroots addiction recovery community organization by, about and for individuals and families in recovery from addictive disorders. Recovery Support Services help prevent relapse and sustain long-term recovery by building recovery capital, demonstrating hope, inviting all to participate, promoting volunteerism, and creating public awareness. FOR-DO is charged with providing peer-led support groups, recovery coaching; linkage to and assistance with a variety of needed services such as housing and employment, classes and workshops in life skills, health and wellness, education and career planning. FOR-DO also offers support through free social/recreational activities, family centered events, leisure interest development, sport team events and more.



**C. Bassett Healthcare / Bassett Medical Center**

1 Atwell Rd.  
Cooperstown, NY 13326  
1-800-BASSETT / 1-800-227-7388

Psychiatry Services: (607) 547-3500 Psychiatric services for adults, adolescents and children. Outpatient services for children and adults. Adult inpatient unit for short term services. Medicaid, Medicare, and other insurance and managed care plans accepted at Bassett Medical Center and affiliated clinics. Call for specific information.

Social Work Services: (607) 547-3640 Social work counseling for adult and child illness, related personal and family concerns. Counseling for special health problems. i.e. kidney failure/dialysis, cancer.

**D. Bereavement Support Groups**

1. Catskill Area Hospice and Palliative Care, Inc.

542 Main St.  
Oneonta, NY 13820  
(607) 432-5525  
[www.cahpc.org](http://www.cahpc.org)

Support group meets twice a month to serve those who have lost loved ones. (Oneonta Evening Group/2<sup>nd</sup> Wednesday of the month 5:30 PM – 7PM at 1 Birchwood Drive)

For children and teens, there is a special two-day daytime camp, "Camp Forget-Me-Not" that is offered three times a year (call number above for more information.)

2. Compassionate Friends

First United Methodist Church  
66 Chestnut St.  
Oneonta, NY 13820  
(607) 433-2492

Local chapter of a national network of support groups for parents, families or friends of families who have experienced the death of a child. Meets third Thursday of the month at 7:00 p.m. Enter church through Church Street entrance, handicapped accessible, free or charge.

3. P.A.L.S. - Peer Alliance League

1 Fox Care Drive  
Oneonta, NY 13820  
Contact Kate: [otsegopeer2peer@gmail.com](mailto:otsegopeer2peer@gmail.com)

**E. Counseling Center**

State University College at Oneonta (SUCO)  
Oneonta, NY 13820  
(607) 436-3368

Hours: Mon – Fri 8:00am – 4:30 pm (During the semester) 8-12 PM and  
1- 4PM (during the summer)

Counseling for SUCO students: emotional, social, academic and vocational. Also, referral and information. No charge to SUCO students; short-term developmental counseling service.

**F. Community Maternity Services**

Catholic Charities  
176 Main St  
Oneonta, NY 13820  
(607) 432-0061

An outreach site of Community Maternity Services of Schoharie County serves pregnant and parenting teens in Otsego County. Home visits help to prepare young parents for the challenges of child rearing with information about child development, family budgets, operating a home and balancing work, school and parenting. Court ordered parenting education programs provided.

**G. Dispute Resolution Center - See Section 5: Crisis Information, Family support/Safety Net Agencies- C.3**

**H. Family Resource Network**

(607) 432-0001

- Information and referrals on disability topics
- Advocacy Program via phone or email
- Families together in NYS Support Group
- Meetings are usually on the fourth Monday of each month

**I. Family Services Association of Oneonta - See Section 5: Crisis Information, Family Support/Safety Net Agencies – E.**

**J. Mountain View Social Club**

9 River Street  
Oneonta, NY 13820  
(607) 433-1714

- Assistance with community resources
- Vocational Services

- Housing Assistance
- Recreational Opportunities

**K. Otsego Adopt, Inc.**

PO Box 323  
 Springfield Center, NY 13468  
 (315) 858-0304  
 Debra Ann Miller, MSW  
 Email: [dmiller14@stny.rr.com](mailto:dmiller14@stny.rr.com)

Peer support group for adoptive and pre-adoptive families. Lending library resources available at no charge to interested families (books on parenting children with special needs as well as on adoption issues).

**L. Otsego County Behavioral Health Services**

242 Main Street 3<sup>rd</sup> Floor  
 Oneonta, NY 13820  
 (607) 433-2343 (adults age 18 and older)  
 (607) 433-2334 (children age 3 – 17)  
[www.otsegocounty.com/depts/mh](http://www.otsegocounty.com/depts/mh)  
 Office hours: Mon. – Fri 8:30 am – 5:00 pm

Counseling available: individual, family, children (ages 3 – 17) and adults (age 18 and older) Sliding fee scale, Medicaid, Medicare, and other medical insurance payments accepted; serves all Otsego County residents.

**M. Otsego County Support Groups**

- BIANYS of NYS  
 Fox Care Center  
 Fox Care Dr, Route 7  
 Oneonta, NY
  - Brain Injury Support Group held on the last Monday of the Month, 1:00pm
  - Caregivers Support Group held on the last Monday of the month, 4:00pm
- The Compassionate Friends  
 First United Methodist Church  
 66 Chestnut St.  
 Oneonta, NY 13820
  - Offers friendships and understanding who are grieving over the death of a child
  - Meeting: 7pm, 3<sup>rd</sup> Thursday of each month
- Families Together in the Southern Tier
  - For families raising children with emotional, behavioral, or social issues
  - Offered by Family Resource Network  
 46 Oneida St

- Oneonta, NY
  - 4<sup>th</sup> Monday of month 5:30-7:30
- **Survivors of Suicide Loss Support Group**  
Lutheran Church of Atonement  
1 Center St.  
Oneonta, NY 13820
  - The group meets continuously throughout the year.
  - Meetings are held monthly on the 3<sup>rd</sup> Saturday of the month from 1:00pm-2:00pm
- **Dealing and Healing**  
A monthly grief support group for children and teens  
Hospice Office  
1 Reynolds St  
Oneonta, NY 13820
  - Provides a safe and supportive environment to learn ways and receive support from others to help deal with grief and have experiences with others to help heal from grief.
  - Specializes in children and teen grief.
  - Group meets the 3<sup>rd</sup> Wednesday of each month from 5:00-6:30

**N. Peer Alliance League (P.A.L.S)**

Fox Care Center Classroom C  
1 Foxcare Drive (Rt 7)  
Oneonta, NY

A peer run support group for people struggling with any kind of mental health issue. Meetings are informal and are directed toward maintaining positive wellbeing. Meetings are held the 1<sup>st</sup> and 3<sup>rd</sup> Tuesday of each month.

**O. Salvation Army**

25 River St.  
Oneonta, NY 13820  
(607) 432-5960  
[www.salvationarmy.org](http://www.salvationarmy.org)  
Hours: Mon. – Fri. 9:30am – 4:30pm

Offers assistance for families concerned with children’s problems, brings the family together to address concerns. No charge.

**P. Veteran’s Affairs**

VETERANS SERVICES AGENCY – OTSEGO COUNTY  
Mailing address: 197 Main St., Cooperstown, NY 13326  
Physical address: Meadows Office Complex  
140 County Hwy 33W, Cooperstown, NY

VA Affairs Office (607) 547-4224

VA Hospital Van call Ward Goodale  
(607) 267-8571 or (315) 264-3995  
Hours: Mon. – Fri 9:00am – 3:00pm (appointments appreciated)

Information for veterans and their dependents on benefits and services available to them. No charge.

**Q. Violence Intervention Program, Opportunities for Otsego**

3 West Broadway  
Oneonta, NY 13820  
Office: (607) 433-8038  
Hours: M-F 8-5PM  
24 hr Hotline: (607) 432-4855 (collect calls accepted)  
<http://www.ofoinc.org/find-program/violence-intervention-program/>

Free and confidential services to victims of sexual assault, rape, date rape, incest, intimate partner violence, family violence, or any innocent victim of a crime. Adults and children who have experienced trauma in the form of physical, emotional, psychological or verbal abuse will be provided confidential support and services; offers a 24 hour crisis hotline, a staffed domestic violence safe house, individual and group counseling, legal advocacy and court accompaniment, crime victim board compensation assistance, domestic violence and sexual assault prevention education for schools and community organizations, and volunteer opportunities. Also offers transitional housing to victims who qualify for these services.

**R. Warm Line**

Mountain View Social Club (RSS Inc.)  
9 River St. Or P.O. Box 781  
Oneonta, NY 13820  
607-433-0661 or 1-800-377-3281  
Hours of Operation:  
Sun—Sat: 4 pm to 8:30 pm

Peer Support Services: Confidential peer self-help; suggested referrals to community services and alternative means of finding growth and health; prearranged contact calls to your home by a peer worker.

The Warm Line is NOT a crisis hotline.

## SECTION 2: EDUCATION / JOB SKILL DEVELOPMENT

### **A. Afton Central Adult/ Continuing Education Program**

29 Academy Street  
PO Box 5  
Afton, NY 13730  
(607) 639-2811  
[www.afton.stier.org](http://www.afton.stier.org)

The Afton Central School Adult and Continuing Education Program offer free adult basic education and high school equivalency preparation classes at many locations. Classes are generally small in size and are taught by NYS certified teachers. Students are assessed in reading and math and then an individualized course of study is designed to meet the student's needs. Students work at their own pace on materials provided by the program free of charge. The program may be joined at any time. Also offered is GRASP (Give Ready Adults a Study Program). GRASP is a home study program for adults aged 21 and over who have good reading and math skills.

### **B. Clark Foundation Scholarship**

PO Box 427  
Cooperstown, NY 13326  
(607) 547-9927

Scholarship program for eligible fulltime college undergraduate candidates. Based on scholastic criteria, not based on need. Candidates must have graduated from one of the following local high schools: OAOC (Otsego Area Occupational Center); Cherry Valley-Springfield; Cooperstown; Edmeston; Laurens; Milford; Richfield Springs; Schenevus; Worcester; Van Hornsville (OD Young) or West Winfield (Mt. Markem). For candidates who have been out of school for a while, there is a "proving" period – one year (full time enrollment with a 3.0 GPA) before becoming eligible. To apply or find out more information, contact the office for an interview. No charge.

### **C. Cornell Cooperative Extension of Schoharie & Otsego Counties**

123 Lake St. Cooperstown, NY 13326 (607) 547-2536 <a href="http://www.cce.cornell.edu/otsego">www.cce.cornell.edu/otsego</a>	173 South Grand St. Cobleskill, NY 12043 (518) 234-4303
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Oneonta Outreach  
31 Maple St.  
Oneonta, NY 13820  
(607) 433-2521

Cornell Cooperative Extension of Schoharie and Otsego Counties is an organization that provides informal education for individuals of all ages. It has a history of conducting classes, workshops and tours, and providing informational and educational brochures for over 90 years. It is currently providing assistance in areas of: Health and Nutrition, 4-H/Youth Development, and Agriculture and Master Gardener Programs.

**D. Education Opportunities Program-SUNY Oneonta**

Administration Building Room 332B

State University of NY at Oneonta

Oneonta, NY 13820

Telephone: (607) 436-2496 E-mail: [cheryl.peeters@oneonta.edu](mailto:cheryl.peeters@oneonta.edu)

Website: <http://www.oneonta.edu/development/eop/>

Assists financially and educationally disadvantaged individuals in admission to the college. They offer tutorial, financial counseling and advisory services throughout the college experience.

**E. Empire State College**

State Office Building, Room 505

44 Hawley Street

Binghamton, NY 13901

(607) 721-8651

E-Mail Address: [jennifer.kelsey@esc.edu](mailto:jennifer.kelsey@esc.edu)

Website: [www.esc.edu](http://www.esc.edu)

State Office Bldg Suite 606

207 Genesee St.

Utica, NY 13501

(315) 793-2684

E-Mail: [rosetevens@esc.edu](mailto:rosetevens@esc.edu)

Call for information Monday – Friday (8:30am – 4:30am) or email for more information.

Center for Distance Learning- online courses

Empire State College is a non-traditional, higher education system. It offers individualized education and college programs in support of life-long learning. Monthly informational meetings at addresses listed above.

**F. Excelsior College**

7 Columbia Circle

Albany, NY 12203-5159

(518) 464-8500 or toll free: 1-888-647-2388

Website: [www.excelsior.edu](http://www.excelsior.edu)

Hours: Mon. and Wed. 8:30am – 8:00 pm (5-8pm phone only)

Tues., Thurs. and Fri. 8:30am – 5:00 pm

Excelsior College offers 32 degree programs at associate and baccalaureate levels in business, liberal arts, nursing, health sciences and technology. These degrees are comparable to those offered in two and four year colleges. Enroll anytime. No residency requirement. Full or part-time. Academic advising services help you consolidate coursework on one transcript. Obtain credit for what you

know through examinations if training is assessed to be at college level. Costs are low. Regionally accredited by Middle States Association for Colleges and Schools. Nursing program accredited by the National League for Nursing Accrediting Commission (NLNAC).

## **G. High School Equivalency and Adult Education Information**

1. Cooperstown High School  
39 Linden Ave.  
Cooperstown, NY 13326  
(607) 547-8181 or (607) 547-5512

2. BOCES Herkimer County  
352 Gros Boulevard  
Herkimer, NY 13350  
(315) 867-2000

BOCES has many programs that help adults improve their literacy and math skills, learn English, or prepare to take the GED exam. Individually prescribed instruction can be completed online, in class, or in a combination of formats. Please call for more information.

3. DCMO BOCES  
Chenango Campus (607) 335-1200                      RWH Campus (607) 865-2500  
678 County Rd. 32    270 BOCES Drive  
Norwich, NY 13815    Sidney Center, NY 13839

English as a second language and GED prep classes for ages 21 and older. Classes are free.

4. Educational Guidance Counselor  
See your local school guidance counselor for information on classes for adults; continuing education courses and vocational programs; grants, scholarships and loans for fulltime school programs. No charge.

5. Office of Continuing Education SUNY Oneonta  
SUNY Oneonta  
132 Neltzer  
Oneonta, NY 13820  
(607) 436-2548  
Website: [www.oneonta.edu](http://www.oneonta.edu)

Information on continuing education courses available at State University of Oneonta and on college credit for life experience. Call for more information. Courses listed online.



6. Otsego Area Occupational Center (BOCES)

1914 County Hwy 35

PO Box 57

Milford, NY 13807

(607) 286-7715

Website: [www.oncboces.org/Otsegocenter.cfm](http://www.oncboces.org/Otsegocenter.cfm)

Adult & Continuing Education: Child Development Associate Certified Nurses Aide, and Home Health Aide. ONC BOCES offers free Adult Basic Education and GED preparatory classes. These programs are offered free of charge to adults 21 years and older who do not have a high school diploma or GED. The Adult Education Home Study program called GRASP (Giving Ready Adults a Study Program) is also available to adults. Through GRASP, students prepare for their GED at home. Adults who participate in our GED programs are eligible to take vocational programs at our occupational centers, free of charge. To get more information or to register for classes, please call: Pam Barber, Adult and Continuing Education Coordinator, at (607) 286-7715, Ext 308.

7. Otsego Area School of Practical Nursing

31 Center St 3<sup>rd</sup> floor

Oneonta, NY 13820

(607) 431-2562

Website: [www.oncboces.org](http://www.oncboces.org)

The PN Program is a full-time, ten-month classroom/clinical instructional adult education program that runs from September to June for students with a high school diploma or GED. All classes consist of 30-35 hours of instruction per week. Hours vary depending on semester and assignment, but generally run from 8:00 a.m. to 2:30 p.m. for classes, and 7:00 a.m. to 2:30 p.m. for clinical experience with the exception of one clinical session from 1:00 p.m. to 7:00 p.m. at Bassett during the spring semester. Call for more information.

8. Job Service, NY State Employment Office

CDO Workforce Center/Otsego County Office of Employment & Training

12 Deitz Street, Suite 101

Oneonta, NY 13820

Website: [www.cdoworkforce.org/](http://www.cdoworkforce.org/)

(607) 432-4800 or toll free 1-800-244-5779

Hours: Monday – Friday 8:30am – 5:00pm

The Chenango-Delaware-Otsego Workforce Investment Board coordinates and focuses employment, training and education development resources across three counties providing service to employed people, unemployed people and employers alike. Our goal is to improve the long-term growth and development of the work force. All services free of charge.

9. Oneonta Adult Education

31 Center Street  
Oneonta, NY 13820  
(607) 432-8200

Website: [www.oneontacsd.org/district.cfm?subpage=392036](http://www.oneontacsd.org/district.cfm?subpage=392036)

Programs of Oneonta Adult Education:

Adult Basic Education (ABE) – training in basic life skills, reading, writing, and math for the workplace;

English as a Second Language (ESOL) – English language instruction in listening, speaking, reading, and writing English for adults whose native language is not English;

High School Equivalency (GED) – preparation in writing, literature, science, social studies and math to prepare for the GED. GED Test information and registration;

GRASP or SMART (Home Study) for adults who are unable to attend class and are able to work independently at home for the high school equivalency diplomas (GED),

Literacy Volunteers of Otsego and Delaware Counties (LVODC) – trains and coordinates volunteers who go into the community to help adults one-on-one instruction in reading, writing, or English as a second language. Volunteers also help adults learn skills to improve their employment opportunities or to help their children in school. Tutor and students meet at a time and location convenient for both. LVODC instruction and training are free and confidential for both tutor and student.

10. Oneonta Job Corps Academy

21 Home Folks Ave.  
Oneonta NY 13820  
(607) 433-2211 or toll free 1-800-758-7502  
Website: [www.oneonta.jobcorps.gov](http://www.oneonta.jobcorps.gov)

Offers residential, educational, vocational and GED education to young adults (ages 16-24) who qualify Vocational offerings include: auto body repair, auto mechanics, cement masonry, clinical medical assistant, electrician, facilities maintenance, health occupations/certified nurses aide, medical office technology, and tile setting. Call for more information.

11. Opportunities for Otsego

3 West Broadway  
Oneonta, NY 13820  
(607) 433-8000 or toll free 1-800-986-5463  
Website: [www.ofoinc.org/](http://www.ofoinc.org/)

### Building Healthy Families (607) 433-0444

Knowledgeable, caring paraprofessionals provide assessment, information and support during pregnancy and early childhood to eligible families as they prepare for and adjust to the changes that come with parenting. In-home partnerships with parents are begun during pregnancy and promote healthy births, positive and enjoyable parenting, and healthy child development. Support services are free, confidential, and individualized as participants achieve family wellness and realize goals according to interest and need. Families can enroll up to 3 months post birth and can enjoy visits for 3 to 5 years when their child either enters a Head Start program or until their child enters Kindergarten.

### The Children's Center

Family Court Building

197 Main St

Cooperstown, NY

(607) 607-322-3139

Hours: M-F 9-4:30 PM (8:30-4pm July & August)

Provides drop-in day care for children 6 weeks-12 years of age whose caregivers have business in Family Court. The goal of the program is to protect children from witnessing the complicated issues discussed in the court room and allow parents to focus on addressing their needs. Try to arrive a few minutes before you anticipate leaving your child.

### Early Head Start (607) 433-8055

A community-based program for low-income families with infants and toddlers and pregnant women. The program promotes healthy prenatal outcomes, enhances child development, and promotes healthy family functioning. Families involved with Early Head Start are offered services until their child enters Head Start. Eligibility is based on Federal Income Guidelines. There are no fees for participation.

### Head Start (607) 433-8055

A comprehensive preschool program that helps children from low-income families develop the early reading and math skills they need to be successful in school. The program promotes school readiness by enhancing the social and cognitive development of children ages 3 through 5. There are 11 locations throughout Otsego County. Eligibility is based on Federal Income Guidelines.

The Toddler Room (607) 432-5313  
256 River Street  
Oneonta, NY 13820

The toddler room is an Early Head Start classroom located at the River Street site that provides developmentally appropriate educational services to children ages 18 months to 3 years. Hours of operation are 8am-2pm, Monday – Friday. This is a free program for low-income families. For more information and to apply, call the River Street site at 432-5313 or Opportunities for Otsego at 433-8000.

Universal Pre-Kindergarten (607) 433-8055

Offers four year old children access to high-quality pre-kindergarten programs that prepare them for future school success by developing strong foundational skills in early literacy and numeracy.

WIC (Women, Infants, and Children) (607) 433-8071

Provides supplemental food, health care referrals, and nutrition education for low-income pregnant, breastfeeding, and non-breastfeeding postpartum women, and to infants and children up to age five. The program is linked to positive birth outcomes and enhances the overall health of pregnant women, new mothers, and infants. Income eligibility is 185% of Federal Poverty Level.

12. Otsego County Dept. of Social Services

The Meadows Office Complex  
140 County Hwy 33W  
Cooperstown, NY 13326  
(607) 547-1700 or toll-free 1-800-422-2512  
Mailing Address: 197 Main Street, Cooperstown, NY 13326

Employment Unit – Works with people to achieve the goal of financial independence; provides job readiness training classes, job search assistance, subsidized child care, supervised work experience, training assistance, and appropriate referrals as indicated; must be presently receiving temporary assistance and/or SNAP services in order to qualify.

13. RSS Employment Services

Rehabilitation Support Services  
9 River Street  
Oneonta, NY 13820  
(607)433-1714

VESP, the Vocational Education Support Program, operated by RSS Inc, strives to assist mental health job-seekers in regaining their lives through work and education.

14. Springbrook

2705 State Hwy 28  
Oneonta, NY 13820  
(607) 286-7171  
Website: [www.springbrook.org](http://www.springbrook.org)

Springbrook is a multi-service organization that provides residential, educational, clinical and habilitative supports for individuals with developmental disabilities. Programs and services include: early intervention services, birth to 5 evaluations, preschool, main campus school, adult day habilitation, consultation teacher services, service coordination, community residences, campus residences, and individual residential alternative homes as well as respite and residential habilitation in the home and the community. Please call for more information.

15. Schoharie County Community Action Program

Child Care Resource and Referral Center  
795 East Main Street, Suite 5  
Cobleskill, NY 12043  
(518) 234-2568  
Hours: M-F 8:00am-4:00pm

Provides referrals to registered and licensed providers in your area, counseling on what to look for in a quality child care provider, and parent education workshops. This service is open to both Schoharie and Otsego Counties.

16. The Arc Otsego

35 Academy Street  
Oneonta, NY 13820

Vocational Training Center – For individuals with developmental disabilities

17. Utica School of Commerce

Website: [www.uscny.edu](http://www.uscny.edu)

College level courses in business. One year college diploma program or two year associates degree in administrative assistant, business administration, data processing, accounting, business management, micro computer technologies program. TAP and PELL Grant information is available; year round schedule; day and evening classes available. Call for more information.

## SECTION 3: ENERGY CONSERVATION AND EMERGENCY ENERGY SERVICE

### Electric or Gas Emergency: Dial 911

**Families/Individuals Threatened with shut off of Gas or Electric:**  
**Shut off of electric or gas can be a life threatening situation.**  
**Take action immediately.**  
**Do not ignore shut off notices or late bills.**

If you are late or unable to pay your monthly energy bill, call the company:

NYSEG (NYS Electric and Gas): 1-800-572-1111

National Grid: 1-800-NIAGARA (1-800-642-4272)

REA Otsego Electric Cooperative: (607) 293-6622

- Talk to customer service representative. The representative will help you, based on your individual circumstances, to resolve your problem or may refer you to an agency which can help set up a plan of action.
- You must contact NYSEG or National Grid first before emergency assistance can be arranged.
- Contact the Department of Social Services (who will direct you where to go to apply for HEAP (Home Energy Assistance Program), or Emergency Assistance to Families (EAF) if HEAP is unavailable).
- If you are not eligible for EAF, you can contact the Department of Social Services to apply for one time FEMA funds for emergency fuel – these funds are sometimes available.
- If you have a life threatening situation and you have carefully followed the above steps and have been turned down by all, you may want to call the NYS Public Service Commission Hotline for help at 1-800-342-3355 (recorded message).

#### **A. Catholic Charities of Delaware, Otsego, and Schoharie Counties**

176 Main Street  
Oneonta, NY 13820  
607-432-0061

21 Liberty Street  
Sidney, NY 13838  
607-401-4071

Catholic Charities offers assistance with utility emergencies including electric shut-offs, heating assistance, hot water, etc. All other resources and programs must be exhausted prior to receiving assistance from Catholic Charities.

#### **B. Citizen Action Fuel Group**

94 Central Avenue  
Albany, NY 12206  
1-800-559-4645

*Leave a message. They return calls on Tues., Weds, and Thurs only*

Email: [cafg@citizenactionny.org](mailto:cafg@citizenactionny.org)

[www.cafg.org](http://www.cafg.org)

A non-profit fuel group using group purchasing power to provide members with fuel oil and kerosene at much lower prices over the heating season. Membership in group costs \$25/year and \$20/year for senior citizens. There are no income

eligibility requirements. There is a one time start up registration fee of \$5.00 for all. Call for an application and information. Full service dealers provide the fuel, offer credit terms and automatic delivery.

**C. New York State Gas and Electric (NYSEG)**

NYSEG Emergency: 1-800-572-1131

Credit assistance and payment arrangements: 1-888-315-1755

Website: [www.nyseg.com](http://www.nyseg.com)

Offers financial assistance/benefits and energy assistance to NYSEG customers.

**D. NYS Public Service Commission**

Consumer Services Division

3 Empire State Plaza

Albany, NY 12223

Hotline: 1-800-342-3355 Offers recorded informational messages.

Website: [www.dps.ny.gov/](http://www.dps.ny.gov/)

1. Consumers threatened with a shut off of gas, electric or steam:  
You must contact the energy company first. If no help, ask for staff assistance to arrange for deferred payment agreements ensuring that the company complies with the Home Energy Fair Practices Act.
2. Consumer's unresolved complaints concerning utility bills and services:  
HELPLINE: 1-800-342-3377. Monday – Friday, 10:00 AM - 4:00 PM  
TDD for Hearing/Speech Impaired: 1-800-662-1220  
*File a complaint online at:*  
<http://www3.dps.ny.gov/W/PSCWeb.nsf/All/B40C096675BE10C085257687006F39E7?OpenDocument>  
HELPLINE staff investigate each complaint, answers questions on electric, gas, telephone or privately owned water services.
3. New York State Energy Office  
1-866-NYSERDA  
Website: [www.nyserda.ny.gov/](http://www.nyserda.ny.gov/)  
Distributes energy conservation information, energy investment loans to businesses and zero interest loans for HEAP recipients.
4. ASK PSC  
<http://www.askpsc.com/>  
The Office of Consumer Policy maintains the web site with information on how to participate in Department proceedings, consumer assistance programs, shopping for your energy service and tips on saving energy and reducing your utility bills.

5. HEAP (Home Energy Assistance Program)  
(607) 547-1700, 1-800-422-2512  
HEAP is a federally funded Home Energy Assistance Program that may assist eligible candidates with fuel and utility assistance, emergency assistance and furnace repair and replacement.
  
6. Weatherization:  
(607) 433-0444  
The Weatherization Program is designed to help make your home more energy efficient, warmer and safer. Weatherization is available to income eligible homeowners and renters.
  
7. Assisted Home Performance with ENERGY STAR®  
(607) 433-0444 /FAX: 433-0440  
Offers Comprehensive Home Assessments to qualified Otsego County homeowners and tenants, as well as a 50% subsidy (up to \$4000) for all eligible improvement work, which includes energy efficiency and health and safety measures. Targeted to households at 60%-80% of the State Median Income. Funded by the New York State Energy Research and Development Authority (NYSERDA).
  
8. Home Performance with ENERGY STAR®  
(607) 433-0444 /FAX: 433-0440  
Offers Comprehensive Home Assessments to qualified Otsego County homeowners and tenants. May qualify for low interest energy loans for all eligible improvement work, which includes energy efficiency and health and safety measures. Targeted to income levels 80% and above of the State Median. Funded by NYSERDA.
  
9. Energy Opportunities  
There is a Fee for Service component of OFO for those looking for energy conservation services outside of the listed program services: (607) 433-0440.

**E. Otsego County Department of Social Services**

Otsego Co. Office Building (by mail)	The Meadows (in-person)
197 Main Street	140 County Highway 33W
Cooperstown, NY 13326	Cooperstown, NY 13326

Phone: (607) 547-1700, 1-800-422-2512  
Hours: Monday – Friday, 9:00 AM – 5:00 PM (except summer)  
Monday – Friday, 9:00 – 4:00 PM (July-August)

1. Emergency Aid to Families (EAF):  
(607) 547-1700, 1-800-422-2512



This program is designed to meet the emergency needs of families with children less than 18 years of age in specific circumstances. Call for more information. Must apply in person. Bring any shut off notice with you.

2. Home Energy Assistance Program (HEAP):  
(607) 547-1700, 1-800-422-2512

This program provides one-time benefit paid directly to fuel dealer. You must have vendor relationship for fuel oil, kerosene, electric, gas, wood, coal or rent and heat. Regular benefits program begins when funding is available. Funding is limited. Individuals and families receiving public assistance and food stamps are automatically eligible.

**F. Otsego County Sheriff**

172 County Highway 33 West  
PO Box 326  
Cooperstown, NY 13326  
(607) 547-4271

*For emergency only: dial 911*

Hours: Open 24 hours a day, seven days a week.

Call for assistance in case of life threatening situations and in relevant emergencies. Will notify fire department, ambulance or DSS (Department of Social Services) in case of emergency. No charge.

**G. Project Share (NYS Electric and Gas)**

Catholic Charities of Delaware, Otsego, and Chenango Counties

176 Main Street  
Oneonta, NY 13820  
607-432-0061

21 Liberty Street  
Sidney, NY 13820  
607-401-4071

Project Share provides financial assistance to NYSEG or National Grid elderly or disabled customers who require help to pay for basic energy needs. Can help pay for oil, gas, electricity, propane, or wood; or pay for repairs to heating equipment such as a broken furnace; or for weatherization such as a broken window. *You must first apply for HEAP to be considered. (See E-1 or E-2 in this section.)* No charge.

*You may be eligible if:*

- You have an energy related problem
- You are a NYSEG or National Grid customer or live in NYSEG or National Grid service area
- You have applied for HEAP
- You are eligible for Food Stamps or receiving Public Assistance
- You are/have:

- a non-HEAP eligible family with an income that does not exceed 5% of the regular or emergency HEAP guideline
- Age 60 or older
- Disabled, regardless of age
- a medical problem that is aggravated by the energy emergency, regardless of age
- an active duty service member regardless of income

## SECTION 4: FOOD AND NUTRITION SERVICES & CLOTHING

### A. **A. O. Fox Hospital Nutrition Consultation Services**

Fox Care Center  
1 Fox Care Drive  
Oneonta, NY 13820  
(607) 431-5181

<http://www.bassett.org/ao-fox-hospital/services/health-and-wellness/>

A registered dietitian is available for nutrition consultation within the Wellness and Education Center. You can get help to tailor a diet program that is right for you and your family. Have your doctor complete a Nutrition Consultation Referral form.

### B. **Bassett Healthcare Outpatient Nutritional Counseling**

#### ***To make an appointment***

For Cooperstown: 607-547-3456  
For Cobleskill: 518-254-3456  
For Delhi: 607-746-0300  
For Herkimer: 315-867-2700  
For Little Falls: 315-823-1000  
For Oneonta: 607-433-6300

Offers outpatient nutritional counseling. Call for information or appointment.

### C. **Breastfeeding Support: La Leche League or International La Leche**

Otsego County: (607) 638-9058 – call, text or email.

Also find them on Facebook at La Leche League of Otsego County, NY, USA  
1-877- 4-LALECHE (1-877-452-5324)

International La Leche: (800) 525-3243 (Monday – Friday: 9AM – 5 PM)

[www.llli.org](http://www.llli.org)

Provides education, information, support, and encouragement to women who want to breastfeed. Women's Meeting 2<sup>nd</sup> Wednesday of each month at 10:00am / Family Meetings 4<sup>th</sup> Wednesday of the month at 5:00 pm. Meetings are held at The First United Methodist Church, corner of Chestnut St. and Church St., Oneonta.

### D. **Cornell Cooperative Extension of Schoharie and Otsego Counties**

123 Lake Street  
Cooperstown, NY 13326  
(607) 547-2536  
(607) 547-5180 (FAX)

Email: [otsego@cornell.edu](mailto:otsego@cornell.edu)

Website: [www.cce.cornell.edu/otsego](http://www.cce.cornell.edu/otsego)

31 Maple Street  
Oneonta, NY 13820  
(607) 433-2521  
(607) 436-9682 (FAX)

1. EFNEP-Expanded Food & Nutrition Education Program – (607) 547-2536 – Promotes nutrition and physical activity through 6 lessons at no cost to the participant. A trained Nutrition Program Educator will meet individually or in a small group for interactive lessons focusing on meal planning, budgeting, preparing low cost, nutritional meals, and ways to increase physical activity, and much, much more! Eligibility is based on income and children in the household.
2. Master Gardener Program – (607) 547-2536 (Ext. 221) – Cornell trained volunteers answer questions and provide information about gardening, vegetable and fruit cultivation, pests and diseases, harvesting and food preservation (freezing and canning). Help for new or experienced gardeners. pH tests, pamphlets, information sheets and other resources are available. Also visit the Home Gardening Website: [www.gardening.cornell.edu](http://www.gardening.cornell.edu)

#### **E. Food: Soup Kitchens in Otsego County**

##### The Lord's Table

St. James Episcopal  
18 Elm St.  
Oneonta, NY 13820  
(607) 432-1458  
Mon. – Fri. 4:30pm – 6pm

##### Saturday's Bread

First United Methodist  
66 Chestnut St.  
Oneonta, NY 13820  
(607) 432-0803  
Saturdays only 11am – 1pm

##### Meal with a Message

Salvation Army  
25 River Street  
Oneonta, NY 13820  
(607) 432-5960  
Sundays 4pm after brief service

#### **F. Food Pantries of Otsego County (some restrictions may apply)**

##### 1. Burlington Flats

*First Baptist Church of Burlington Flats*  
101 Arnold Road  
Burlington Flats, NY 13315  
(607) 965-8914  
Contact: the Minister of the church, Pastor Jay Henderson

##### 2. Cherry Valley

*Daily Bread Food Pantry*  
The Community Center  
2 Genesee Street  
PO Box 328

Cherry Valley, NY 13320  
607-547-8734  
Hours: T 9 – noon and Sat 10 – 1 pm  
By appointment in emergency. Please call.

3. Cooperstown Food Pantry  
*First Presbyterian Church*  
25 Church St.  
Cooperstown, NY 13326  
(607) 547-8902  
Hours: Mon. – Fri 10am – noon; 2pm – 4pm /  
Last 2 Saturdays of the month 10am – noon except holidays.  
Restrictions: Once per month / serving Northern Otsego County ONLY
  
4. Edmeston  
*Second Baptist Church Food Pantry*  
7 North St.  
Edmeston, NY 13335  
Restrictions: by appointment only, limited to service of immediate area  
Contact: Doreen Bash [bushdkb@gmail.com](mailto:bushdkb@gmail.com) or (607) 965-8258
  
5. Gilbertsville  
*Butternut Valley Food Pantry*  
166 Marion Ave.  
Gilbertsville, NY 13776  
By Appointment only  
Contact: Lynn Hoadley: (607) 783-2862 or Hilary Fuller (607) 859-2631  
TH: 3-6PM and Sat: 10-12PM  
Restrictions – by referral only, for emergency use. Go to area ministers if possible.
  
6. Hartwick/Mt. Vision  
*Hartwick United Methodist Church*  
3080 County Hwy 11  
Hartwick, NY 13348  
Hours: Mon, Wed, & Thurs 10am – noon.  
Contact: Gina & Jim Palmer (607) 293-7331  
  
*St. Matthews Lutheran Church*  
125 Main St.  
Laurens, NY 13796  
(607) 432-9120  
Hours: call for an appointment
  
7. Mt. Upton  
*United Methodist Church*

1739 State Hwy 8  
Mt. Upton, NY 13809  
By appointment only  
Emergency needs call (607) 764-8365 and leave a message

8. New Berlin

*St. Andrews Episcopal Church*  
40 South Main St.  
New Berlin, NY 13411  
Hours: by appointment only  
Contact: Father Chuck Taylor at (607) 847-6361

9. Oneonta

*St. James Episcopal Church Food Pantry*  
305 Main St.  
Oneonta, NY 13820  
(607) 432-1458  
Hours: Mon. – Fri. 9am – 2pm  
After hours emergencies call number above

*St. Mary's Roman Catholic Church at Parish Center*  
38 Walnut St.

Oneonta, NY 13820  
(607) 432-3920, extension 212  
Hours: Mon. – Fri. 11am – 3pm  
Restrictions: Access to Oneonta food pantries is once every 30 days.  
3-day emergency supply to residents of Southern Otsego County.

*Salvation Army*

25 River St.  
Oneonta, NY 13820  
Call (607) 432-5960 in an emergency  
Contact: Sharon Haines  
Hours: Mon. – Fri.: 9:30am – 4:30pm  
Restrictions: Access to Oneonta food pantries is once per month. They will refer you to your area food pantry if there is one available

10. Otego

*Unatego Community Church*  
290 Main St.  
Otego, NY 13825  
Contact: (607) 604-4370 or the church (607) 369-3707  
Hours: Thursdays 3:15-5:15pm Saturdays 11am – 1pm, and by appointment

11. Richfield Springs

*Church of Christ Uniting*

22 Church St.

Richfield Springs, NY 13439

Hours: Tues. & Thurs. 10am – noon

2<sup>nd</sup> & 4<sup>th</sup> Saturdays 10am – noon

Contact: Ken Dreis (315) 858-0667 or the Church at (315) 858-1553

12. Schenevus - limited to service of immediate area only

*Tri-Valley Food Pantry - Schenevus Methodist Church*

66 Main St.

Schenevus, NY 12155

Contact: Judy Staruck at (607) 638-5509, Mary Mulbury at (607) 638-5409

or Kathy Fredette at (607) 638-5628

Restrictions: by appointment only, call for specifics.

13. Unadilla

*Unadilla Emergency Food Pantry - United Methodist Church*

170 Main St.

Unadilla, NY 13849

Hours: Mon., Fri. Sat. – 11am – 12:30pm

Contact: (607) 369-2052

14. Worcester - limited to service of immediate area only

*Worcester Food Pantry - First Presbyterian Church*

174 Main St.

Worcester, NY 12197

Contact: Geraldine Roe at (607) 397-1802

Restrictions: by appointment only, call for specifics.

**G. Holiday Food Baskets**- available from the following agencies in November and/or December. Please contact them for details.

1. Family Service Association – (607) 432-2870

2. Salvation Army – (607) 432-5960

**H. Food Stamps**

Otsego County Dept. of Social Services

(607) 547-1700

Toll free: 1 - (800) 422-2512

Mailing Address

197 Main St.

Cooperstown, NY 13326

Physical Address

Meadows Office Complex

1410 County Hwy 33W

Cooperstown, NY 13326

***Must be income eligible.*** Apply to find out. Phone for information or apply online. Request an application to be sent to you when you call. Complete all the information you can on the application. Be sure to fill out at least your name and address, the date and your signature. Bring or send the application to the Food Stamp Office as soon as possible. Your benefits, if eligible, will be counted from the date the signed, dated application is received at the Food Stamp Office; however, a face to face interview will still be required. You may qualify for expedited food stamps if you meet the criteria. This means your Food Stamp application must be processed within 5 calendar days. You can apply for food stamps online at <https://mybenefits.ny.gov>

New York State Food Stamp Hotline: 1-800-342-3009

If you are having trouble getting Food Stamps, call for information and help.  
No charge.

**I. Nutrition Outreach and Education Program (NOEP)**

Catholic Charities of Delaware, Otsego, and Schoharie Counties  
176 Main St.  
Oneonta, NY  
607-386-3562

The main focus of the program is to provide outreach to the lower income community and food insecure families and individuals and connect them to food and nutrition resources in their area within the county (food pantries, meal programs, etc.). The program also provides at home assistance for those who want to apply, re-apply, or recertify for SNAP benefits (formerly known as food stamps).

**J. Office of the Aging**

For Cooperstown: (607) 547-4232  
For Oneonta: (607) 432-9041

Home meal deliveries; senior meal locations; Farmers Market Nutrition Program.

**K. CNY Veteran's Outreach Center**

726 Washington Street  
Utica, NY 13502  
315-765-0975  
Hours: Thur 10am-2pm (or by appointment)  
<http://cnyvoc.org/>

Food Bank provided for veterans and families of veterans. Appointments available at Opportunities for Otsego, 3 West Broadway, Oneonta, NY 13820.



**L. (WIC) Women, Infants and Children**

Phone: (607) 433-8071

<http://www.ofoinc.org/find-program/women-infants-and-children/>

WIC provides supplemental food, health care referrals, and nutrition education for low-income pregnant, breastfeeding, and non-breastfeeding postpartum women and families with children under the age of 5 years old. Must meet income eligibility. Call for specific income requirements. This program stresses nutrition education and gives a family a voucher to purchase formula and nutritious food. Appointments available during the day, evening and Saturday appointments once a month. Outreach clinics also available.

**M. Clothing Services and Thrift Stores**

A. Catholic Charities

176 Main Street  
Oneonta, NY  
(607)432-0061  
Hours: M-F 9am-5pm  
Baby clothing

B. Catskill Area Hospice and Palliative Thrift and Boutique

261 Main Street  
Oneonta, NY  
(607)432-5335  
Hours: 10am-4pm Tuesday/Saturday  
Gently used clothing accessories, household goods, kitchenware at affordable prices.

C. CORE Value Thrift Shop

112 W. Main Street  
Stamford, NY  
(607)369-2827  
Hours 10am-4pm Wed-Sat.

D. Family Service Association Clothing Room

277 Chestnut Street  
Oneonta, NY  
(607)432-2870  
Hours: 9:30am-12:30pm M-W, 1:30pm-4:30pm M-TH.  
Free clothing, shoes, and bedding

E. Helping Hands Clothes Closet

Trinity Episcopal Church  
44 Main Street  
Binghamton, NY

(607) 760-4764- Call ahead for appointment  
Free women's clothing (professional)

F. Magic Closet

Episcopal Parish House  
162 Main Street  
Morris, NY  
(607)652-4772

Hours: 11am-4pm M-W, 11pm-6 TH/F, 10am-3pm Sat.

Low cost clothing household appliances, kitchenware, books, videos, etc.

G. Margaretville Thrift Shop

850 Main Street  
Margaretville, NY  
(845)586-3737

Hours: 12pm-4pm M-Sat  
Used clothing

H. Milford Clothing Bank

First United Methodist Church  
86 N Main Street  
Milford, NY  
(607)263-5116

Hours: 11am W/Sat., 4:30pm TH

Free clothing, toys, household goods

I. Salvation Army Thrift Shop

105 Main Street  
Oneonta, NY  
(607)432-0952

Hours: M,T,F,Sat. 9am-5pm, W/TH 9am-8pm

J. Shakedown Street

167 Main Street  
Oneonta, NY  
(607)436-9776

Hours: 11am-6pm M-Sun

Low cost women's, men's, and baby clothing

K. SPCA Better Exchange Thrift Shop

4841 State Hwy 28  
Cooperstown, NY  
(607)547-9462

L. The Arc Otsego- Community Diaper Program

For more information contact:

Erin Seeley  
Director of Employment Services  
(607)433-8447 x110  
[www.arcotsego.org](http://www.arcotsego.org)

M. Thrifty Shopper (Rescue Mission)

1139 Upper Front Street  
Binghamton, NY  
(607)348-0092  
Hours: 10am-9pm M-F, 9am-9pm Sat., 12pm-7pm Sun

N. Unadilla House of Consignment

214 Main Street  
Unadilla, NY  
(607)369-2827  
Hours: 10am-4pm Wed-Sat

## **SECTION 5: CRISIS INFORMATION, FAMILY SUPPORT SERVICES – SAFETY NET AGENCIES**

**A. AIDS Services** - (See Section 1: Counseling, Listening and/or Referral, #1)

**B. American Red Cross**

33 Everett Road  
Albany, NY 12205  
(518) 458-8111

Provides civil or natural disaster aid services to families and individuals including food, clothing, and shelter. Verifying agency for Project Share and Share and Care (see Section 3: Project Share- G). Classes in first aid, CPR and Water Safety. Services and information for families in the military. Call for information. No charge for information or disaster services. Minimal charge for courses and booklets.

**C. Catholic Charities**

176 Main Street  
Oneonta, NY 13820  
(607) 432-0061  
Hours: Monday – Friday, 9:00 AM – 5:00 PM.  
[www.charitiesccdo.org](http://www.charitiesccdo.org)

Services for families and individuals. Catholic Charities responds to community needs through advocacy, direct services and education. Offers emergency assistance and referral.

1. Child Care Resource and Referral (Child Care Connection):

(607) 432-0061 or 1-866-814-1117 (toll-free)

This program works to develop quality, reliable and affordable child care by recruiting, training and providing technical assistance to local child care providers and programs. CCR&R also provides parents with referrals to NYS registered and/or licensed child care providers and tips on choosing an appropriate provider. Sponsor of the Child and Adult Care Food Program (CACFP).

2. Community Maternity Services:

(607) 432-0061 OR (518) 295-6100

An outreach site of Community Maternity Services of Schoharie County serves pregnant and parenting teens in Otsego County. Home visits help to prepare young parents for the challenges of child rearing with information about child development, family budgets, operating a home and balancing work, school and parenting. Court ordered parenting education programs provided.

3. Dispute Resolution Center of Delaware, Chenango and Otsego Counties:  
(607) 432-0061; email: [ypcjm38@hotmail.com](mailto:ypcjm38@hotmail.com)  
Offers a full range of family, custody/visitation, community, peer, employer/employee, landlord/tenant, neighbor/neighbor, and special education mediation and dispute resolution. Includes a Peacemaker curriculum for school.
4. Otsego County Drug Treatment Court Case Management:  
(607) 432-0061  
(see Section 7: Legal and Consumer Services: I-4)
5. Victim's Impact Panel: (see Section 7: Legal and Consumer Services:A-3)

**D. Family Resource Network (FRN)**

46 Oneida Street  
Oneonta, NY 13820  
(607) 432-0001 or 1-800-305-8814  
FAX: (607) 432-5516  
Email: [familyrn@gmail.com](mailto:familyrn@gmail.com)  
Website: [www.familyrn.org](http://www.familyrn.org)

The Family Resource Network, Inc. (FRN) is a parent-run, parent-driven, non profit organization serving families of children with special needs in Otsego, Delaware, Chenango, Broome, Tioga and Tompkins Counties. FRN provides information, support and advocacy services to families who have children with developmental, special health care and mental health needs. In Otsego County, FRN facilitates both an Autism Spectrum Disorder support group as well as the Parent Support Network serving caregivers of children with any type of special need. FRN also offers a Parent to Parent Program, Special Education Advocacy Program, and a Resource Center which includes a library and access to a copier and fax, the internet, and the use of a conference room. FRN is a chapter of Families Together in NYS serving families who have children with emotional, behavioral or social disorders.

**E. Family Service Association of Oneonta, Inc.**

277 Chestnut Street  
Oneonta, NY 13820  
(607) 432-2870  
Hours: Mon. – Wed. (9:30 AM – 12:30 PM, 1:30 – 4:30 PM)  
Thurs. (1:30 - 4:30 PM)  
Fri. by appointment  
Website: [www.fsaoneontany.org](http://www.fsaoneontany.org)

Private human service agency which provides information, advocacy, and referral services for individuals and families in need. Call for information. No charge.

1. Clothing Programs: free used Clothing Room and Oneonta Clothing Guild\* *\*Guild serves Oneonta students only.*
2. Emergency Services Programs (Otsego County residents only): limited funds for necessary medications, transportation, housing search assistance, Back to School Program (school supplies), hygiene/cleaning supplies and furniture recycling.
3. Parent Resource Center: information/classes about parenting skills and child/adult development.
4. Holiday Programs: Thanksgiving Food Basket Program and Adopt a Family at Christmas.
5. Training: Volunteer training opportunities, Parent Group Facilitator and NYS Family Development Credentialing Programs are offered.

**F. LEAF Council on Alcoholism and Addictions** – See Section 1: Counseling, Listening and/or Referral, B-1.

**G. Mobile Crisis Assessment Team (MCAT)**  
(607) 433-2343

MCAT provides help during a crisis to children and adults in Oneida, Herkimer, Schoharie, Otsego Delaware and Chenango Counties. MCAT seeks to de-escalate a crisis situation, preventing possible harm, keeping the problem outside of the legal system and avoiding hospitalization when appropriate. MCAT has the ability to respond to crisis where they occur. MCAT works with the individual, family and community agencies. Concerns which are causing the person a serious problem in functioning is a reason to call. If this is not a crisis and you are seeking support and information, please call the Warm Line at: 607- 433-0661 or 1- 800- 377-3281 between the hours of 4:30 pm to 10:30 pm.

**H. New York State Child Abuse/Maltreatment Registry**  
NYS Department of Social Services  
40 North Pearl Street  
Albany, NY 12243

24 hour Hotline: 1-800-342-3720 to report suspected child abuse/neglect.  
Hotline available 24 hours a day, seven days a week. No charge for call.

**I. New York State Kinship Navigator**  
30 North Clinton Avenue  
Rochester, NY 14604  
Phone: 1-877-4KidInfo (1-877-454-6463)

TTY: New York Relay 711 or 1-800-421-1220  
Email: [navigator@nysnavigator.org](mailto:navigator@nysnavigator.org)  
Website: [www.nysnavigator.org](http://www.nysnavigator.org)  
Hours: Monday – Friday: 10 AM – 4 PM (a Kinship Specialist is available to assist you)

This program is operated by Catholic Family Center and is specifically designed to provide information and resources to kinship caregivers (grandparents, aunts/uncles, etc.) across all of New York State. They answer questions and provide information on topics such as legal rights regarding custody and visitation, decision-making authority, access to official records, eligibility for public assistance, foster care, tax credits, childcare and respite.

**J. Northeast Parent and Child Society**

297 River Street Service Road  
Oneonta, NY 13820  
(607) 441-5055/ fax (607) 441-5057  
<http://www.neparentchild.org/>

Northeast Parent & Child Society is a Health Care Integration Agency for Bridges to Health (B2H) is an OCFS Medicaid Waiver program that supports the health and well-being of foster children, allowing those with serious emotional disturbances, developmental disabilities, and medical fragility to receive supplementary services not otherwise available. The goal is to prevent institutional placement or hospitalization and reduce the number of children who live in foster care settings. Available Services, completes a comprehensive assessment and develops an individual plan for each child, identifies regional services that allows the child to remain in his/her home community, ensures the implementation and coordination of all services, support and training for successful functioning at home and in the community, planned and crisis respite to provide relief for the child and family, in-home training and support in addressing, avoiding, and reducing crises, 24-hour in-home crisis response and stabilization, development of self-help and adaptive skills, prevocational training and work setting support, assistance in addressing special needs in-home and at school, and adaptive and assistive technology and accessibility modifications for children with disabilities.

**K. Opportunities for Otsego, Inc.**

3 West Broadway  
Oneonta, NY 13820  
(607) 433-8000 or 1-800-986-5463  
[www.ofoinc.org](http://www.ofoinc.org)

Building Healthy Families: (607) 433-0444

Knowledgeable, caring paraprofessionals provide assessment, information and support during pregnancy and early childhood to eligible families as they prepare for and adjust to the changes that come with parenting. In-home partnerships with parents are begun during pregnancy and promote healthy births, positive and enjoyable parenting, and healthy child development. Support services are free, confidential, and individualized as participants achieve family wellness and realize goals according to interest and need. Families can enroll up to 3 months post birth and can enjoy visits for 3 to 5 years when their child either enters a Head Start program or until their child enters Kindergarten.

The Children's Center: (607) 433-8055

Provides drop-in day care for children 6 weeks-12 years of age whose caregivers have business in Family Court. The goal of the program is to protect children from witnessing the complicated issues discussed in the court room and allow parents to focus on addressing their needs. It is a national model that is supported by Head Start, the NYS Judicial Commission and the local Department of Social Services.

Early Head Start: (607) 433-8055

A community-based program for low-income families with infants and toddlers and pregnant women. The program promotes healthy prenatal outcomes, enhances child development, and promotes healthy family functioning. Families involved with Early Head Start are offered services until their child enters Head Start. Eligibility is based on Federal Income Guidelines. There are no fees for participation.

Head Start: (607) 433-8055

A comprehensive preschool program that helps children from low-income families develop the early reading and math skills they need to be successful in school. The program promotes school readiness by enhancing the social and cognitive development of children ages 3 through 5. There are 11 locations throughout Otsego County. Eligibility is based on Federal Income Guidelines.

The Toddler Room: (607) 432-5313

256 River Street  
Oneonta, NY 13820

The toddler room is an Early Head Start classroom located at the River Street site that provides developmentally appropriate educational services to children ages 18 months to 3 years. Hours of operation are 8am-2pm, Monday – Friday. This is a free program for low-income families. For more information and to apply, call the River Street site at 432-5313 or Opportunities for Otsego at 433-8000.



Universal Pre-Kindergarten: (607) 433-8273

Offers four year old children access to high-quality pre-kindergarten programs that prepare them for future school success by developing strong foundational skills in early literacy and numeracy.

WIC (Women, Infants, and Children): (607) 433-8071

Provides supplemental food, health care referrals, and nutrition education for low-income pregnant, breastfeeding, and non-breastfeeding postpartum women, and to infants and children up to age five. The program is linked to positive birth outcomes and enhances the overall health of pregnant women, new mothers, and infants. Income eligibility is 185% of Federal Poverty Level.

1. Crisis Intervention and Support Services: (607) 433-8038

- Emergency Housing Assistance Program: (607) 433-8337

*Hotline: (607) 433-8318, 24 hours/day, 7 days/week*

Provides advocacy and emergency housing for persons who are homeless or on the verge of homelessness. Provides emergency housing, assistance with finding permanent housing and advocacy.

- Violence Intervention Program: (607) 433-8038

*Hotline: (607) 432-4855, 24 hours/day, 7 days/week.*

*Collect calls accepted.*

The Violence Intervention Program provides free and confidential services to victims of sexual assault, rape, date rape, incest, intimate partner violence and family violence or any innocent victim of a crime. Adults and children who have experienced trauma in the form of physical, emotional, psychological or verbal abuse will be provided confidential support and services. Offers: a staffed domestic violence shelter, individual and group counseling, legal advocacy and court accompaniment, crime victim board compensation assistance, domestic violence and sexual assault prevention education for schools and community organizations, and volunteer opportunities. Also offers transitional housing to victims who qualify for these services.

- Weatherization: (607) 433-0444

The Weatherization Program is designed to help make your home more energy efficient, warm and safer. Weatherization is available to income eligible homeowners and renters.

- Assisted Home Performance with ENERGY STAR®: (607) 433-0444  
or fax: 433-0440

Offers Comprehensive Home Assessments to qualified Otsego County homeowners and tenants, as well as a 50% subsidy (up to \$5000) for all eligible improvement work, which includes energy efficiency and health and safety measures. Targeted to 60%-80% of the State Median Income households, who do not income qualify for WRAP. Funded by the New York State Energy Research and Development Authority (NYSERDA).

- L. **Otsego Adopt, Inc.:** (315) 858-0304 – (See Section 1: Counseling, Listening and/or Referral – K.)

**M. Otsego County Department of Social Services (DSS)**

Mailing Address

Otsego Co. Office Building  
197 Main Street  
Cooperstown, NY 13326  
(607) 547-4355

Physical Address

The Meadows  
140 County Highway 33W  
Cooperstown, NY 13326  
(607) 547-1700  
1-800-422-2512

Regular Hours: Monday – Friday, 9:00 AM – 5:00 PM

Summer hours (July & August only) Monday – Friday, 9:00 – 4:00 PM

The Department of Social Services is the agency which provides basic life support services to all citizens of Otsego County. Provides a wide variety of services which are described briefly here. For more information, call Social Services. No appointment is required to apply for Food Stamps, Temporary Assistance, Safety Net Assistance or Emergency Services. No new clients after 3:00 PM except for crisis or emergencies. You must have an appointment to apply for medical assistance.

Bring the following documentation: Birth certificates for all family members, Social Security numbers for all family members, health insurance card, rent/mortgage receipt, fuel/utility bills, phone bill, marriage certificate or divorce papers, custody papers, disability notice, unemployment book, proof of any income, life insurance, current savings/checking account statement. DSS consists of two divisions: Services Division and Eligibility Division. The following is a brief summary of what each provides.

**Services Division of DSS: (607) 547-4355**

1. **Child Preventive Services:**

Services offered to prevent disruption of family life and prevent placement of children in foster care. Parent must request the services.

2. Foster Care:  
DSS certified and supervised homes for children in need of temporary placement. Court ordered placement.
3. Adoption:  
Information and help to surrender children for permanent adoption or to adopt a child.
4. Children Protective Service (CPS):  
Investigates suspected child abuse or neglect upon referral from the NYS Child Abuse/Neglect Hotline. CPS insures that children's needs are met. Provides information to parents, services available to improve the home environment and referrals to services.
5. Protective Service for Adults: (607) 547-1700  
Investigates reports of possible abuse/neglect of adults and continue to work with adults who have protective needs.

**Eligibility Division of DSS: (607) 547-1700 or 1-800-422-2512**

1. Public Assistance: Financial assistance for basic needs.
  - Temporary Assistance (TANF) – Financial assistance for children and families in need. Basic needs met.
  - Safety Net Assistance – Financial assistance for single adults or households without children
  - Emergency Assistance for Adults (EAA) – Emergency assistance to SSI recipients which cannot be met by the basic SSI monthly check.
  - Emergency Assistance to Families (EAF) – Designed to meet the temporary emergency needs of families with dependent children under 21.

2. Medical Assistance:

Medicaid is a medical assistance program for low income individuals and/or families which covers the cost of medical care. Applicants must meet income and asset limits to be eligible. All children 5 and under who are 133% of poverty are eligible. No resource test. Pregnant women and infants up to age 1 are eligible at 185% poverty, no resource test. Call for an application. Request list of required documentation required to qualify. Information and brochure is also available on request. No charge.

3. Home Energy Assistance Program (HEAP):

This program provides one-time benefit paid directly to fuel dealer. Must have vendor relationship for fuel oil, kerosene, electric, gas, wood, coal or rent and heat. Regular benefits program begins when funding is available.

Limited funding. Individuals and families receiving public assistance are automatically eligible and do not need to apply. Food stamp recipients apply via mail to DSS. Applications are automatically mailed to recipients. Also see Otsego County Office (J) for Office of the Aging in this section as alternate certifiers.

4. Food Stamps:  
Provides monthly benefits to buy needed food. See Section 4: Food and Nutrition, #13
5. Medicaid Transportation: 1-800-388-9853. See Section 9: Medical/Dental Services, K-3
6. Employment Unit: See Section 2: Education/Job Skill Development, G-12
7. Child Care:  
Child care available to income eligible working parents or parents attending school or job training full time. Preventive child care is also available for at-risk families. Eligibility determined by income/circumstances. Call for information.
8. Homeless Services:  
Assistance with temporary housing, referrals, assistance to locate housing and household items, security letter/deposit. Personal interview required. Bring documentation.

**N. Otsego County Office for the Aging**

The Meadows  
140 County Highway 33W  
Cooperstown, NY 13326  
(607) 547-4232

403 Chestnut Street  
Oneonta, NY 13820  
(607) 432-9041

Offers the following services to *senior citizens (age 60 and older)*: adult day care; caregiver service; homemaker services; real property tax exemption information; entitlement counseling regarding Medicare, Medicaid, Food Stamps, etc.; EPIC elderly pharmaceutical insurance coverage; HEAP (Home Energy Assistance Program); HIICAP (Health Insurance Information Counseling Program); legal assistance; Lifeline; news exchange; nutrition services through Gathering Post meal sites and home delivery; ombudsman for residents at long term care facilities to help them understand and exercise their rights; senior employment; tax aid and assistance; transportation; and the 55-Alive safe driving course. Call for information, assistance and eligibility requirements.

**O. Parenting Group Meeting Series**

Family Service Association of Oneonta, Inc.  
277 Chestnut Street

Oneonta, NY 13820  
(607) 432-2870  
Hours: Monday – Friday, 9:30 AM – 4:30 PM (call first)  
Website: [www.fsaoneontany.org](http://www.fsaoneontany.org)

Programs designed for parents around personal growth, parenting skills, problem solving and sharing. Films, discussion, and resources are available. No charge.

**P. Prevention Information Resource Center (PIRC)**

Prevent Child Abuse New York  
134 South Swan Street  
Albany, NY 12210  
1-800-CHILDREN (1-800-445-1273)  
(available 24 hour/day, 7 days a week in English & Spanish)  
[www.preventchildabuseny.org](http://www.preventchildabuseny.org)

PIRC is an information and referral service for parents, child care professionals and other citizens who want to prevent child abuse and neglect. It provides information and materials about: child abuse and neglect; new parent and prenatal programs; parent education and support groups; services for parents under stress; services for abused children and adult survivors of abuse; New York's Child Protective System; and, National information networks.

**Q. Religious information**

- |   |  |
|---|--|
| 1. Apostolic Fellowship<br>420 Cty Hwy 58<br>Oneonta, NY 13820<br>(607) 433-0462                  | 2. Assembly of God<br>1667 Cty Hwy 48<br>Oneonta, NY 13820<br>(607) 432-4863                     |
| 3. Baha'i Faith<br>(607) 638-9016   | 4. Bible Baptist Church<br>County Hwy 11B<br>Mt. Vision, NY 13810<br>(607) 432-3676              |
| 5. Cherry Valley Assembly of God<br>37 Aldean Street<br>Cherry Valley, NY 13320<br>(607) 234-3306 | 6. Cherry Valley United Methodist<br>82 Main Street<br>Cherry Valley, NY 13320<br>(607) 264-3087 |
| 7. Christ Episcopal Church<br>38 Marion Ave.<br>Gilbertsville, NY 13776<br>(607) 783-2267         | 8. Christ Church of Cooperstown<br>46 River Street<br>Cooperstown, NY 13326<br>(607) 547-9555    |

- |  |   |
|--|---|
| <p>9. Christian Church<br/>3650 State Hwy 205<br/>Hartwick, NY 13348<br/>(607) 293-7548</p>  | <p>10. Christian Church of South Valley<br/>1153 St. Hwy 165<br/>Cherry Valley, NY 13320<br/>(607) 264-3035</p>     |
| <p>11. Church of Christ Uniting<br/>22 Church St.<br/>Richfield Springs, NY<br/>(315) 858-1553</p>                                   | <p>12. Church of the Holy Spirit<br/>Arch St.<br/>PO Box 354<br/>Schenevus, NY 12155<br/>(607) 432-6835</p>         |
| <p>13. Church of Jesus Christ<br/>Latter Day Saints<br/>Balmoral Rd.<br/>West Oneonta, NY 13861<br/>(607) 432-8195</p>               | <p>14. Community Bible Chapel<br/>577 Greenough Rd.<br/>Cooperstown, NY 13326<br/>(607) 547-9764</p>                |
| <p>15. Community Gospel Church<br/>12 Grove St. (Near 125 Main St.)<br/>Oneonta, NY 13820<br/>(607) 432-3075 Office - (2031)</p>     | <p>16. Congregation Philadelphia<br/>2580 County Hwy 11<br/>Hartwick, NY 13348<br/>(607) 293-6189</p>               |
| <p>17. Cooperstown Assembly of God<br/>Corner of Route 80W &amp; 28N<br/>PO Box 550<br/>Cooperstown, NY 13326<br/>(607) 547-2833</p> | <p>18. Cooperstown Church of Christ<br/>52 Linden Ave.<br/>Cooperstown, NY 13326<br/>(607) 547-1020 or 286-7410</p> |
| <p>19. Cooperstown United Methodist<br/>66 Chestnut St.<br/>Cooperstown, NY 13326<br/>(607) 547-9540</p>                             | <p>20. East Worcester United Methodist<br/>South Hill Rd.<br/>East Worcester, NY 12064<br/>(607) 397-9431</p>       |
| <p>21. Elm Park United Methodist<br/>401 Chestnut St.<br/>Oneonta, NY 13820<br/>(607) 432-6552</p>                                   | <p>22. Evangelical Lutheran Church<br/>4636 State Hwy 28<br/>Hartwick Seminary, NY 13349<br/>(607) 547-9613</p>     |
| <p>23. Faith Baptist of Cooperstown<br/>4900 State Hwy 28<br/>Cooperstown, NY 13326<br/>(607) 547-5067</p>                           | <p>24. First Baptist Church<br/>50 S. Broad St.<br/>Morris, NY 13808<br/>(607) 263-2575</p>                         |
| <p>25. First Baptist of Burlington Flats<br/>101 Arnold Road</p>   | <p>26. First Baptist of Cooperstown<br/>19 Elm St.</p>  |

- Burlington Flats, NY 13315  
(607) 965-8914
27. First Baptist of Oneonta  
71 Chestnut St.  
Oneonta, NY 13820  
(607) 432-2432
29. First Church of Christian Science  
61 Chestnut St.  
Oneonta, NY 13820  
(607) 432-8759
31. First Presbyterian - Cooperstown  
25 Church St.  
Cooperstown, NY  
(607) 547-8401  
[www.cooperstownpresbyterianchurch.org](http://www.cooperstownpresbyterianchurch.org)
33. First Presbyterian - Oneonta  
296 Main Street  
Oneonta, NY 13820  
(607) 432-4286
35. First Presbyterian - Worcester  
148 Main Street  
Worcester, NY 12197  
(607) 397-9260
37. First United Presbyterian  
381 Main St. (& corner of Walling)  
Oneonta, NY 13820  
(607) 432-7520
39. Gilbertsville Baptist Church  
PO Box 216  
Gilbertsville, NY 13776  
(607) 783-2993
41. Hartwick Christian Church  
PO Box 65 - North Street  
Hartwick, NY 13348  
(607) 293-6025
- Cooperstown, NY 13326  
(607) 547-9371 or 547-9258
28. First Christian Church  
704 County Hwy 6  
Otego, NY  
(607) 988-7144
30. First Presbyterian - Cherry Valley  
56 Alden St.  
PO Box 235  
Cherry Valley, NY 13320  
(607) 264-8336
32. First Presbyterian Gilbertsville  
Marion Ave.  
PO Box 341  
Gilbertsville, NY  
(607) 783-2867
34. First Presbyterian – Springfield  
5446 St. Hwy. 20  
East Springfield, NY 13333  
(607) 264-3111
36. First United Methodist  
66 Chestnut St.  
Oneonta, NY 13820  
(607) 432-4102
38. Fly Creek United Methodist  
852 County Hwy 26  
PO Box 128  
Fly Creek, NY 13337  
(607) 547-9946
40. Grace Episcopal Church  
32 Montgomery Street  
Cherry Valley, NY 13320  
(607) 264-8303
42. Hartwick United Methodist  
3080 Co Rd. 11  
Hartwick, NY 13348  
607-432-0397

43. Holy Cross Church  
43 West Main St.  
Morris, NY 13808  
(607) 263-5143
44. Hope Presbyterian Church  
(Meets at Community Christian School)  
158 River St.  
Oneonta, NY 13820  
(607) 829-6610 or 432-0383
45. Kingdom Hall-Jehovah's Witness  
7396 State Hwy 28  
Burlington Flats, NY 13315  
(315) 858-0067
46. Kingdom Hall-Jehovah's Witness  
2985 State Hwy 23  
Oneonta, NY 13820  
(607) 432-4414
47. Laurens Presbyterian Church  
3 Main Street  
Laurens, NY 13796  
(607) 432-3738
48. Living Water Faith Fellowship  
7 Lewis Street  
Oneonta, NY 13820  
(607) 433-2234
49. Lutheran Church  
1 Center St. (corner of West St.)  
Oneonta, NY 13820  
(607) 432-6852
50. Main Street Baptist Church  
333 Main St.  
Oneonta, NY 13820  
(607) 432-5712  
[www.msbchurch.org](http://www.msbchurch.org)
51. Maryland Baptist Church  
7575 State Hwy 7  
PO Box 46  
Maryland, NY 12116  
(607) 638-5452
52. Milford Center Community Bible  
2582 State Hwy 28  
Oneonta, NY 13820  
(607) 432-2973  
<http://mccbchurch.org/>
53. Milford United Methodist  
86 North Main St.  
Milford, NY 13807
54. Old Stone Church 1st Universalist  
Schuyler Lake, NY 13457  
(315) 858-2253
55. Mount Vision United Methodist Church  
PO Box 576, 2342 State Hwy. 205  
Mount Vision, NY 13810-0576  
607-432-0397  
<https://sites.google.com/site/mtvisionumc/>
56. Oneonta Assembly of God  
1667 County Hwy 48  
Oneonta, NY 13820  
(607) 432-4863  
<http://www.oneontaag.com/>
57. Orthodox Church in America  
Holy Myrrhbearers Monastery  
144 Bert Washburn Rd.  
Otego, NY 13825  
(607) 432-3179
58. Otego Baptist Church  
101 Main Street  
Otego, NY 13825  
(607) 988-6373 or 369-7425



59. Otego United Methodist Church  
8 Church St.  
PO Box 288  
Otego, NY 13825  
(607) 988-2866
60. Otego Presbyterian Church  
16 River Street  
Otego, NY 13825  
(607) 988-2861
61. Pilgrim Holiness Church  
83 Main St.  
East Worcester, NY 12064  
(607) 397-8973
62. Portlandville United Methodist  
2582 St. Hwy. 28  
Portlandville, NY 13834  
(607) 286-7762
63. Rangjung Yeshe Gomde  
Tibetan Meditation Center (Buddist)  
412 Glimmerglenn Road  
Cooperstown, NY 13326  
(607) 547-5051
64. Religious Society of Friends  
PO Box 238  
Fly Creek, NY 13337  
(607) 547-5450
65. Richfield Springs Bible Church  
17 Church St.  
Richfield Springs, NY 13439  
(315) 858-2989
66. River Street Baptist Church  
133 River St.  
Oneonta, NY 13820  
(607) 432-8285
67. St. James Episcopal Church  
305 Main St. (corner of Elm)  
Oneonta, NY 13820  
(607) 432-1458  
[www.st-james-oneonta.org/](http://www.st-james-oneonta.org/)
68. St. John's Episcopal Church  
98 Main St.  
Richfield Springs, NY 13439  
(315) 858-1121  
<http://stjohnsrchfield.org/>
69. St. John Lutheran Church  
2546 State Hwy 80  
West Burlington, NY 13482  
(607) 965-6643
70. St. Joseph's Catholic Church  
181 Main St.  
Worcester, NY 12197  
(607) 397-9373
71. St. Joseph's Roman Catholic  
35 Canadarago St.  
Richfield Springs, NY 13439  
(315) 858-1682  
[www.rcda.org/churches/stjosephtheworker/](http://www.rcda.org/churches/stjosephtheworker/)
72. St. Mary's Roman Catholic  
31 Elm St.  
Cooperstown, NY 13326  
(607) 547-2213
73. St. Mary's Roman Catholic  
39 Walnut St.  
Oneonta, NY 13820
74. St. Matthew's Lutheran  
125 Main St.  
Laurens, NY 13796

- (607) 432-3920  
<http://www.stmarysoneonta.org/>
75. St. Matthew's Episcopal Church  
240 Main St.  
PO Box 537  
Unadilla, NY 13849  
(607) 369-3081
76. St. Thomas Catholic Church  
1 Church St.  
Cherry Valley, NY 13320  
(607) 264-3779  
<http://turnpikecatholics.com/>
77. St. Timothy's Episcopal  
1776 County Hwy 34  
PO Box 74  
Westford, NY 13488  
(607) 638- 9019
78. Salvation Army  
25 River St.  
Oneonta, NY 13820  
(607) 432-5960
79. Schenevus Baptist Church  
15 Monitor St.  
Schenevus, NY 12155  
(607) 638-5866  
[www.fbcshenevus.com](http://www.fbcshenevus.com)
80. Schuyler Lake Methodist  
Church St.  
Schuyler Lake, NY 13457  
(607) 547-9946
81. Second Baptist Church  
7 North St.  
Edmeston, NY 13335  
(607) 965-8540
82. Second Baptist Church  
62 Main St.  
PO Box 373  
Worcester, NY 12197  
(607) 397-8353
83. Seventh Day Adventist  
634 State Hwy 205  
Oneonta, NY 13820  
(607) 432-8354  
[www.oneonta22.adventistchurchconnect.org/](http://www.oneonta22.adventistchurchconnect.org/)
84. South Edmeston Community  
4259 County Hwy 18  
South Edmeston, NY 13411  
(607) 847-6220
85. Southside Wesleyan Church  
5300 State Hwy 23  
Oneonta, NY 13820  
(607) 432-1083
86. Spirit & Truth Christian Assembly  
2886 County Hwy 8  
PO Box 122  
West Oneonta, NY 13825  
(607) 433 - 0129  
<http://spiritandtruthonline.com/>
87. Susquehanna Valley Baptist  
1796 County Hwy 48  
Oneonta, NY 13820  
(607) 432-8523  
[www.svibc.org](http://www.svibc.org)
88. Temple Beth El  
83 Chestnut St.  
Oneonta, NY 13820  
(607) 432-5522  
[www.templebetheloneonta.org](http://www.templebetheloneonta.org)

89. The Three Treasures Zen Center  
14 Wayman Dr.  
Otego, NY 13825  
(607) 988-7966  
[www.thethreetreasures.org/8501.html](http://www.thethreetreasures.org/8501.html)
90. Trinity Christian Reformed Church  
168 Main St.  
Richfield Springs, NY 13439  
(315) 858-2448
91. Unadilla Baptist Church  
16 Watson St.  
Unadilla, NY 13849  
(607) 369-7425
92. Unadilla United Methodist  
172 Main St.  
Unadilla, NY 13849  
(607) 369-2052  
[www.unaumc.com](http://www.unaumc.com)
93. Unitarian Universalist Society of Oneonta  
12 Ford Ave.  
Oneonta, NY 13820  
(607) 432-3491  
[www.uuso.org](http://www.uuso.org)
94. United Methodist Church  
3 North St.  
Edmeston, NY 13335  
(607) 965-8046
95. United Methodist Church  
13 Church St.  
Morris, NY 13808  
(607) 263-5162
96. United Methodist Church  
3229 State Hwy 166  
PO Box 235  
Roseboom, NY 13450  
(607) 264-3971
97. United Methodist Church  
111 Main St.  
PO Box 310  
Worcester, NY 12197  
(607) 397-9340
98. United Methodist Church  
70 Main St.  
PO Box 176  
Schenevus, NY 12155  
(607) 638-5867
99. West End Community Baptist  
128 Winney Hill Rd.  
Oneonta, NY 13820  
(607) 432-1294  
[www.wecbc.org](http://www.wecbc.org)
100. West Exeter United Methodist  
759 Gardner Rd.  
Burlington Flats, NY 13315  
(607) 965-8046
101. West Oneonta Baptist Church  
2845 County Hwy 8  
PO Box 224  
West Oneonta, NY 13861  
(607) 432-2290
102. Westville United Methodist Church  
[www.wobconline.com](http://www.wobconline.com)  
2706 County Hwy 35  
PO Box 274  
Schenevus, NY 12155  
(607) 433-1450

103. Word of Faith Fellowship  
6568 State Hwy 7  
Maryland, NY 12116  
(607) 432-4287  
[www.wofcfc.org](http://www.wofcfc.org)

104. Zion Episcopal Church  
158 Main St.  
Morris, NY 13808  
(607) 263-5927  
[www.zionparish.org](http://www.zionparish.org)

**R. Veteran's Affairs**

Veterans Service Agency-Otsego  
*Mailing Address*  
197 Main Street  
Cooperstown, NY 13326  
(607) 547-4224  
[www.otsegocounty.com/depts/vets/](http://www.otsegocounty.com/depts/vets/)  
Physical address:  
140 County 33W  
Cooperstown, NY  
Hours: Mon. – Fri. 9am – 2pm

Veterans Service Agency- NYS  
242 Main Street  
Oneonta, NY 13820  
(607) 432-4190  
Hours: Tues, Thurs, Fri.  
appointment only  
[www.veterans.ny.gov/](http://www.veterans.ny.gov/)

Information on benefits and help with problems. Available to all veterans, their dependents or survivors. No charge.

**S. CNY Veteran's Outreach Center**

726 Washington Street  
Utica, NY 13502  
315-765-0975  
Hours: Thur 10am-2pm (or by appointment)  
<http://cnyvoc.org/>

Emergency housing, housing placement, and employment services for veterans and their families. Food pantry items, clothing, and furniture available upon request. Appointments available at Opportunities for Otsego, 3 West Broadway, Oneonta, NY 13820.

**Suicide Prevention:**  
**National Suicide Prevention Hotline:**  
**1-800-273-TALK (8255)**

## **SECTION 6: HOUSING**

### **A. City of Oneonta Code Enforcement**

City Hall  
258 Main Street  
Oneonta, NY 13820  
(607) 433-3435 or City Clerk at 432-6450  
Hours: Monday – Friday, 8:00 AM – 4:00 PM  
EMAIL: [codeenforecement@oneonta.ny.us](mailto:codeenforecement@oneonta.ny.us)  
[www.oneonta.ny.us/sidebar-nav/code-enforcement/](http://www.oneonta.ny.us/sidebar-nav/code-enforcement/)

Enforcement of all fire and safety codes for rental housing in the City Of Oneonta. Call from tenants WELCOME. Confidentiality of informer protected. Codes enforcement takes an aggressive position through enforcement. Renters do not lose housing – a preventative approach. Also inspects day care houses for safety. Call to schedule a visit.

### **B. City of Oneonta Housing Authority**

2 Mitchell Street (Nader Towers – off River Street)  
Oneonta, NY 13820  
(607) 432-0170  
Hours: Monday – Friday, 8:00 AM – 4:00 PM

Provides information and applications for rental assistance for seniors and low income family housing in the City of Oneonta. You must file an application. Verification required. WAITING LIST, but openings in some categories. Also, sign up for Lettis Apartments. Regular inspections of the apartments. Pre-payment of first month's rent plus security deposit required. Bring: proof of income; proof of previous rent payment; and, references from former landlord. Verification of information is done by the Housing Authority staff. Fair hearing procedure available if family is turned down.

### **C. Habitat for Humanity of Otsego County**

Suite 284  
291 Chestnut St.  
Oneonta, NY 13820  
(607) 432-7874  
Email: [HabitatOtsego@gmail.com](mailto:HabitatOtsego@gmail.com)  
[www.habitatotsego.org](http://www.habitatotsego.org)

This non-profit organization builds and renovates decent affordable housing using volunteer labor and tax-deductible materials. Selected homeowners-to-be contribute "sweat equity", and the homes are sold to partnering families at no profit, financed with affordable, no-interest loans.

**D. Oneonta Single-Room Occupancy**

Catholic Charities Housing Office  
Office: 52 Maple Street, Oneonta  
607-436-92520  
[www.cchoalbany.org](http://www.cchoalbany.org)

The SRO provides housing for single low income adults with case management services available. There are 27 units of affordable, shared housing for low-income, single adults in need of stable, safe and affordable supported housing. The SRO's priority is to assist with homelessness or in preventing homelessness for at risk individuals who are low income and may be underemployed, marginalized and/or disabled or may be experiencing difficulties for a variety of reasons and would benefit from a supported living environment. The SRO is an applied for program- we are unable to assist with emergency housing as we maintain a waiting list. Please call or visit Maple Street for an application, applications are also available at Catholic Charities of Delaware, Otsego & Schoharie Counties at 176 Main Street, Oneonta, or by contacting the website at [www.cchoalbany.org](http://www.cchoalbany.org) and downloading the application and dropping it off or mailing it to Oneonta SRO Housing Office, 52 Maple Street, #13, Oneonta 13820.

**E. Oneonta Water Treatment Facility**

110 East Street  
Oneonta, NY 13820  
(607) 433-3470 or 433-3486 (Laboratory directly)

Tests drinking water for harmful bacteria. Drinking water test is \$35/sample. Pick up lab bottle and instructions from the water treatment plant. Call for further information.

**F. Opportunities for Otsego, Inc** – See Section 5: Crisis Information – Family Support Services – Safety Net Agencies, #11 c and d for the following:

1. Emergency Housing Assistance Program: (607) 433-8337 (office); 433-8318 (hotline)
2. Weatherization: (607) 433-8000
3. Assisted Home Performance with Energy Star®: (607) 433-8000
4. FIRST-TIME Home Buyer's Program: (607) 433-800

Financial assistance and support to low-income families to purchase and make repairs to their first home. Applicants must be seeking to purchase a home within The City of Oneonta and be able to qualify for and secure a mortgage.

**G. Otsego County Code Enforcement**

140 County Highway 33W, Suite 2  
Cooperstown, NY 13326  
(607) 547-4320  
Hours: Monday – Friday, 9 AM – 5 PM (until 4:00PM in July-August)

Provides fire and safety inspections for rentals and other buildings; issues building permits; issues certificates of occupancy; orders removal and cleanup of garbage, refuse, junk vehicle parts; ANSWERS HOUSING COMPLAINTS; and, does home inspections for day care and adult homes. Call or stop in.

**G. Otsego County Department of Social Services**

The Meadows Complex (*for Income Maintenance services*)

140 County Highway 33W

Cooperstown, NY 13326

(607) 547-1700, 1-800-422-2512

Hours: Monday – Friday, 9:00 AM – 5:00 PM (except summer)

Monday – Friday, 9:00 – 4:00 PM (July-August)

Assistance with temporary housing, referrals, assistance to locate housing and household items, security letter/deposit. Personal interview required. Bring documentation. See Section 5-M for more information

**H. Otsego Rural Housing Assistance, Inc. (ORHA)**

Hours: Monday – Friday, 9:00 AM – 4:00 PM

Offers a variety of services related to housing for low income families and individuals. No charge.

1. Rent Assistance Program

The Meadows

140 Co. Hwy. 33 W, Suite 4

Cooperstown, NY 13326

(607) 547-8839

Rent assistance for low-income renters.

2. Otsego Rural Assistance, Inc.

Milford Commons

50 West Main Street

PO Box 189

Milford, NY 13807

(607) 286-7244

Programs offered at this site are: Modifications for Handicap Accessibility and Independent Living; Emergency Housing Repairs for Seniors; Mortgage Counseling; and Home-buyer Assistance Program.

**I. RSS Housing Support Group**

35 Main St.

Oneonta, NY 13820

Every Tuesday of each month

1:00-2:00pm

Contact Mtn. View Social Wellness Club 1-80-377-3281

**J. CNY Veteran's Outreach Center**

726 Washington Street

Utica, NY 13502

315-765-0975

Hours: Thur 10am-2pm (or by appointment)

<http://cnyvoc.org/>

Emergency housing, housing placement, and employment services for veterans and their families. Food pantry items, clothing, and furniture available upon request. Appointments available at Opportunities for Otsego, 3 West Broadway, Oneonta, NY 13820.

**K. USDA, Rural Development (for Otsego County)**

Schoharie Service Center

Teresa Scutt, Area Specialist

101 Holiday Way

Schoharie, NY 12157

(518) 295-8600 ext 4

<http://www.rurdev.usda.gov/NYHome.html>

Oneonta-

8 Dietz Street

Oneonta, NY 13820

(607) 334-3814

1. 502 Housing Program - Subsidized-interest mortgage loans are available to low and very-low income persons to purchase adequate housing in rural areas. A Pre-Qualification Worksheet (Pre-Qual) is used to determine financing feasibility. Prospective housing must meet or be brought up to Rural Development's requirements. Improvement costs and closing fees can be included in the loan. No down payment is required. Call for additional information and to obtain a Pre-Qual.
2. 504 Repair and Rehab. Program – A 1% Rural Development (RD) loan is possible for very low-income households who own and live in the house which is located in a rural area. RD can finance essential repairs for correcting safety and health items for a maximum of 20 years. A Grant may be possible for applicants who are 62 or older, have a very low income, own or live in the house needing repairs and lack repayment ability for the 1% loan.



## SECTION 7: LEGAL AND CONSUMER SERVICES

### A. Catholic Charities

176 Main Street

Oneonta, NY 13820

(607) 432-0061

Website: [www.charitiesccdo.org](http://www.charitiesccdo.org)

Hours: Mon. – Fri., 8:30 AM – 4:30 PM.

Evening and weekend hours by appointment.

1. Otsego County Drug Treatment Court Case Management– Case management services are provided to participants of the Adult Otsego County Drug Treatment Court. Individuals who meet certain guidelines are eligible for case management services. These services are highly individualized for each participant and will increase individual's accessibility to services needed and will provide additional support to maintain a clean and sober lifestyle. (Also see I-4 in this section under Otsego County Treatment Courts)
2. Dispute Resolution Center of Delaware, Chenango and Otsego Counties  
The local center for dispute settlement: provides mediation services to residents of Otsego County to assist in resolving community conflict and personal disputes outside the courts. Conducts conflict management workshops. Volunteer mediator initial training and in-services available.
3. Victim Impact Panels - a national program meeting court ordered requirements for people who have committed crimes involving driving under the influence of drugs or alcohol to demonstrate the impact of these crimes on the community and to reduce recidivism. Along with providing important information relating to the effects of drug and alcohol consumption, participants who attend a Victim Impact Panel will hear the stories of real victims of drunk driving. Participants must register prior to the panel. There is a fee for this service which must be paid upon arrival for the program.
4. Alternatives to Incarceration - program offers eligible individuals who have been charged with crimes and violations in certain categories the opportunity to complete community service assignments in lieu of spending time incarcerated. This alternative sentencing program provides an opportunity for people to make restitution to the community for their crimes and violations.

### B. Cornell Cooperative Extension of Schoharie and Otsego Counties

123 Lake Street 31 Maple Street

Cooperstown, NY 13326 Oneonta, NY 13820

(607) 547-2536 (607) 433-2521

(607) 547-5180 (FAX) (607) 436-9682 (FAX)  
Email : [otsego@cornell.edu](mailto:otsego@cornell.edu)  
Website: [www.cce.cornell.edu/otsego](http://www.cce.cornell.edu/otsego)

Educational research-based resources on consumer issues including, but not limited to, food and nutrition, youth development, budgeting and safety. (See relevant sections on Education/Job Skill Development, Food and Nutrition Services, and Youth Programs.)

**C. Legal Aid Society, Inc.**

168 Water Street, 2<sup>nd</sup> Floor  
Binghamton, NY 13901  
Phone: (607)231-5900  
Toll Free: 1-800-821-9895  
FAX: (607) 724-7211

189 Main Street  
Oneonta, New York 13820  
Phone: (607) 821-9895  
Fax: (607) 433-1433  
By appointment only

1. Legal services - Legal services are provided for families and individuals who are eligible. Lawyers and paralegal aides available. Entitlement problems, advocacy consumer problems and creditors. Federal guidelines poverty level. Call for information, appointment necessary. Must be income eligible. All Office for Aging clients eligible.
2. Legal Aid for Victims of Domestic Violence, Sexual Assault and Stalking  
(607) 433-2600 or 1-800-821-9895 Help Line: 1-877-777-6152  
Provides free civil (non-criminal) legal services to victims of domestic violence, sexual assault and stalking. Clients generally must have low income and low resources, exceptions are made in some cases. Some of the legal services available include orders of protection, divorces, separations, child custody and child support. Also, assistance is available for other legal problems that keep victims from becoming independent from their abusers, such as problems with finances, housing, public benefits, access to healthcare, immigration and other legal problems.

**D. New York State Bar Association**

1-800-342-3661  
Website: [www.nysba.org](http://www.nysba.org)

The NYS Bar Association can help you find a lawyer in your area, provides guidelines for deciding when and how to hire a lawyer, and has information on how to get legal help if you can't afford it.

**E. New York State Division of Human Rights**

State Office Building  
44 Hawley Street, Room 603  
Binghamton, NY 13901  
(607) 721-8467 or 888-392-3644  
email - [InfoBinghamton@dhr.ny.gov](mailto:InfoBinghamton@dhr.ny.gov)

Agency Bldg 1, 2<sup>nd</sup> floor  
empire State Plaza  
Albany, NY 12223  
(518) 474-2705 (or 2707)  
[InfoAlbany@dhr.ny.gov](mailto:InfoAlbany@dhr.ny.gov)

website - [www.dhr.ny.gov](http://www.dhr.ny.gov)

Investigates complaints of discrimination because of sex, race, religion, color and/or ethnic origin in employment, credit, housing or public accommodation. Call for more information.

**F. Oneonta, City Code Enforcement** – See Section 6: Housing - A.

**G. Opportunities for Otsego, Inc.**

3 West Broadway  
Oneonta, NY 13820  
(607) 433-8000 or 1-800-986-5463  
[www.ofoinc.org](http://www.ofoinc.org)

See Section 5: Crisis Information/Family Support Services/Safety Net Agencies, K-1 for the following programs:

1. Emergency Housing Assistance Program: (607) 433-8318 (Hotline)
2. Violence Intervention Program (VIP): (607)432-4855 (Hotline–collect calls ok)

**H. Otsego County Code Enforcement** – See Section 6: Housing - G.

**I. Otsego County Courts**

1. Family Court

197 Main Street  
Cooperstown, NY 13326  
(607) 547-4264  
Hours: Monday – Friday, 9:00 AM – 5:00 PM

Family Court has original jurisdiction for all cases involving: abuse/neglect of children; child care; support of children; paternity and support of children born out of wedlock; termination of custody; juvenile delinquency or whether a person is in need of supervision (PINS); family offences; orders of protection; adoption proceedings; status review of foster children; support; and, custody. Call if you have questions related to any of the topics above. No charge.

2. Probation Department

197 Main Street  
Cooperstown, NY 13326  
(607) 547-4216  
Hours: Monday – Friday, 9:00 AM – 5:00 PM (9:00AM – 4:00PM July & August)

Provides intake, investigation and supervisory services for Otsego County Courts. Screening of cases not requiring judicial action, initial casework services and referral.

Investigation– preparation of pre-sentence reports concerning defendants. Family Court investigations encompass the individual's background from birth to present court appearance. Handles custody, visitation, abuse/neglect and adoption investigations ordered by Family Court.

Supervision – rehabilitative services to individuals placed on probation in Otsego County

Payment – of restitution ordered by courts.

PINS (Persons in Need of Supervision) – assist parents and schools in obtaining services for ungovernable children who are under age 18. These services are referred. You may refer yourself or be referred by an official. Call for appointment. No charge.

3. Surrogate Court

197 Main Street

Cooperstown, NY 13326

(607) 547-4338

Hours: Monday – Friday, 9:00 AM – 5:00 PM

Processes and records all petitions (administration of estates, adoptions, etc.). Holds genealogical records. Minimal charge for copies. No charge for information.

4. Otsego County Treatment Court

Otsego County Treatment Court Coordinator's Office

197 Main Street

Cooperstown, NY 13326

(607) 547-7510 or 1-866-571-9075

For more information on the Treatment Courts, or to make a referral, call the Treatment Court Coordinator, Leo Giovagnoli at (607) 547-4375.

The purpose of the Otsego County Treatment Court is to address the underlying reason for an individual's involvement with the court system: his/her chemical dependence. In Otsego County, the program provides comprehensive and integrated services to address the multifaceted needs of chemically dependent individuals/families. Criminal Treatment Court case management services provided through - Catholic Charities Case Management Services: 176 Main Street, Oneonta, NY 13820  
(607) 432-0061

5. Otsego County Department of Social Services (DSS) – Fair Hearing Procedures

Everyone who requests services from the Department of Social Services (Medicaid, Food Stamps, Public Assistance, etc.) has the right to request a Fair Hearing on any case decision. Read over your DSS notices carefully or ask an advocate to read it over with you. The Otsego County Department of Social Services would usually prefer to set up a conference with you about your concerns/issues/request and why it was denied or a change was made. At the conference, a representative from DSS will explain why the denial was made. If you still believe the denial is not justified, call 1-800-342-3334 (TTD - 1 (877) 502-6155) or go online at <http://www.otda.state.ny.us/oah/forms.asp> to request a hearing. Then, send a letter to the Albany address below telling them about your phone call and your request for a Fair Hearing. Ask to have your financial aid and services continued. (You have a right to request that services continue, however, if you lose the fair hearing, you will have to pay back any benefits you received and were not entitled to receive.) **KEEP A COPY OF THE LETTER AND ANY OTHER INFORMATION RELATED TO THE SITUATION.**

Send your letter to:  
New York State Office of Temporary and Disability Assistance  
Office of Administrative Hearings  
PO Box 1930  
Albany, NY 12201

In order to continue services while waiting for the Fair Hearing, you must make your Fair Hearing request before the EFFECTIVE DATE – the day the change in services is to take place. You may request the chance to review your case record. This can be done before and at the hearing. Let the eligibility worker have the request for your case record in writing immediately.

If you go for a Fair Hearing, the final decision would be made by a Fair Hearing representative from Albany following the actual Fair Hearing meeting. You have the right to ask for an advocate to be present with you at the hearing or at any conference you have at Social Services. Also, request the written summary of the decision and why it was determined by law/regulation.

J. Veterans Service Agency, Otsego County – see Section 5 Crisis Information / Family Support – R.

**Law Help online information and resources:**  
**<http://www.lawhelpny.org/>**

## **SECTION 8: SERVICES FOR CHILDREN & ADULTS WITH SPECIAL NEEDS**

### **A. Access Pass**

State Parks

Albany, NY 12238

(518) 474-2324

Website: [www.nysparks.com/admission/access-pass/](http://www.nysparks.com/admission/access-pass/)

An Access Pass permits a resident of New York State with a permanent disability free use of parks, historic sites and recreational facilities operated by the NYS Office of Parks, Recreation and Historic Preservation and the NYS Department of Environmental Conservation. For more information or an application for the Access Pass, contact the NYS Office of Parks, Recreation and Historic Preservation at the above number.

### **B. Association for Vision Rehabilitation and Employment, Inc.**

174 Court Street

Binghamton, NY 13901

(607) 724-2428

FAX: (607) 771-8045

Website: [www.avreus.org](http://www.avreus.org)

A private, non-profit organization that serves people with vision problems in the Twin Tier region, including Otsego County, offers technology, counseling and visual rehabilitation.

### **C. The Arc Otsego**

35 Academy Street (physical address)

PO Box 490 (mailing address)

Oneonta, NY 13820

(607) 432-8595

FAX: (607) 433-8430

Website: [www.arcotsego.org](http://www.arcotsego.org)

Hours of Administrative Offices: Monday – Friday, 8 AM – 4 PM

The Arc Otsego is a private, not-for-profit organization offering comprehensive, community-based services, support and programs to individuals with intellectual and other developmental disabilities and their families throughout Otsego County. Services include: in-home respite and rehabilitation support; day programs; sheltered employment at the Vocational Training Center; residential living options; clinical services; service coordination; adaptive technology and environmental modifications through the home and community based waiver; and guardianship services. Eligibility is based on a diagnosis of an intellectual and/or developmental disability.

**D. BOCES (Board of Cooperative Educational Services)**

1. BOCES SESIS (Special Education School Improvement Support) provides targeted support and technical assistance to school districts based on an identified district need. Specific needs have been determined based on data collected by NYSED related to educational programs and academic performance of students with disabilities within each district. SESIS works collaboratively with local school administrators and teachers to assess their staff development needs and develops and/or aligns programs to meet the needs of students with disabilities. The focus of SESIS is to provide technical assistance that will result in system wide school improvement.

Herkimer-Fulton-Hamilton-Otsego BOCES SESIS

352 Gros Blvd.

Herkimer, NY 13350-1499

Phone: (315) 867-2000

FAX: (315) 867-2087

Otsego – Northern Catskill BOCES SESIS

Phone: (607) 286-3337

FAX: (607) 652-1264

2. BOCES District Offices

Delaware-Chenango-Madison-Otsego BOCES

Chenango Campus

6678 County Road 32

Norwich, NY 13815

(607) 335-1200

Website: [www.dcmoboces.org](http://www.dcmoboces.org)

Hours: Monday – Friday, 8:00 AM – 4:30 PM

Robert W. Harrold Campus

270 BOCES Drive

Sidney Center, NY 13839

(607) 865-2500

Provides information and referral for students with special needs.

Programs for birth – 21 years old including home based, center based and classrooms. Multidisciplinary evaluations for pre-schoolers. Eligibility determined by diagnostic requirements. Birth – 3 year olds: parent may refer, funded through Health Department. Three to 5 year olds: center based pre-school for children with severe disabilities. Referral through Committee on Preschool Special Education (CPSE) of home school district. School age children served through Committee on Special Education (CSE) referral. Itinerant related services for school age. Referral through CSE. Centers in Norwich and Sidney Center for school age children with disabilities. Mainstreamed settings available. No charge.



Herkimer BOCES

352 Gros Boulevard

Herkimer, NY 13350

(315) 867-2000

Website: [www.herkimer-boces.org](http://www.herkimer-boces.org)

Referrals, resources and advocacy for infants and children with disabilities, and their families. Child must have diagnosed disability to be eligible. Birth – three, infant stimulation, home based program funded through Department of Health and Herkimer County. Early childhood special education program for three and four year olds. Referral by CPSE (Committee on Preschool Special Education) of local school district. Developmental readiness program for school aged children. Referral by CSE (Committee on Special Education). No charge. Serves school age population, also. A special Program provides educational outreach to migrant children and their families in a 13 county area.

Otsego – Northern Catskill BOCES

District Office

2020 Jump Brook Road

Grand Gorge, NY 12434

(607) 588-6291

Website: [www.oncboces.org](http://www.oncboces.org)

Northern Catskill Occupational Center

2020 Jump Brook Road

Grand Gorge, NY 12434

(607) 588 – 6291

Otsego Area Occupational Cntr.

1914 Co. Hwy. 35 (PO Box 57)

Milford, NY 13807

(607) 286 - 7715

The Otsego Northern Catskill BOCES Innovative Programs Department provides special education and itinerant services to school districts to augment their locally operated programs. Comprehensive programs are provided for exceptional children within integrated schools and community settings. Itinerant teachers are provided for academics, arts, student population not sufficient to justify a full-time position.

**E. Brain Injury Association of New York State**

10 Colvin Avenue

Albany, NY 12206

(518) 459-7911

Family Help Line: 1-800-228-8201

Website: [www.bianys.org](http://www.bianys.org)

Provides education, advocacy and community support services that lead to improved outcomes for children and adults with brain injuries. Offers toll-free Family Help Line, video library and regional support groups. Advocates for

appropriate public policies. Family Advocacy Counseling and Training Services Program (FACTS) Otsego County FACTS Coordinator - Cuca Roberts CBIS (607) 432-6364

**F. Broome Developmental Services**

229 State Street #3  
Binghamton, NY 13905  
(607) 771-7210  
Website: [www.opwdd.ny.gov/](http://www.opwdd.ny.gov/)

Broome Developmental Services is a unit of the NYS Office of Mental Retardation and Developmental Disabilities. Serves individuals with mental retardation or developmental disabilities from six years up. Call for more information.

a. High Risk Births Clinic

305 Main Street – 2<sup>nd</sup> floor  
Binghamton, NY 13905  
(607) 729-1295  
Hours: Monday – Friday, 8 AM – 4:30 PM or by arrangement.

Services for newborns through age 12. Developmental clinic for prevention of disabilities, diagnosis, evaluation and early intervention. Parent self-referral or agency referral. Medicaid, third party payment, sliding scale fee or no charge – depending on circumstances. Some off-site services by arrangement.

b. Otsego Regional Center

28 Hill Street  
Oneonta, NY 13820  
(607) 432-8860

Provides comprehensive services for people with developmental disabilities and their families. Evaluations, treatments, vocational training, child care services, recreational/ social programs and respite services available. No charge.

**G. Dispute Resolution Center of Delaware, Chenango and Otsego Counties**

Catholic Charities  
176 Main Street  
Oneonta, NY 13820  
(607) 432-0061 (Dial 0 for the Operator.)

Offers special education mediation and dispute resolution; includes a Peacemaker curriculum for schools.

**H. Catskill Center for Independence**

6104 State Highway 23 (P.O. Box 1247)  
Oneonta, NY 13820  
(607) 432-8000 (*Voice and TTY*)  
Website: [www.ccfi.us](http://www.ccfi.us)

Provides information, referral, advocacy, housing assistance, and/or information on transportation for individuals with disabilities. Attendant referrals, benefits advisement, peer counseling, resource center, consultants (re: architectural barriers), daily living skills training, support groups, employment advice. No charge for any services. Call for information. Transitional services offered for older youth.

**I. Down Syndrome Aim High Resource Center**

22 Corporate Wood Blvd., 5<sup>th</sup> Floor  
Albany, NY 12211  
(518) 438-1113  
Website: [www.dsahrc.org](http://www.dsahrc.org)  
Email: [info@dsahrc.org](mailto:info@dsahrc.org)

The mission of the Down Syndrome Aim High Resource Center (DSAHRC) is to provide parent-to-parent and professional services and support to individuals with Down syndrome and their families and to educate the broader community on Down syndrome. The services and support are provided to enable individuals with Down syndrome the opportunity to reach their fullest potential and to become fully included members of their communities.

**J. Early Childhood Direction Center**

Southern Tier Independence Center  
135 East Fredrick Street  
Binghamton, NY 13904  
(607) 724-2111  
FAX: (607) 722-3600  
E-Mail: [ecdc@stic-cil.org](mailto:ecdc@stic-cil.org)  
Website: [www.stic-cil.org](http://www.stic-cil.org)

Information and referral for parents and service providers who have questions about a child's development, birth – five years. The staff provides free consultation and assistance in linking a child or parent to the services needed.

**K. Early Intervention Program and Preschool Special Education**

Otsego County Department of Health  
Division for Children with Special Needs  
140 County Highway 33 W, Suite 3  
Cooperstown, NY 13326  
(607) 547-6474



**O. Mental Health Association in Ulster County, Inc.**

5546 State Highway 7  
Oneonta, NY 13820  
(607) 433-0700  
Hours: Monday – Friday, 9 AM-5PM  
[www.mhainulster.com/services](http://www.mhainulster.com/services)

**Mental Health Home and Community Based Services Waiver Program:**

Enables children to remain at home and in the community. Serves Otsego, Chenango and Delaware Counties. Services provided: individualized care coordination; crisis response services; intensive in-home services; respite care; family support services; and skill building services. Eligibility of children: are aged 5 through 17 at enrollment; have a serious emotional disturbance; require institutional level of care but are capable of being cared for in the home with support and/or services; have needs that cannot be met by just one agency or system; demonstrate complex health and mental health needs; and, have viable living arrangements and parents/guardians who are able and willing to participate in the HCBS Waiver and support their child in the home and community.

**Children’s Single Point of Access (SPOA): (607)547-1621**

These services include Intensive Case Management (ICM), Supportive Case Management (SCM), Home and Community Based Waiver, Family Based Treatment, and adult residential services. Each county is required to maintain Single Point of Access Committees that review all referrals and manage access to these services. Delaware County has two SPOA committees, one for children and one for adults with serious mental illness.

**P. Mothers And Babies Perinatal Network**

457 State Street  
Binghamton, NY 13901  
1-800-231-0744 or (607) 772-0517  
[www.mothersandbabies.org](http://www.mothersandbabies.org)

Non-profit agency provides information and referrals to perinatal and other services with the goal of improving perinatal health outcomes for women, infants, and families in South Central New York. Specific services include smoking cessation support for pregnant women and parenting family members, facilitated enrollment to assist individuals applying for public health insurance, pregnancy prevention programs for middle school children, and parent workshops. Provides informational materials on a range of issues including maternal/child health, prenatal care, HIV/AIDS, substance use, FAS (fetal alcohol syndrome), birth defects, family planning, and adolescent health.

**Q. NYS Commission on Quality of Care and Advocacy for Persons with Disabilities (CQCAPD)**

401 State Street  
Schenectady, NY 12305-2397  
1-800-624-4143  
Email: [webmaster@cqcapd.state.ny.us](mailto:webmaster@cqcapd.state.ny.us)  
Website: [www.cqc.ny.gov](http://www.cqc.ny.gov)

Offers outreach and advocacy for individuals with disabilities.

**R. Opportunities for Otsego –**

See Section 2 on Education/Job Skill Development, # 11  
Child and Family Development Program  
3 West Broadway  
Oneonta, NY 13820  
Website - [www.ofoinc.org](http://www.ofoinc.org)  
(607) 433-8000 or 1-800-986-5463

**S. Otsego Adopt, Inc.** - (315) 858-0304 - See Section 1 -Counseling, Listening and/or Referral –K.

**T. Otsego County Office for the Aging**

Cherry Valley  
The Old School  
Genessee St.  
(607)547- 6454  
Hours: Mon & Wed

Garrattsville  
New Lisbon Town Hall  
Co Hwy 16  
(607) 547-6454  
Hours: 3<sup>rd</sup> and 4<sup>th</sup> Wednesday

Oneonta  
Nader Towers  
2 Mitchell St.  
(607)432-2586  
Hours: Mon-Fri

Richfield Springs  
Veterans Club  
201 Lake Street  
(315)941-3886  
Hours: Mon-Fri

Elm Park  
U.M. Church  
401 Chestnut St.  
(607)433-8313  
Hours: Mon-Fri

Unadilla  
Neighborhood Apartments  
(607)369-2787  
Hours: 3<sup>rd</sup> Wednesday

Offers the following services to *senior citizens (age 60 and older)*: adult day care; caregiver service; homemaker services; real property tax exemption information; entitlement counseling regarding Medicare, Medicaid, Food Stamps, etc.; EPIC elderly pharmaceutical insurance coverage; HEAP (Home Energy Assistance Program); HIICAP (Health Insurance Information Counseling Program); legal assistance; Lifeline; news exchange; nutrition services through Gathering Post meal sites and home delivery; ombudsman

for residents at long term care facilities to help them understand and exercise their rights; senior employment; tax aid and assistance; transportation; and the 55-Alive safe driving course. Call for information, assistance and eligibility requirements.

**U. Parent to Parent of NYS**

213 Tracy Creek Road  
Vestal, NY 13850  
(607) 786-9060 Ext. 787  
Contact person: Jenni Austin  
Email: [jaustin@ptopnys.org](mailto:jaustin@ptopnys.org)  
Website: [www.parenttoparentnys.org](http://www.parenttoparentnys.org)

Parent to Parent of NYS connects you with a variety of services and programs that are available locally, regionally and nationally, to parents of children with special needs. Also provides matching to a parent who has a child with a similar disability or issue.

**V. Rehabilitation Support Services (RSS)**

Delaware/Otsego/Schoharie Division  
PO Box 781  
9 River Street  
Oneonta, NY 13820  
(607) 433-0002  
Website: [www.rehab.org](http://www.rehab.org)

Provides services and opportunities for meaningful emotional, vocational and educational growth for people experiencing mental illness. Services may include community residences, social club, case management, community education and respite services. Call for information on services in your area.

**W. Supplemental Security Income (SSI)**

Social Security Administration  
31 Main Street, Suite 1  
Oneonta, NY 13820  
Website: [www.ssa.gov](http://www.ssa.gov)  
1-877- 628-6581 (Oneonta) or 1-800-772-1213 (National)  
TTY: (607) 433-6607

Monthly SSI benefits based on income and assets of parents to support expenses of a family with a child or family member of any age who has a debilitating handicapping condition. Tax free dollars. Disabled person also receives Medicaid. Guidelines change. Local Social Security office will determine eligibility. No charge.

**X. Springbrook**

105 Campus Drive

Oneonta, NY 13820

Main Switchboard: (607) 286-7171

Website: [www.springbrookny.org](http://www.springbrookny.org)

- a. Kids Unlimited Preschool – See N. of this section
- b. Early Intervention and Preschool Evaluations: (607) 353-7272 Ext. 2900  
The evaluation team works with families to address concerns about a child's development. Evaluators include special education teachers, school psychologists, speech-language pathologists, and occupational and physical therapists. Children access the evaluation services through the NYS Department on Preschool Special Education (CPSE). Evaluations assist in determining a child's eligibility for special education services through local programs (EI [Early Intervention] and CPSE)
- c. Saturday Recreation Program: (607) 353-7272 Ext. 2505  
Springbrook has a recreation program for special needs children and adults. The program focuses on adaptive swim and activities centered around the experience and abilities of the individuals. The on-campus activities take place on Saturday mornings in the Springbrook's therapeutic pool and gym, a safe and secure environment conducive to special needs individuals and their families. Interested individuals will be assigned to age related groups. Staffing includes the coordinator and core of 4 employees with training related to the needs of the individuals served. Call for further information and an application. See *Section 2 G-13 for additional information about Springbrook.*
- d. Service Coordination and Home and Community Based Waiver Services: (607) 353-7272 Ext. 2500  
Service Coordination is about helping individuals with developmental disabilities and their families obtain the services, outcomes and dreams they desire. The Service Coordinator works hand in hand with the consumer and/or advocate to insure that the individual has access to the comprehensive social, medical, clinical, educational, vocational, residential and other services or supports that help the individual meet his/her potential. Through the Home and Community Based Waiver Service (HCBS) Springbrook can provide services in the home to individuals with disabilities. The Medicaid Service Coordinator can help access the services which are available through the Waiver. Waiver services could include residential habilitation, day habilitation, adaptive technologies, environmental modifications, respite and family education and training.



e. Social Club: (607) 353-7272 Ext. 2505

A social club for young adults (ages 10 and up) with special needs. The group focuses on increasing social skills and developing friendships. The group meets on Fridays from 6 PM – 8 PM in Springbrook's gymnasium. Contact Tammy Jones for information.

## **SECTION 9: MEDICAL/DENTAL SERVICES**

### **A. Albany Medical Center Perinatal Outreach**

43 New Scotland Ave., MC-90

Albany, NY 12208

(518) 262-5162

(518) 262-4159 (fax)

website: [www.amc.edu/patient/services/perinatal\\_outreach](http://www.amc.edu/patient/services/perinatal_outreach)

As the Level IV Regional Perinatal Center, Albany Medical Center provides transport and consultation services to birthing hospitals in a 25 county area of northeastern New York. Program services for women experiencing high risk or complicated pregnancy, as well as infants requiring specialized care. Use for emergency transport only.

### **B. AIDS Services – See Section 1: Counseling, Listening and/or Referral - A**

### **C. American Cancer Society**

Southern NY Regional Office- Sidney, NY

5 Oak Avenue

Sidney, NY

(607) 563-9634

1-800-227-2345 (National Info Line)

Website: [www.cancer.org](http://www.cancer.org)

Information on smoking cessation, support groups, coping and getting help.

### **D. Bassett Healthcare (including affiliated sites and partners)**

Switchboard: (607)547-3456 or 1-800-BASSETT

Website: [www.bassett.org](http://www.bassett.org)

Medicaid and most insurances accepted.

#### **1. Hospitals in the Bassett Healthcare system**

##### **a A. O. Fox Hospital and FoxCare Services**

1 Norton Ave.

Oneonta, NY 13820

Switchboard/Information: (607) 432-2000

Emergency Room: (607) 432-5000

Website: <http://www.bassett.org/ao-fox-hospital/>

##### **b Bassett Birthing Center**

1 Atwell Road

Cooperstown, NY 13326

(607) 547-3535 or 1-800-BASSETT

c Bassett Medical Center  
1 Atwell Road  
Cooperstown, NY 13326  
(607)547-3456 or 1-800-BASSETT  
Emergency Room: (607) 547-3355

d Cobleskill Regional Hospital  
178 Grandview Drive  
Cobleskill, NY 12043  
Switchboard: (518) 254-3456  
Website: [www.cobleskillhospital.org](http://www.cobleskillhospital.org)

Emergency room, inpatient adult care including medical rehabilitation services and specialty clinics. Medicaid accepted.

e Little Falls Hospital  
140 Burwell Street  
Little Falls, NY 13365  
(315) 823-1000  
Website: [www.bassett.org/little-falls-hospital](http://www.bassett.org/little-falls-hospital)

Emergency room, inpatient adult care including medical rehabilitation. Outpatient day surgery, radiology, laboratories

f O'Connor Hospital  
460 Andes Road  
Delhi, NY 13753  
Emergency Room: (607) 746-0300  
Website: [www.bassett.org/oconnor-hospital](http://www.bassett.org/oconnor-hospital)

Emergency room, inpatient adult care including medical rehabilitation services, specialty clinics, pharmacy.

g Tri-Town Regional Hospital  
43 Pearl Street  
Sidney, NY 13838  
(607) 563-7080  
Website: [www.bassett.org/tri-town-hospital](http://www.bassett.org/tri-town-hospital)

Emergency room. *No inpatient services.* Outpatient laboratories and radiology (CT, ultrasound, Xrays, mammograms)

2. Outpatient Centers in the Bassett Healthcare Network: Listed below are clinics within Otsego County. For a list of Bassett or AO Fox clinics outside Otsego County contact Bassett Healthcare at (607) 547-3456 or 1-800-BASSETT and A.O. Fox at (607) 432-2000

- a Cherry Valley  
*Community Health Center*  
2 Main Street  
Cherry Valley, NY 13320  
(607) 264-3036  
Hours: Monday, Tuesday, Thursday, Friday, 8:30 AM – 5:00 PM  
Wednesday, 1:00 PM – 9:00 PM

A private, primary care, health facility for the whole family. Medical exams/services, immunizations, referrals. Medicaid accepted.

- b Cooperstown  
1 Atwell Road  
Cooperstown, NY 13326  
Switchboard: (607) 547-3456 or 1-800-BASSETT

1. Medical and Specialty Clinics: (607) 547-3456
2. Pediatric Clinic : (607) 547-3290  
Full medical services for children. Pediatric specialties: hearing, speech, orthopedics, physical and occupational therapy, and cardiology. Medicaid accepted.
3. Psychiatry Clinic: (607) 547- 3500
4. Women's Health Clinic: (607) 547- 3160  
Reproductive, maternity and follow-up care by certified nurse-midwives and doctors. PCAP coordinated access to Medicaid and referral to local support systems. Introductory class on prenatal care, nutrition, nurse midwifery; for newly pregnant first-time moms. Childbirth classes offered later in third trimester of pregnancy.

- c Edmeston- Burlington  
2106 Route 80 (near Pathfinder Village)  
Edmeston, NY 13335  
(607) 965-8900  
Hours: Monday – Friday, 8:00 AM – 5:00 PM

- d Hartwick Seminary Specialty Services  
4580 State Hwy. 28  
Milford, NY 13807  
(607) 547-7646  
Hours: Monday – Friday, 8:00 AM – 5:00 PM

Plastic surgery, cosmetic services and advanced skin care; dermatology; interventional pain management

- e Morris  
93 Main Street  
Morris, NY 13808

(607) 263-5111

Hours: Monday – Friday: 8:00 AM – 5:00 PM; Tuesday until 8:00 PM

f Oneonta

- *Bassett Health Center*

125 Main Street

Oneonta, NY 13820

(607) 433-1790

Pediatrics (607) 433-1792

Hours: Monday - Thursday, 8:00 AM – 6:30 PM

Friday, 8:00 AM – 5:00 PM; Saturday, 8:00 AM – Noon

Pediatrics, obstetrics and adult primary care.

- *Child and Adolescent Health Care of Oneonta*

1 FoxCare Center – Route 7, Suite 213

Oneonta, NY 13820

(607) 432-5600

Hours: Monday – Thursday, 8:00 AM – 6:00 PM;

Friday, 8:00 AM – 4:00 PM

Offers full medical services for children, Medicaid accepted.

- *FoxNow Walk-in Healthcare*

5432 State Route 7

Oneonta, NY 13820

(607) 431-5052

Hours: 8 AM – 5 PM daily (7 days/week)

A walk-in clinic for treatment of minor illnesses and injuries. First come-first served. Most insurance accepted.

- *Oneonta Family Practice*

1 FoxCare Drive - Route 7, Suite 308

Oneonta, NY 13820

(607) 431-5555 (Appointments)

(607) 432-1163 (General Information)

Hours: Monday – Friday, 8:00 AM – 5:00 PM.

- *Oneonta Specialty Services*

One Associate Drive

Oneonta, NY 13820

(607) 433-6300

Hours: Mon. – Fri., 8 AM – 5 PM

Multi-specialty services including outpatient surgery, dialysis unit, eye care, orthopedics, sports medicine, physical therapy and other specialties. Call for details.

- *Southside Family Practice*  
Hannaford Plaza  
739 State Highway 28  
Oneonta, NY 13820  
(607) 431-5191
- *Susquehanna Family Practice*  
1 FoxCare Drive, Suite 103  
Oneonta, NY 13820  
(607) 431-5757  
Hours: Monday – Friday, 8:00 AM – 5:00 PM.

Primary health care.

- g Otego  
*Family Health Center*  
59 Main Street  
Otego, NY  
(607) 988-2854
- h Richfield Springs  
8550 State Highway 28  
Richfield Springs, NY 13439  
(315) 858-0040  
Hours: Monday – Friday, 8:30 AM – 4:30 PM
- i Sidney
- *Bassett Health Center*  
39 Pearl Street  
Sidney 13838  
(607) 561-2021  
Hours: Monday - Friday, 8:00 AM– 5:00 PM
  - *Sidney Primary Care*  
59 River Street  
Sidney 13838  
(607) 563-8022
- j Unadilla  
16 Clifton Street  
Unadilla, NY 13849  
(607) 369-2271  
Hours: Monday - Friday, 8:00 AM – 5:00 PM.

- k. West Winfield  
544 East Main Street  
West Winfield, NY 13491  
(315) 822-6348  
Hours: Monday - Friday, 8:00 AM – 5:00 PM
  
- l. Worcester  
*Southeastern Otsego Health Center*  
4 Decatur Street  
Worcester, NY 12197 (turn at Key Bank/look for sign)  
(607) 397-8783  
Hours: Monday - Thursday, 8:30 AM – 5:00 PM  
Friday, 8:30 AM – 4:30 PM
  
- 3. School Based Health Centers (SBHC) in the Bassett Healthcare Network  
School based health centers are located in various area schools throughout the region to provide diagnosis and treatment for acute illness and chronic illness. They also offer reproductive health services and mental health services. Preventive dental is also available in certain locations. Call for more information.
  - a. Cooperstown SBHC – (607) 547-5069 8:00am – 10:30am  
(607) 547-1105 11:00am – 4:00pm
  - b. Delaware Academy and Central School- (607) 746-7454
  - c. Edmeston Healthzone– (607) 965-6930
  - d. Laurens Healthzone – (607) 432-2050 ext-1300
  - e. Milford SBHC – (607) 286-7909
  - f. Morris Healthzone – (607) 263-2619
  - g. Richfield Springs Central School- (607) 858-0160
  - h. Schenevus SBHC – (607) 638-5402
  - i. Sidney Elementary & Middle School- (607) 561-7795
  - j. South Kortright Central School- (607) 538-1932
  - k. Stamford Central School- (607) 652-2065
  - l. Unadilla Valley SBHC (607) 847-6050

m. Worcester SBHC – (607) 397-1013

**E. Breast Feeding Support: La Leche League:** See Section 4 on Food/Nutrition Services - C.

**F. Fidelis Care**

5010 Campuswood Drive  
East Syracuse, NY 13057  
(315) 466-9567

<https://www.fideliscare.org/>

Fidelis Care is the New York State Catholic Health Plan, a not-for-profit which provides quality, affordable, New York State-sponsored health insurance coverage for people of all ages and at all stages of life. Representatives meet with clients at sites throughout the county, including Catholic Charities of Delaware, Otsego, and Schoharie Counties in Oneonta, New York.

**G. Catskill Area Hospice and Palliative Care, Inc.**

542 Main Street  
Oneonta, NY 13820  
(607) 432-5525

Website: [www.cahpc.org](http://www.cahpc.org)

Hours: 24 hour on-call service

Provides medical and emotional support for individuals and families coping with life-limiting illness. May be cared for at home, hospital or nursing home. Bereavement counseling, support groups and “Forget Me Not” for grieving children and teens. Serves Otsego, Delaware and Schoharie Counties.

**H. Child Health Plus Insurance Plan**

Depending on the family’s income, children (under age 19) may be eligible to join either Child Health Plus A (formerly Medicaid) or Child Health Plus B (a managed care plan). Plan A has no cost to the family. Premiums for Plan B are on a sliding scale. No co-payments or deductibles are required. Covered are: regular doctor visits, immunizations, emergency care, x rays, lab tests, prescriptions, sick visits, rehabilitation therapy, in-patient hospital care, dental trauma/care and mental health care.

One application per household. Proof of income, residency, birth certificate required. In Otsego area, call an enrollment coordinator at Mothers and Babies Perinatal Network (1-800-231-0744) for information and assistance. For other areas, call 1-800-698-4-KIDS for referral to the nearest enrollment coordinator.



1. Bassett Healthcare Children's Health Insurance Program (CHIP)

125 Main St.  
Oneonta, NY 13820  
(607) 433-4036 or toll free 1-866-348-1477

CHIP provides a unique service with free one-on-one assistance with the completion and filing of applications for the Medicaid and CHP health insurance programs. Whether meeting a parent at a School-Based Health Center (SBHC), hospital, their home, or in the community. Call for more information.

2. Mothers and Babies Perinatal Network (regional contact)

457 State Street  
Binghamton, NY 13901  
1-800-231-0744(607) 772-0517  
Hours: Monday – Friday, 8:30 AM – 4:30 PM  
Website: <http://www.mothersandbabies.org/enrollment.asp>

3. Opportunities for Otsego

3 West Broadway  
Oneonta, NY 13820  
(607) 772-0517 or 1-800-231-0744

A facilitated enroller is available to discuss and/or enroll eligible families and children in Child Health Plus, to get insurance or Medicaid.

4. Fidelis Care

5010 Campuswood Drive  
East Syracuse, NY 13057  
(315) 466-9567  
<https://www.fideliscare.org/>

Fidelis Care is the New York State Catholic Health Plan, a not-for-profit which provides quality, affordable, New York State-sponsored health insurance coverage for people of all ages and at all stages of life. Representatives meet with clients at sites throughout the county, including Catholic Charities of Delaware, Otsego, and Schoharie Counties in Oneonta, New York.

I. Dentists in Otsego County (All in general practice unless otherwise noted)  
According to the NYS Dental Association - Website: [www.nysdental.org](http://www.nysdental.org)  
(accessed May 2, 2013)

American Mobile Dental  
8 Grand St.

Dr. Bruce Aaronson  
53 Chestnut St.

Oneonta, NY 13820  
1-877-248-6684 or  
(607) 432-1010  
[www.americanmobiledental.com](http://www.americanmobiledental.com)

Dr. Francis Angelino  
53 Chestnut St.  
Oneonta, NY 13820  
(607) 432-4621

Dr. Alex Couden  
17 Walnut St.  
Oneonta, NY 13820  
(607) 432-3987

Dr. Robert Donnelly  
77 Main St.  
Cooperstown, NY 13326  
(607) 547-9331

Dr. Kathleen A. Evans  
6411 State Hwy 28  
Fly Creek, NY 13337  
(607) 547-1291

Dr. Hany Ghaleb  
200 Main St. / PO BOX 1298  
Richfield Springs, NY 13439  
(315) 858-1012

Dr. Kathy Knox  
374 Main St. / PO Box 334  
Otego, NY 13825  
(607) 988-6555  
[www.dentistotegony.com/](http://www.dentistotegony.com/)

Dr. Mark Lavine  
53 Chestnut St.  
Oneonta, NY 13820  
(607) 547-9108

Dr. Mary Michael  
One FoxCare Drive, Suite 304  
Oneonta, NY 13820  
(607) 433-1778

Oneonta, NY 13820  
(607) 432-4621

Dr. Prosperk Bonisi  
482 Main Street Oneonta, NY 13820  
(607) 433- 1472

Dr. Neal Demby  
One FoxCare Dr. Suite 304  
Oneonta, NY 13820  
(607) 433-1778

Dr. David Dugan – *Oral Surgeon*  
39 Country Club Rd.  
Oneonta, NY 13820  
(607) 432-8808

Dr. Michael Freedus – *Oral Surgeon*  
53 Chestnut St.  
Oneonta, NY 13820  
(607) 432-3564

Dr. Scott J. Heiland  
53 Chetsnut Street  
Oneonta, NY 13820  
(607) 432-4621

Dr. William Lado  
75 Market St.  
Oneonta, NY 13820  
(607) 432-2335

Dr. Donald F. Lynd  
82 Oneida Street Oneonta, NY 13820  
(607) 433-2037

Dr. Gerald Pondolfino  
39 Deitz St.  
Oneonta, NY 13820  
(607) 432-2867

Dr. Robert Pondolino  
39 Deitz St.  
Oneonta, NY 13820  
(607) 432-4681

Dr. Charles Randolph  
8 Grand St.  
Oneonta, NY 13820  
(607) 432-1010

Dr. Sunny Spinosa  
6 Double Day Court  
Cooperstown, NY 13326  
(607) 547-2313  
[www.cooperstowndentist.com/index.htm](http://www.cooperstowndentist.com/index.htm)

Dr. Amy Thompson  
53 Chestnut St.  
Oneonta, NY 13820  
(607) 432-4621

Dr. Raymond Traver, Director  
One FoxCare Drive, Suite 304  
Oneonta, NY 13820  
(607) 433-1778

Dr. Paul Weber  
5920 State Hwy 28  
Cooperstown, NY 13326  
(607) 547-1280

Dr. Leon Wiggin  
78 Chestnut St.  
Oneonta, NY 13820  
(60) 432-2161

Dr. Nicholas Zacharczenko Prosthodontist  
6 Double Day Court  
Cooperstown, NY 13326  
(607) 547-2313  
[www.cooperstowndentist.com/index.htm](http://www.cooperstowndentist.com/index.htm)

**J. Family Service Association of Oneonta**

277 Chestnut Street  
Oneonta, NY 13820  
(607) 432-2870  
<http://fsaoneontany.org/>

Provides limited emergency assistance for essential prescriptions and medications to lower income families or those dealing with crisis. Applying for Medicaid recommended, but not required for assistance. Call for information.

**K. In-Home Services - At Home Care**

25 Elm Street Oneonta, NY 13820  
(607) 432-7924 or 1-800-783-0613  
Office Hours: Monday – Friday, 8:00 AM – 5:00 PM.

On physician referral, provides intermittent skilled health care services to individuals in their homes. May be covered by Medicare, Medicaid and private insurers. Sliding scale for out-of-pocket payments.

**L. Medicaid**

1. Children – See H. in this section

2. Adults (age 19 and older)

*Otsego County Department of Social Services*

Mailing address – 197 Main St.  
Cooperstown, NY 13326

Physical address – Meadows Office Complex  
140 County Hwy 33W  
Cooperstown, NY 13326

(607) 547-1700 or toll free 1-800-422-2512

Hours: Monday – Friday, 9:00 AM – 5:00 PM (except summer)

Monday – Friday, 9:00 AM – 4:00 PM (July and August)

Medicaid is an assistance program for low income individuals and families which covers the cost of medical, dental and mental health care. Applicants must meet income and asset limits to be eligible. Call for application, and request a list of required documentation and an appointment. A personal interview and specific documentation is required to qualify. Information and a brochure is also available on request. No charge.

*Fidelis Care*

5010 Campuswood Drive  
East Syracuse, NY 13057  
(315) 466-9567

<https://www.fideliscare.org/>

Fidelis Care is the New York State Catholic Health Plan, a not-for-profit which provides quality, affordable, New York State-sponsored health insurance coverage for people of all ages and at all stages of life. Representatives meet with clients at twelve sites throughout the county, including Catholic Charities of Delaware, Otsego, and Schoharie Counties in Oneonta, New York.

*Opportunities for Otsego*

3 West Broadway  
Oneonta, NY 13820  
(607) 772-0517 or 1-800-231-0744

A facilitated enroller is available to discuss and/or enroll eligible families and children in Child Health Plus, to get insurance or Medicaid.

3. Medicaid Transportation – 1-800-388-9853 (provided by Birnie Bus)

Transportation to and from medical, optical, dental and psychological services available for Medicaid recipients. Call in advance to make arrangements. One week notice is needed. Some out of county travel available in special circumstances with 3 day notice needed, if possible. No charge.

**L. Office for the Aqing**

403 Chestnut St  
Oneonta NY 13820  
(607) 432-9041

The Meadows Complex  
Suite - 5  
140 Co. Hwy. 33W  
Cooperstown, NY 13326  
(607) 547-4232

Health insurance and pharmaceutical counseling for people over 60

**M. Oneonta Water Treatment Facility – See Section 6 – Housing – E.**

**N. Otsego County Department of Health**

140 County Highway 33 West, Suite 3  
Cooperstown, NY 13326  
(607) 547-4230  
<http://www.otsegocounty.com/depts/doh/>

1. Otsego County Public Health Nursing Department :  
(607) 547- 4230; after hours: (607) 547- 1697

Provides immunizations for adults and children; general health and wellness education; maternal and child home visiting and health education; dental health education; tuberculosis screening and treatment (by referral); STD (Sexually Transmitted Diseases) screening and referral; HIV counseling and testing; communicable disease surveillance and follow-up; rabies control program and animal bite investigation and follow-up; mosquito and tick borne illness surveillance and follow-up; car seat program; injury prevention and chronic disease programs; and, public health emergency preparedness and response.

2. Children with Special Needs:

Phone: (607) 547-6474  
Fax: (607) 547-6402

- Early Intervention Program: The Early Intervention Program's goal is to improve the identification, location, referral to care and follow-up of

infants and toddlers at risk of developmental delays and disabilities. Participation involves no cost to the family. Also see Section 8: Services for Children and Others with Special Needs, #11.

- Physically Handicapped Children's Program: Children, birth – 21, with certain medical conditions needing diagnosis may be eligible for financial help. The NYS Department of Health may pay approved health care providers for diagnosis and evaluation of eligible children. Call for current information.

3. Childhood Lead Poisoning Prevention Program: (607) 547-4230  
A Public Health Nurse provides education and home visits in the prevention of lead poisoning of children who are 0 – 6 years old.

**O. Family Planning of South Central NY**

37 Deitz St.

Oneonta, NY 13820

607) 432-2250

Website: <http://fpscopy.org/>

1-800-230-PLAN (will ring the nearest Family Planning Health Center)

Information and medical services related to birth planning and women's health. Call for appointment – pap smear, breast check, and medical exam. Reproductive health care for women and men. Referrals. Low cost contraceptives available. Testing for sexually transmitted diseases and pregnancy testing and counseling. All services confidential. Medicaid accepted, also sliding fee scale. No one refused care regardless of age or life circumstances or ability to pay.

**P. Prepared Child Birth Classes**

Bassett Healthcare – (607) 547-3535

Prenatal childbirth instruction for moms and coaches. Classes cover breathing techniques, pain management, anatomy, coach's role, newborn care, and many other topics. Call for times and locations.

**Q. Smoking Cessation**

1. NYS Smokers' Quitline: 1-866-697-8487

Provides information and referral to local services, offer to those eligible free starter nicotine replacement therapy (NRT) in patch or gum form or visit the website for online community support group.

Website: [www.nysmokefree.com](http://www.nysmokefree.com)

2. Rural Three for Tobacco Free Communities: 1-866-3RURAL3

Website: [www.rural3.org](http://www.rural3.org)

Provides resources and technical assistance to businesses, organizations, governments and individuals. Current projects include eliminating exposure to secondhand smoke by supporting smoke-free home, apartment and public outdoor area policies as well as reducing and removing tobacco industry advertisements, sponsorships, and promotional displays in Delaware, Otsego and Schoharie Counties.

3. Fresh Start – See American Cancer Society, letter C. in this section.

4. Smoking Cessation for Pregnant Women

Mothers and Babies Perinatal Network of South Central NY

457 State Street

Binghamton, NY 13901

1-800-231-0744

Website: [www.mothersandbabies.org/quitkit.asp](http://www.mothersandbabies.org/quitkit.asp)

Free individual counseling and quit kit offered to pregnant women and their families who would like to stop smoking.

**R. UHS Primecare / Pediatrics**

179 River St.

Oneonta, NY 13820

(607) 433-3484

Website: [www.uhs.net](http://www.uhs.net)

Offers general primary and pediatric services.

## SECTION 10: YOUTH PROGRAMS/SERVICES

### A. American Red Cross

Mohawk Valley Chapter (Main Office)  
1415 Genesee Street  
Utica, NY 13501  
(315) 733-4666 – 24 hr/day, 7 days/wk.  
Website: <http://www.redcross.org/ny/utica>  
Hours: 8:30 AM – 5:30 PM

During normal business hours, the Otsego office phones are forwarded to the Utica office when the Cooperstown office is not staffed. (+ Answering machine: 24 hr/day, 7 days/wk. And, 24 hours day/365 days a year, round the clock service for families in the military or disaster services)

Red Cross provides water safety courses, taught at Oneonta YMCA, Hartwick College, Clark Sports Center, and the State University at Oneonta. Lifesaving certification classes and aquatic survival classes, CPR, and First Aid courses are offered. Also offered are babysitting courses, 24 hour disaster assistance with volunteers, on call team, blood services and food bank referral.

(For **Project Share** see Section 3:G Energy Conservation and Emergency Energy Service. Or, see Section 5: B Crisis Information – Family Support Services – Safety Net Agencies, for additional information on Red Cross.)

### B. Big Buddy Program

Delaware Opportunities, Inc.  
35430 State Highway 10  
Hamden, NY 13782  
(607) 746-1600  
Email: [bigbuddy@delawareopportunities.org](mailto:bigbuddy@delawareopportunities.org)  
Website: [www.delawareopportunities.org](http://www.delawareopportunities.org)

The Big Buddy Program is a mentoring program that matches up volunteer adults with children (ages 5 to 14 years old) who are looking for a “special friend”: to serve as a role model, mentor and friend; to provide support, guidance and encouragement; and, to boost self-esteem and give children the tools they need to succeed in life. Big Buddies generally spend 4 to 8 hours a month with their Little Buddy. Group activities are offered once a month. All Big and Little Buddies enrolled in the program are invited to attend these group activities. There is no charge for the program or for the group activities. Call for more information, to volunteer, or to sign up for the program. Open to Otsego and Delaware County residents.



**C. Boy Scouts of America – Otschodela Council**

6134 State Highway 23 (P.O. Box 1356)

Oneonta, NY 13820

(607) 432-6491

FAX (607) 432-0388

(800) 778-6813

Website: [www.otschodela.org](http://www.otschodela.org)

Hours: Mon. through Thurs. 8:30am-5pm, Fri. 9am-4pm. Closed Saturday and Sunday.

Character development, physical fitness, citizenship through group and individual experiences. Year-round camping program. Serves boys first grade through 21 years of age. Call for information.

**D. Bugbee Children's Center (SUCO)**

Bugbee Hall

State Street

Oneonta, NY 13820

(607) 436-2484

FAX (607) 436-2664

Email: [childcenter@oneonta.edu](mailto:childcenter@oneonta.edu)

Website: <http://www.oneonta.edu/development/childcenter>

Hours: Monday – Friday 7 AM – 5:30 PM

The Bugbee Children's Center provides care for children aged 8 weeks to 5 years. Children attending elementary school during the day may enroll in the school-age program for holidays and vacations. The goal for the Center is to provide a safe, healthy, caring and stimulating environment for children. This environment is designed to meet the children's developmental needs by being emotionally nurturing, physically safe, and cognitively challenging. Sliding fee scale. SUCO students and staff have priority. Call for information and/or appointment.

**E. CDO Workforce Youth Services Program**

12 Deitz St.

Oneonta, NY 13820

(607) 432-4800

Employment and training counseling.

**F. Clark Sports Center**

124 County Highway 52

P.O. Box 850

Cooperstown, NY 13326

(607) 547-2800 FAX (607) 547-4100

Website: [www.clarksportscenter.com](http://www.clarksportscenter.com)

*Summer hours:* (Memorial Day-Columbus Day): Mon. – Fri.: 5:30 AM – 9 PM;

Sat. 8 AM – 6 PM. Sun.: closed

*Winter hours:* Mon. – Fri.: 5:30 AM – 9:30 PM; Sat.: 8 AM – 6 PM;

Sun.: 8 AM –6 PM.

Offers a wide choice of recreational activities and services for all ages.

Activities include: Sports programs, camping, hiking, swimming lessons, after school activities, summer camp, aerobics, rock climbing and more. Call for information. Reduced fee membership available with proof of income.

**G. Cornell Cooperative Extension of Schoharie and Otsego Counties**

123 Lake Street  
Cooperstown, NY 13326  
(607) 547-2536  
(607) 547-5180 (FAX)

31 Maple Street  
Oneonta, NY 13820  
(607) 433-2521  
(607) 436-9682 (FAX)

Email : [otsego@cornell.edu](mailto:otsego@cornell.edu)

Website: [www.cce.cornell.edu/otsego](http://www.cce.cornell.edu/otsego)

Hours: Monday – Friday: 8:30 AM – 4:30 PM

Cornell Cooperative Extension puts knowledge to work in pursuit of economic strength, ecological sustainability and social well-being. We bring local experience and research based solutions together, helping New York State families and communities thrive in our rapidly changing world. In Otsego County, Cooperative Extension offers education programming for youth, families, professionals and businesses.

**4-H Youth Development Program**

The 4-H Program offers a variety of educational and fun activities for youth ages 5-19 and adult volunteers. 4-H is the largest out-of-school youth organization in the United States with over 6 million youth members. Our history is rich—we have been around since the beginning of the 20<sup>th</sup> century—enriching the lives of youth and their families. Opportunities offered include Community Clubs, 4-H School Enrichment, Special Interest Groups and 4-H Overnight Summer Camp.

**H. Family Planning of South Central New York, Inc.**

37 Dietz Street  
Oneonta, NY 13820  
(607) 432-2252

Toll-free: (800) 230-PLAN (will ring nearest Family Planning Health Center)

FAX : (607) 432-2984

Website : <http://fpscopy.org/>

Hours: M-F 9am-5pm, T 9am-7pm, Thur 9am-6pm, Saturday (twice a month) 9am-1pm.

Clinic locations: Binghamton, Norwich, Oneonta, Sidney, Walton

The education department at Family Planning of SCNY is a trusted resource serving individuals, families and professional groups. Well-trained and experienced educators provide up-to-date information on human sexuality

and reproductive health. Parents often look to Family Planning of SCNY to help them comfortably deal with their children's questions, and questions of their own. The Education Resource Center has pamphlets, brochures, books and videos available. Many of these services are free and others are available for a modest fee.

## **I. Family Resource Network Youth Programs**

### **1. After-school program for Teens with Autism**

Grace Lutheran Church  
709 Main St.  
Vestal, NY 13850  
(607) 432-0001

Teens 13 to 19 years of age. Meets third Wednesday of every month, at 4:30-6:00 pm.

### **2. Clubhouse Project**

(607)432-0001

The mission of the Clubhouse Project is to provide resources for youth and young adults to develop pro-social skills that promote long-term health, wellness, recovery and a substance-free lifestyle. This will serve youth ages 12-17. Another component of the Clubhouse Project is the Club Odyssey Program, which will serve the young adult population, ages 18-21.

Every Friday evening at the FOR-DO (Friends of Recovery-Delaware/Otsego) site on Elm St.

### **3. Dragon Dates Social Skills and Recreation Program**

(607) 432-0001

Open to OPWDD eligible individuals, living in the family home, Dragon Dates meets monthly at prearranged, structured events or activities. The goal of this program is to promote social skills, networking among parents, and opportunities to meaningful participate in social experiences within the community. There is no fee for OPWDD eligible individuals and often a free or reduced fee for family members. Siblings are welcome! Ages 5+.

### **4. Summer Camp for Youth with Autism**

Grace Lutheran Church  
709 Main St.  
Vestal, NY 13850

### **5. Teen Scene**

46 Oneida St.

Oneonta, NY 13820  
(607) 432-0001

Discuss topics of interest: bullying, social issues, conflict resolution  
Ages 12-20  
Free of charge

**J. Girl Scouts Indian Hills Council**

(800) 943-4414  
3200 Chestnut Street #10  
Oneonta, NY 13820  
PHONE: (607)432-2910  
Website: [www.gsnypenn.org](http://www.gsnypenn.org)  
Facebook: <http://facebook.com/GSNYPENN>  
Twitter: <http://twitter.com/GSNYPENN>

Offers girls the opportunity to make new friends, develop leadership skills and build self-confidence through continuous adventures in learning that address current interests and future roles as women. Call for information.

**K. Girls on the Run / Girls on Track**

PO Box 1245  
Cooperstown, NY 13326  
(917) 375-1153  
Council Director: Jill Feury  
Website: [www.girlsontheruncny.org](http://www.girlsontheruncny.org)  
National program website: [www.girlsontherun.org](http://www.girlsontherun.org)

Girls on the Run Central New York is a chapter of the national Girls on the Run organization. Girls on the Run is a transformational learning program for 8 to 13 year-old girls. We teach life skills through dynamic, conversation-based lessons and running games. The program culminates with the girls being physically and emotionally prepared to complete a celebratory 5k running event. The goal of the program is to unleash confidence through accomplishment while establishing a lifetime appreciation of health and fitness. Contact Jill Feury for more information.

**L. Kids Unlimited Preschool of Springbrook**

5588 State Highway 7  
Oneonta, NY 13820  
(607) 353-7272 Ext. 2900  
FAX: (607) 286-7166  
Hours: Monday – Friday, 9:00 AM – 2:30 PM on a school calendar with a 6 week summer program.  
Daycare also available for students before and after the program (7:30 – 4:30).  
Website: [www.springbrookny.org](http://www.springbrookny.org)

Provides early childhood education for children ages 3 to 5 years in a safe, nurturing environment. Serves children with special needs and their peers in an integrated classroom. Classroom staff include a special education teacher, early childhood education teachers, teaching assistant and classroom aide. Eligible students may receive speech-language, occupational and/or physical therapy. Teaching staff facilitates learning through a developmentally appropriate, theme based curriculum, “hands on” learning experiences and cooperative activities in large and small groups. Parent participation is encouraged. Call for more information and enrollment. Eligible children with special needs can access the program through their local Committee on Preschool Special Education (CPSE) and will be enrolled directly through the CPSE with funding provided by the child’s county of residency.

**M. Oneonta Boys and Girls Club, Inc.**

70 River Street

P.O. Box 1117

Oneonta, NY 13820

(607) 432-1133

FAX: (607) 432-2146

Website: [www.oneontaboysandgirlsclub.org](http://www.oneontaboysandgirlsclub.org)

Hours: Mon. – Fri.: 1 PM – 9 PM; Sat.: 10 AM – 6 PM. Closed Sunday.

Like them on Facebook

Serving Otsego, Delaware and Chenango youth, ages 7-15 with continued membership up until the age of 21. Offers a wide range of sports activities as well as more leisurely programs such as: arts ‘n crafts, wood shop, game room activities, board games, etc. For more information, call or stop in and see the facility for yourself.

**N. Oneonta Community Alliance for Youth (OCA Y)**

Oneonta Teen Center

4 Academy Street

Oneonta, NY 13820

(607) 433-2009

Hours: Thurs.: 3 – 6 PM; Fri.: 7 – 11 PM; Sat. 7 – 11 PM

Located in the basement of the Armory, the Oneonta Teen Center provides programs for youth in Junior/Senior High School (13 to 19 years old). Recreational activities include music, karaoke, dances, game room, computer room and internet access, workshops, and snack bar. Tutoring available by inquiry. Youth employment available. Summer program. No charge.

**O. Oneonta Family YMCA**

20-26 Ford Avenue

Oneonta, NY 13820

(607) 432-0010                      FAX: (607) 432-6939

Hours:

M-TH 5:45am-9:30pm

F 5:45am-9pm

Sat 8am-4pm

Sun- CLOSED

Website: [www.oneontaymca.org](http://www.oneontaymca.org)

Like them on Facebook

Offers a wide choice of recreational activities and services: pool, gym, fitness center. Programs include youth gym and social program, swimming, gymnastics, family program, child care services, preschool program, after-school and vacation day programs, summer day camp, and other services. Annual, monthly, daily fees. Scholarships available. Call for information.

**P. Oneonta Police Department Explorer's Post #1908**

Public Safety Building

81 Main Street

Oneonta, NY 13920

(607) 432-1111 and ask for Lt. Douglas Brenner

Hours: Monday – Friday, 8:00 AM – 4:00 PM

Website: <http://www.oneonta.ny.us/departments/police/explorer-post-1908/>

Visit them on Facebook

Open to males and females who are between 14 and 21 years of age and who have completed the 8<sup>th</sup> grade. The core character traits that Explorers strive to maintain are: Respect, Responsibility, Honesty, Trust, Caring, Fairness, Self-Discipline, Courage and Citizenship. The objective of Post 1908 is to provide experience-based learning opportunities for individuals interested in working in the law enforcement field.

**Q. Otsego Co. Department of Social Services:** See Section 5: Family Support/Safety Net Agencies, M.

**R. Otsego County Office of Employment and Training**

12 Dietz Street

Oneonta, NY 13820

(607) 432-4800

FAX: (607) 432-4171

Website: [www.cdoworkforce.org](http://www.cdoworkforce.org)

Hours: 8:30 AM – 5:00 PM; summer (July and August) 9:00 AM – 4:00 PM

Provides assistance with job searches, resumes, assessment, development of marketable skills, and career exploration. Resource room with access to reference materials, copier, fax, telephone, computers, and the internet, for job seeking purposes. Classroom training and on-the-job training opportunities available for eligible individuals. Youth program provides similar assistance for individuals aged 14-21. No charge for services.

**S. Otsego County Youth Bureau**

197 Main Street  
Cooperstown, NY 13326  
(607) 547-4329

All areas of youth programming such as funding, research information and planning. Assists public and private groups to apply for 50% reimbursement for programs serving children, youth and families. Administers funds for NYS OCFS (Office of Children and Family Services) for recreation and youth services. Call for information about youth services.

**T. Richfield Springs Community Center, The Zone**

6 Ann Street (corner of Ann St. and Walnut St.)  
PO Box 108  
Richfield Springs, NY 13439  
(315) 858-0938  
Website: [www.richfieldzone.org](http://www.richfieldzone.org)  
Like them on Facebook

Provides a variety of programs for youth and the whole community including, but not limited to:

The Zone: Every Friday Night from 7:00 to 10:00 pm for teens in Grades 7-12.

After School Program: Every Wednesday and Friday afternoon during the school year from 3 to 5 pm for students in Grades 5 to 8.

PLAY: Positive Lifestyle Activities for Youth: Every Tuesday and Thursday afternoon during the school year from 3 to 5 pm for students in Grades K to 4.

## SECTION 11: TRANSPORTATION

### A. ABC Taxi

67 Maple St.  
Oneonta, NY 13820  
(607) 437-5267  
Website: <http://oneonta-ny-taxi.com/>

### B. A & D Taxi

83 Lower River Street  
Oneonta, NY 13820  
(607) 433-1726  
Website: <http://www.adtransportservices.com/>

### C. All Star Taxi

2595 County Hwy 35  
Schenevus, NY 12155  
(607) 267-1834

### D. Birnie Bus

1-800-734-3950  
<http://birniebus.com/>

### E. Bus Terminal:

47 Market Street  
Oneonta, NY 13326  
607-432-2661

Adirondack Trailways Bus: 1-800-776-7548 (24 hr customer service)

Greyhound Bus: 1-800-858-8555 (24 hr customer service)

Terminal Hours: M-F: 8 AM – 5 PM; Sat: 8:30 AM- 4 PM; Sun: 8:30 AM-5PM

Serves State Route 28 corridor Utica: Cooperstown - Oneonta and beyond.

### F. Gary's Taxi

221 Moyer St.  
Canajoharie, NY 13317  
(518) 673-3974

### G. Get There Call Center

1-855-373-4040  
Monday-Friday, 8:30am-4:30pm  
Toll-free service for transportation and trip planning.



**H. Hill City Taxi**

2 Lower River St.  
Oneonta, NY 13820  
(607) 433-2227

**I. Medicaid Transportation**

Medical Answering Service  
1-866-333-1030

Transportation to and from medical, optical, dental and psychological services available for Medicaid patients. Call in advance to make arrangements. **A full 3 business days' notice is required.** Some out of county travel available in special circumstances with doctor's referral. No charge.

**J. Oneonta Public Transit (OPT)**

Clinton Plaza  
104 Main Street  
Oneonta, NY 13820  
(607) 432-7100  
Hours: 7AM – 5:30PM Daily except Sunday  
Website: <http://www.optrides.com>

View their website or call for information regarding rates, OPT routes, schedules and handicapped services.

**Cooperstown Line:**

Bus service from Oneonta to Cooperstown and return. Routes 7 and 28 to and from Cooperstown. Currently the schedule is as follows:

Leaves Oneonta: M-F: Every hour between 6:00 AM and 5:00 PM

Leaves Cooperstown: M-F: Every hour on the hour from 7:00 AM – 6:00 PM

*\*On Saturdays only:* Leaves every 2 hours (Oneonta on even hours and Cooperstown on odd hours)

Cost: \$3.50 adult one way (ages: 18-62)

\$2.00 for senior citizens (age: 62+) or students (ages: 5-18)

free for children under 5

**Oneonta Line:**

Serves the City of Oneonta, the University, North and South Sides, East and West End, River Street/Downtown and Otego, Hillside

Cost: \$1.25 adult one way (ages: 18-62)

\$0.75 for senior citizens (age: 62+)

\$0.50 students (ages: 5-18)

Transfers - \$0.50

Free for children under 5

**K. Opportunities for Otsego**

Wheels to Work  
(607) 433-8335 ext. 5

Transportation assistance program designed to support income eligible households in acquiring safe, reliable transportation so adults may get to and from work. The program helps low-income adults to acquire employment and keep working, by coordinating the purchase of affordable/used vehicles, offering financial assistance for vehicle repairs, and general financial management skills.

To qualify for assistance, applicants must demonstrate the need for transportation assistance in order to obtain and/or retain employment and be a resident of Otsego County, employed or participating in a job training, receiving TANF services, or under 200% federal poverty rate.

**L. Otsego Express (GUS the Bus)**

928 County Highway 27  
Richfield Springs, NY 13439  
1-(800) 388-9853  
Website: [www.otsegoexpress.com/](http://www.otsegoexpress.com/)  
Cost: \$1.00 adults  
\$ 0.50 seniors age 60+  
free under age 6

Public transportation on several routes throughout Otsego County, handicapped accessible with 24 hour notice. Monthly passes, senior citizen discounts, single trip fare. Zoned service provides “dial-a-ride” pick-up/drop-off on certain days. View their website or call for rates, routes and/or schedules.

**M. Tri Town Taxi**

53 River St.  
Sidney, NY 13838  
(607) 563-9393

**N. Veterans Service Agency, Otsego County**

197 Main Street  
Cooperstown, NY 13326  
(607) 547-4224  
Hours: Monday – Thursday:  
9:00 AM – 3:00 PM  
Website: [www.otsegocounty.com/depts/vet/VATransportation.htm](http://www.otsegocounty.com/depts/vet/VATransportation.htm)

**Veterans Services - NYS**

242 Main Street  
Oneonta, NY 13820  
(607) 432-4190  
Hours: Tues., Thurs. and  
Fri. - 9:00 AM – 1:00 PM

The VA Agency of Otsego County provides assistance to veterans and their families in understanding and applying for veterans’ benefits. They operate a

passenger vehicle Tuesday thru Friday from various Otsego County locations to the VA hospital in Albany and back for ALL veterans, plus some Social Services, Medical Assistance recipients by prior arrangement. Pick up points in Oneonta and other communities. Call to make a reservation. IT IS VERY IMPORTANT THAT ALL VETERANS SEEKING TRANSPORTATION CONTACT THE DRIVER A MINIMUM OF TWO (2) DAYS IN ADVANCE OF THE SCHEDULED APPOINTMENT.

Contact Ward Goodale, Driver, at (607) 267-8571 or (315) 264-3995.

## SECTION 12: TELEPHONE/WEBSITE INDEX - ALPHABETICALLY

AGENCY	PHONE	WEBSITE
ABC Taxi	(607) 437-5267	<a href="http://www.oneonta-ny-taxi.com">www.oneonta-ny-taxi.com</a>
ACCESS Pass NYS Parks	(518) 474-2324	<a href="http://www.nysparks.com">www.nysparks.com</a>
A&D Taxi	(607) 433-1726	<a href="http://www.adtransportservices.com">www.adtransportservices.com</a>
Adirondack Trailways	1-800-858-8555	<a href="http://www.trailwaysny.com">www.trailwaysny.com</a>
Afton - Adult Education	(607) 639-8200	<a href="http://www.afton.stier.org">www.afton.stier.org</a>
AIDS Services Catholic Charities	(607) 432-0061	<a href="http://www.ccrda.org">www.ccrda.org</a>
AI-Anon Otsego		<a href="http://www.nynafg.com">www.nynafg.com</a>
Albany Medical Center Perinatal	(518) 262-8447	<a href="http://www.amc.edu">www.amc.edu</a>
Alcoholics Anonymous	1-888-227-6237	<a href="http://www.ny-aa.org">www.ny-aa.org</a>
American Cancer Society	(607) 563-9634	<a href="http://www.cancer.org">www.cancer.org</a>
toll-free	1-800-227-2345	
American Red Cross		
Southern Tier Region	(607) 785-7207	<a href="http://www.southerntierredcross.com">www.southerntierredcross.com</a>
A.O. Fox Hospital	(607) 432-2000	<a href="http://www.bassett.org/ao-fox-hospital">www.bassett.org/ao-fox-hospital</a>
FoxCare	(607) 432-5600	
FoxNow Walk-in	(607) 431-5052	
Nutrition Services	(607) 431-5181	
ARC Otsego	(607) 432-8595	<a href="http://www.arcotsego.org">www.arcotsego.org</a>
Association for Vision Rehabilitation	(607) 724-2428	<a href="http://www.avreus.org">www.avreus.org</a>
At Home Care	(607) 432-7924	
toll-free	1-800-783-0613	
BASSETT HEALTHCARE	(607) 547-3456	<a href="http://www.bassett.org">www.bassett.org</a>
toll-free	1-800-227-7388	
Childbirth Classes	(607) 547-3535	
Child Health Insurance Program (CHIP)	(607) 433-4036	
toll-free	1-866-348-1477	
HIV Testing	(607) 433-1790	
Social Work Services	(607) 547-3640	
Psychiatry	(607) 547-3500	
<u>Nutritional Services</u>		
Cobleskill	(518) 254-3456	
Cooperstown	(607) 547-3456	
Delhi	(607) 746-0300	
Herkimer	(315) 867-2700	
Little Falls	(315) 823-1000	
Oneonta	(607) 433-6300	
<u>Outpatient Clinics</u>		
Cherry Valley Community Health Cntr	(607) 264-3036	
Cooperstown Primecare	(607) 547-3456	
<u>Bassett Outpatient Clinics</u>		
Cooperstown Pediatrics	(607) 547-3290	
Cooperstown OBGYN	(607) 547-3160	
Edmeston/Burlington	(607) 965-8900	

Hartwick Seminary Specialty Serv.	(607) 547-7646	
Morris	(607) 263-5111	
Oneonta - Main St.	(607) 433-1792	
Oneonta Family Practice	(607) 432-1163	
Oneonta Specialty	(607) 433-6300	
Southside Family Practice	(607) 431-5191	
Susquehanna Family Practice	(607) 431-5757	
Otego Family Health Center	(607) 988-2854	
Richfield Springs	(315) 858-0040	
Sidney Health Center	(607) 561-2021	
Sidney Primary Care	(607) 563-8022	
Unadilla	(607) 369-2271	
West Winfield	(315) 822-6348	
Worcester Southeastern Health Cntr	(607) 397-8783	
<u>Outreach Hospitals</u>		
Cobleskill Regional	(518) 254-3456	<a href="http://www.cobleskillhospital.org">www.cobleskillhospital.org</a>
Little Falls Hospital	(315) 823-1000	<a href="http://www.bassett.org/little-falls-hospital">www.bassett.org/little-falls-hospital</a>
O'Connor Hospital	(607) 746-0300	<a href="http://www.bassett.org/oconnor-hospital">www.bassett.org/oconnor-hospital</a>
Tri-Town Regional	(607) 563-7080	<a href="http://www.bassett.org/tri-town-hospital">www.bassett.org/tri-town-hospital</a>
<u>School-Based Health Centers</u>		
Cooperstown	(607) 547-5069	8am - 10:30am
	(607) 547-1105	11am - 4pm
Edmeston	(607) 965-6930	
Laurens	(607) 432-2050	ext: 1300
Milford	(607) 286-7909	
Morris	(607) 263-2619	
Schenevus	(607) 638-5402	
Unadilla Valley	(607) 847-6050	
Worcester	(607) 397-1013	
Big Buddies Program	(607) 746-1600	<a href="http://www.delawareopportunities.org">www.delawareopportunities.org</a>
BOCES-DCMO Norwich	(607) 335-1438	<a href="http://www.dcmoboces.com">www.dcmoboces.com</a>
BOCES-DCMO Sidney	(607) 335-1439	
BOCES Herkimer County	(315) 867-2000	<a href="http://www.herkimer-boces.org">www.herkimer-boces.org</a>
BOCES - Otsego Area Occ. Center	(607) 286-7715	<a href="http://www.oncbces.org/otsegocenter">www.oncbces.org/otsegocenter</a>
BOCES-SEIS Herkimer	(315) 867-2000	
Otsego	(607) 286-3337	
Norwich	(607) 335-1200	
Sidney	(607) 865-2500	
Boy Scouts of America - Otschodela	(607) 432-6491	<a href="http://www.otschodela.org">www.otschodela.org</a>
toll-free	1-800-778-6813	
Brain Injury Association of NYS	(518) 459-7911	<a href="http://www.bianys.org">www.bianys.org</a>
family helpline	1-800-228-8201	
Broome Developmental Services-BDS	(607) 771-7210	<a href="http://www.opwdd.ny.gov">www.opwdd.ny.gov</a>
High Risk Birth Clinic	(607) 729-1295	
BDS -Otsego Regional Center	(607) 432-8860	
Bugbee Children's Center	(607) 436-2484	<a href="http://www.oneonta.edu/development/childcenter">www.oneonta.edu/development/childcenter</a>
Building Healthy Families (OFO)	(607) 433-0444	<a href="http://www.ofoinc.org">www.ofoinc.org</a>
Catholic Charities of Delaware/Otsego	(607) 432-0061	<a href="http://www.charitiesccdo.org">www.charitiesccdo.org</a>
Delaware County (Sidney)	(607) 604-4071	

Schoharie County (Cobleskill)	(518) 234-3581	
Child Care Connection	1-866-814-1117	toll-free
Catskill Area Hospice	(607) 432-5525	<a href="http://www.cahpc.org">www.cahpc.org</a>
Catskill Center for Independence	(607) 432-8000	<a href="http://www.ccfi.us">www.ccfi.us</a>
Catskill Rural AIDS Services	(607) 436-9554	
toll-free	1-800-976-2727	
CDO Workforce-NYS Job Service	(607) 432-4800	<a href="http://www.cdoworkforce.org">www.cdoworkforce.org</a>
toll-free	1-800-244-5779	
Child Abuse State Hotline	1-800-342-3720	<a href="http://www.ocfs.state.ny.us">www.ocfs.state.ny.us</a>
Child Health Plus/Family Health Plus	1-800-231-0744	
Citizens Action Fuel Group	1-800-559-4645	<a href="http://www.cafg.org">www.cafg.org</a>
Clark Foundation - Scholarships	(607) 547-9927	
Clark Sports Center	(607) 547-2800	<a href="http://www.clarksportscenter.com">www.clarksportscenter.com</a>
Community Maternity Services	(607) 432-0061	
	(518) 295-6100	
Compassionate Friends	(607) 433-2492	
Cooperstown High School - Adult Ed.	(607) 547-8181	
	(607) 547-5512	
Cornell Cooperative Extension Otsego	(607) 547-2536	<a href="http://www.cce.cornell.edu/otsego">www.cce.cornell.edu/otsego</a>
	(607) 433-2521	
Down Syndrome Aim High Resource	(518) 438-1113	<a href="http://www.dsahrc.org">www.dsahrc.org</a>
Early Childhood Direction Center	(607) 724-2111	<a href="http://www.stic-cil.org">www.stic-cil.org</a>
Empire State College Binghamton	(607) 721-8651	<a href="http://www.esc.edu">www.esc.edu</a>
Utica	(315) 773-2684	
Excelsior College	(518) 464-8500	<a href="http://www.excelsior.edu">www.excelsior.edu</a>
toll-free	1-888-647-2388	
Family Planning of South Central NY	(607) 432-2250	<a href="http://www.fpscny.org">www.fpscny.org</a>
toll-free	1-800-230-7526	
Family Resource Network	(607) 432-0001	<a href="http://www.familyrn.org">www.familyrn.org</a>
toll-free	1-800-305-8814	
Family Services Association	(607) 432-2870	<a href="http://www.fsaoneontany.org/">www.fsaoneontany.org/</a>
FOOD PANTRIES		
Burlington Flats- <i>local area only</i>	(607) 965-8914	
Cherry Valley- <i>local area only</i>	(607) 264-3306	
Cooperstown - <i>Northern Otsego only</i>	(607) 547-8902	
Edmeston - <i>local area only</i>	(607) 965-8258	
Gilbertsville- <i>by referral only</i>	(607) 783-2862	
Laurens-Presbyterian	(607) 432-3738	
Lauren's - St. Matthew's	(607) 432-9120	
Mt. Upton - <i>local area only</i>	(607) 764-8365	
New Berlin	(607) 847-6361	
Oneonta-St. James	(607) 432-1458	
Oneonta -St. Mary's	(607) 432-3920	ext: 212
Oneonta -Salvation Army	(607) 432-5960	
Otego - <i>local area only</i>	(607) 604-4370	
Richfield Springs	(315) 858-0667	
	(315) 858-1553	
Schenevus- <i>local area only</i>	(607) 638-5509	
	(607) 638-5409	



Oneonta Adult Education	(607) 432-8200	<a href="http://www.oneontacsd.org">www.oneontacsd.org</a>
Oneonta Boys and Girls Club	(607) 432-1133	<a href="http://www.oneontaboysandgirlsclub.com">www.oneontaboysandgirlsclub.com</a>
Oneonta Bus Terminal	(607) 432-2661	
Oneonta City Code Enforcement	(607) 433-3435	<a href="http://www.oneonta.ny.us">www.oneonta.ny.us</a>
Oneonta City Housing Authority	(607) 432-0170	
Oneonta City Water Treatment Facility	(607) 433-3470	
Oneonta Community Alliance for Youth	(607) 433-2009	
Oneonta Family YMCA	(607) 432-0010	<a href="http://www.oneontaymca.org">www.oneontaymca.org</a>
Oneonta Job Corps Academy	(607) 433-2211	<a href="http://oneonta.jobcorps.gov">http://oneonta.jobcorps.gov</a>
toll-free	1-800-758-7502	
Oneonta Police Explorer's Post 1908	(607) 432-1111	<a href="http://www.oneonta.ny.us/police">www.oneonta.ny.us/police</a>
Oneonta Public Transit - OPT	(607) 432-7100	<a href="http://www.bellagraphic.com/rideopt">www.bellagraphic.com/rideopt</a>
Opportunities for Otsego	(607) 433-8000	<a href="http://www.ofoinc.org">www.ofoinc.org</a>
toll-free	1-800-986-5463	
Head Start Programs	(607) 433-8055	
Emergency Housing	(607) 433-8337	
24 hour hotline	(607) 432-4855	
Child Health Plus enrollment	(607) 433-8000	
Otsego Adopt, Inc.	(315) 858-0304	
Otsego Area School Practical Nursing	(607) 431-2562	<a href="http://www.oncboces.org">www.oncboces.org</a>
Otsego Chemical Dependency Clinic	(607) 547-1600	<a href="http://www.otsegocounty.com/depts/cdc">www.otsegocounty.com/depts/cdc</a>
Oneonta Clinic	(607) 431-1030	
Otsego County Code Enforcement	(607) 547-4320	
Otsego County Dept. of Health		
Children with Special Needs	(607) 547-6474	<a href="http://www.otsegocounty.com/depts/ei">www.otsegocounty.com/depts/ei</a>
TTD	(607) 547-7552	
Lead Poison Prevention	(607) 547-4230	
Public Health Nursing (PHN)	(607) 547-4230	<a href="http://www.otsegocounty.com/depts/doh">www.otsegocounty.com/depts/doh</a>
PHN after hours	(607) 547-1697	
Otsego County Dept. Social Services		
Income Maintenance	(607) 547-1700	<a href="http://www.otsegocounty.com/depts/dss">www.otsegocounty.com/depts/dss</a>
toll-free	1-800-422-2512	
Services	(607) 547-4355	
Fair Hearings	1-800-342-3334	
Otsego County Family Court	(607) 547-4264	
Otsego County Mental Health - adults	(607) 433-2343	<a href="http://www.otsegocounty.com/depts/mh">www.otsegocounty.com/depts/mh</a>
under age 18	(607) 433-2334	
Otsego County Office for Aging	(607) 547-4232	<a href="http://www.otsegocounty.com/depts/ofa">www.otsegocounty.com/depts/ofa</a>
Oneonta office	(607) 432-9041	
Otsego County Office of Employment	(607) 432-4800	<a href="http://www.cdoworkforce.org">www.cdoworkforce.org</a>
Otsego County Probation Dept.	(607) 547-4216	
Otsego County Sheriff Dept.	(607) 547-4271	For emergencies only dial <b>911</b>
Otsego County Surrogate Court	(607) 547-4338	
Otsego County Treatment Court	(607) 547-7510	
toll-free	1-866-571-9075	
Coordinator, Leo Giovagnoli	(607) 547-4375	
Otsego County Youth Bureau	(607) 547-4329	
Otsego Express - GUS the BUS	1-800-388-9853	<a href="http://www.otsegoexpress.com">www.otsegoexpress.com</a>
Otsego Rural Asst. Inc. (Milford)	(607) 286-7244	



Otsego Rural Housing Authority	(607) 547-8839	
Parent to Parent of NYS	(607) 786-9060	<a href="http://www.parenttoparentnys.org">www.parenttoparentnys.org</a>
	ext: 787	
Prevention Info Resource Center	518-445-1273	<a href="http://www.preventchildabuseny.org">www.preventchildabuseny.org</a>
toll-free	1-800-244-5373	
Rehabilitation Support Services (RSS)	(607) 433-0002	<a href="http://www.rehab.org">www.rehab.org</a>
Rural 3 for Tobacco Free Comm.	1-866-378-7253	<a href="http://www.rural3.org">www.rural3.org</a>
Salvation Army	(607) 432-5960	<a href="http://www.salvationarmy.org">www.salvationarmy.org</a>
Saturday's Bread/1st United Methodist	(607) 432-0803	
Single Room Occupancy Housing	(607) 436-9250	
Southern Tier AIDS Program (STAP)	(607) 432-6654	<a href="http://www.stapinc.org">www.stapinc.org</a>
Otsego/Delaware toll-free	1-888-895-7264	
Springbrook	(607) 286-7171	<a href="http://www.springbrook.org">www.springbrook.org</a>
Early Intervention	(607) 353-7272	
	ext: 2900	
Saturday Recreation Program	(607) 353-7272	
	ext: 2505	
Services Coordinator HCBW	(607) 353-7272	
	ext: 2500	
SUCO Counseling Center	(607) 436-3368	
SUNY Oneonta Continuing Education	(607) 436-2548	<a href="http://www.oneonta.edu/academics/conted">www.oneonta.edu/academics/conted</a>
SUNY Oneonta Ed. Opportunities	(607) 436-2496	<a href="http://www.oneonta.edu/development/eop">www.oneonta.edu/development/eop</a>
Supplemental Security Income (SSI)	1-877-628-6581	<a href="http://www.ssa.gov">www.ssa.gov</a>
TTY	(607) 433-6607	
The Children's Center (OFO)	(607) 322-3139	<a href="http://www.ofoinc.org">www.ofoinc.org</a>
The Lord's Table - St. James Episc.	(607) 432-1458	
The ZONE- Richfield Community Cntr	(315) 858-0938	<a href="http://www.richfieldzone.org">www.richfieldzone.org</a>
Tri-Town Taxi	(607) 563-9393	
UHS Primecare - Oneonta	(607) 433-3484	<a href="http://www.uhs.net">www.uhs.net</a>
USDA Rural Development - Otsego	(518) 295-8600	<a href="http://www.rurdev.usda.gov/Nyhome">www.rurdev.usda.gov/Nyhome</a>
	ext: 4	
Veteran's Affairs- New York State	(607) 432-4190	<a href="http://www.veterans.ny.gov">www.veterans.ny.gov</a>
Veterans Affairs - Otsego County	(607) 547-4224	<a href="http://www.otsegocounty.com/depts/vets">www.otsegocounty.com/depts/vets</a>
Veteran's Hospital VAN	(607) 267-8571	
Violence Intervention Program (OFO)	(607) 433-8038	<a href="http://www.ofoinc.org">www.ofoinc.org</a>
24 hour hotline	(607) 432-4855	collect calls are accepted
Weatherization (OFO)	(607)433-0444	
Women, Infant & Children (WIC)	(607) 433-8071	<a href="http://www.ofoinc.org">www.ofoinc.org</a>